

Dear FOOT Leader Alums!

I hope you continue to thrive. We finally have another year to share of news and fabulous photos. I am always amazed at all the joy and adventures you all still are having. FOOT is thriving as well. The current leaders still are the spirited lot as when you were at Yale. We are now up to 204 leaders and 640 first-years! Yikes. I think (I hope) we have reached our ceiling. We will have 80 trips, 9 support crews, and 17 coach buses to reach our trailheads. We recently had Bull Dog Days on campus, and we think we hooked a lot of new FOOTies to join us next August. To promote our table at the Activities Fair, we ordered a FOOT flag. This is what arrived in the mail:



Oh well...

And here we are at the Activities Fair



So, I guess we are now TOOF! With that on to the news...

1985-87

Jamie Williams: Hello FOOT friends! family. Hope you all are well and finding great ways to get outdoors. A little update on my end as this is a year of some big changes. First of all, after 12 amazing years at The Wilderness Society, I have decided it's time to turn its leadership over to the next generation, which will also allow us to move out of DC and closer to the land again (a long sought-after goal of ours!). Now the more surprising news to those who know I am a westerner is that my wife, Melissa, and I are moving to the mid coast of Maine on Penobscot Bay, which is a beautiful,

wild place. Given so many of our respective family members are on the East coast, this will keep us closer to them and is a new, great adventure. After being such a hiker and river runner, the ocean has become my new wilderness fascination with all its vastness, history, and importance for conservation. While I will remain at The Wilderness Society until this Fall as the board finds a new president, I am also excited about moving into the world of international conservation. Later this year, I will be joining the World Wildlife Fund to lead their Enduring Earth program, a partnership with The Nature Conservancy, Pew, and Zoma Lab to help key countries expand protected areas with sustainable finance. I have always been a believer in collective impact and this opportunity reflects such a great chance to advance collective success in exciting, new ways. Now I know that many of come to Maine, so please drop in and visit us if you are up this way (202-450-9228). It's always so fun to connect with fellow Foot friends and make ones as the program has grown so much thanks to Cilla's continued amazing leadership over so many great years!



Dom Femino: After 17 years at City of Hope, I have moved across town to USC to head the musculoskeletal oncology surgery program. Lots of new adventures and opportunities. In March 2023 I was fortunate to return to New Haven for the Yale Lightweight Crew Centennial Celebration. At the event I saw Mike Kruze, who was in one of the FOOT backpacking crews I lead in the mid-1980s. Hiking trips in 2023 included Yosemite NP, and we have plans for Katmai NP in Alaska this summer. Best regards, Dom

Eve Vogel: Hi all! I'm still at UMass Amherst, living in Amherst in the "Happy" Connecticut River valley. My son graduated high school and started college nearby this year, and I was on sabbatical in 2023, so I actually have had time to think and network recently, in stark contrast to the previous 25 years or so. Lots of policy-wonkish work on rivers and electric policy and their intersections. (I have occasionally had some overlapping contacts with Liz as I work some with the Low-Impact Hydropower Institute, with whom Liz has worked for many years.) My son is currently living at home; we have a lovely small Turkish family who lives with us; and our dog Mocha, a Covid adoption who still hasn't learned to be calm and polite when people come to the house, makes up for this with wonderful energy and enthusiasm. Probably like many of you, it's occurred to me I will not transform the world in my lifetime, and with many things in the world going in frightening directions, I am trying to use the years I have left (hopefully 2-3+ decades, but one never knows) to use the corners of knowledge, expertise, and connections I've built to try to thread the needle among urgency, network- building, wider sustainability, justice, democracy, and personal and societal enjoyment and sanity. Did any of you go to your 35th reunion? I found mine surprisingly wonderful--past the intense "we're in the hottest job ever" 10-year vibe, past the "I'm at the top of my career and my kids are going to be power-houses" 25-year vibe, to the "I've lost one or both of my parents, my kids have



fledged, and I'm nearing retirement; I'm still working, but don't need to show anyone up, just find some combination of meaning in the world and meaning in my daily life; how about you?" vibe. I had some great conversations. In a month, I'll be going to the Slavic Chorus 55th reunion! I love Slav reunions (they happen every 5 years)--as awesome a group of people as we had in FOOT (many of them overlapping; I hope to see Cilla there! --(She did!)) Can we have another FOOT reunion? The photo is October 2023 in front of the Romaine 1 dam on the Romaine River in Quebec, one of the dams creating new hydropower on a formerly undeveloped river, in First Nations territory, in part to meet my home state of Massachusetts' clean energy goals. I'm on the left; I took 4 students with me. Would love to see any and all of you if you ever come through the Happy Valley. Eve

Matt Etterson: We are doing well in Duluth, adjusting to life as empty nesters. Last winter I wrote about the snow (we did break the record for snowiest winter!). This whiplash-winter is now the warmest on record. I have used my snowblower only once so far and the ice just went out on the lake this week (March 11th), by far the earliest since we moved here. We're traveling a bit more now, visiting Iceland last year, and planning on Peru this year. And of course, there was the crazy wiring marathon in Seattle, punctuated by a great morning at the tea house with you (Liz Ablow) and Dick. That was a highlight of the holidays for me. Last week we visited our eldest, Scout, and their partner in Phoenix and wandered around Arizona, day-hiking and visiting museums. In February we spent a long weekend in a remote cabin on the edge of the Boundary Waters, which like Duluth, was mostly snowless, but crisp and silent. I've pasted a couple of photos below. Work is going well. I'm still studying PFAS, and its movement through invertebrate food webs and into birds. Julie continues to work at the interface between genetics and conservation with a large-scale research project on facilitated migration for plant communities to keep pace with climate change. We are both planning and looking forward to retirement, though it remains a few years away.



Liz Ablow: We are doing well in Seattle, not adjusting to being empty nesters like Matt, but adjusting to Dick being retired. Whew, Dick retired/sold his restaurant in February 2023 after owning and operating it for over 30 years. It has taken the year for Dick to adjust to this new phase of life. Neither of us anticipated how challenging this change would be for both of us but at this point we are both doing much better. What added to the challenge was that my work ramped up substantially last year. April 8 the City of Seattle, two departments City Light and Seattle Public Utilities, filed with FERC the Pre-Application Document (PAD) for a project we are relicensing. The PAD summarizes everything we know about a hydroelectric project that I have worked on for over 24 years. I had, for most of my career worked as the aquatic resource specialist, leading a research and monitoring program, and overseeing the current license compliance and mitigation. I am now the relicensing project manager, along with a team from both utilities. I knew this work would be busy, but I never anticipated how busy and challenging it would be. I do see this effort to be my swan song, hopefully ending up with a final license that we the City, the Tribes and the other license participants feel good about. We have been able to fit in a fair amount of travel and fun. We went to Death Valley and Joshua Tree in 2023, celebrated my mom's 90th birthday in Cape Cod, saw **Matt Etterson** :), skied, mountain biked and hiked regularly, enjoyed my garden, my dog and family and much more. It is an optimistic time in Seattle, the sun doesn't set until after 8:00 PM, flowers are blooming, lettuce and peas are popping out of the ground. I am hopeful this year will be a bitter calmer than

last year. On a side note, I know two of this years' FOOT leaders. One is my niece, and the other is a college friend's son. It is amazing to me how big and important the FOOT program has become. On that note, I send good cheer to all.

1988

James Shifren: Greetings Cilla and fellow FOOTies. I recently did a three-day backpacking trip in the White Mountains in September with two former '88 roommates Scott Harris and Dan Carey. It literally started raining an hour into hitting the trail and basically didn't stop until our final descent, but was a great time, nevertheless. Forgot how difficult the Whites can be, especially in soaking fall rain! I am still living in Westchester, NY working at my investment firm Buckland Partners and doing private company investing through my new partnership Dunedain Ventures. On the home front, our youngest, Henry, will be graduating this spring from Tufts. Our son Daniel is hopefully coming back to NY after time out west, and our daughter Emma is living close by in NYC. Please look me up if you are visiting in NYC. James (center) with Yale roommates after an ascent to Greenleaf Hut.



Patrick Whelan. I traveled up to New Haven to see a play directed by a former student (I've worked as a high school history teacher since graduating Yale) and had an opportunity to spend a little time with Cilla. Because of her schedule, we met at the train station and had a great chat.

At Union Station in New Haven



1989

Paul Jahnige: I always love these calls and updates. They make me feel connected even if I don't always respond. Sally and I are strong here in Western Mass, still with one child (Skye, he/him, 17) at home, but not for much longer we hope. The girls (Sage, 27 and Sierra, 26) are thriving in HI and CA respectively.

I have just started a gig as the new Director of the new Massachusetts Office of Outdoor Recreation. I mean, how could it be more FOOT or more fun! Sally is kicking it as Exec. Dir. of the Hilltown Land Trust.

I am well connected with **Ben** and **Tiff** through our bi-weekly Carbon Support Group.

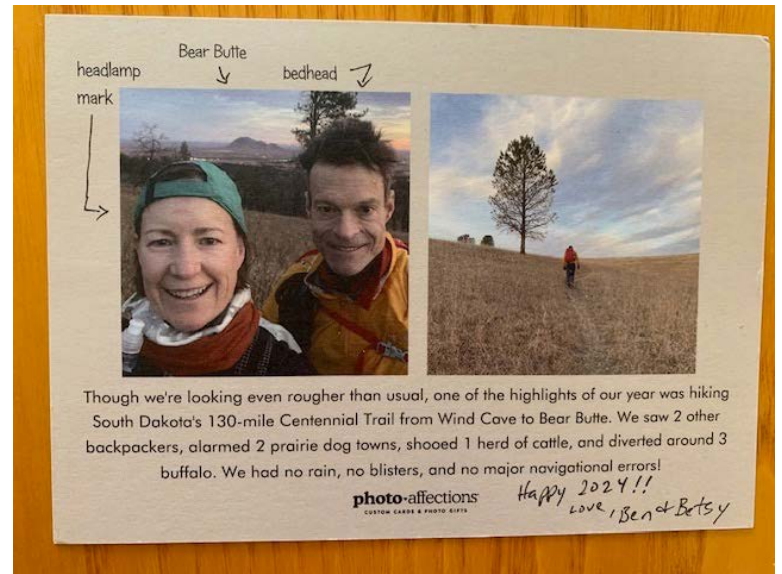
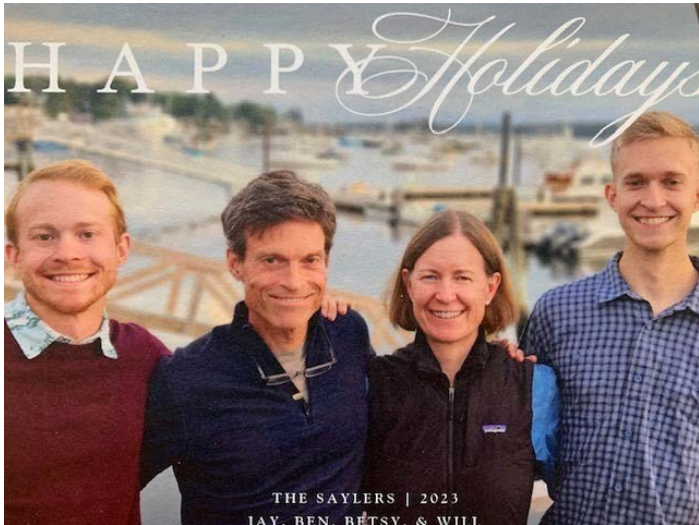
And can't wait to see many of you at the 35th!!! Love Paul (and also on behalf of Sally, Skye, Sage and Sierra)



Trex Proffitt: Here in placid Lancaster, PA, Beth and I had the great luck to have daughter Lauren (22 y.o.) live with us from September until now after her graduation from F&M in May. She and I work together at our little Lancaster Friends School, where enrollment inches up each year since our founding in 2021. I see Lauren across the room from me right now grading work packets. Beth (Y89) got a couple of long-overdue European trips in, one to Portugal to walk a bit of THE Camino and another to visit friends in France and Switzerland. Notably, I was not included in either trip, although I did enjoy the bottle of port. We got a new dog named Lena who is very cuddly with people and keeps us active. Our son Eddie (20 y.o. and Y26) is up in New Haven taking advantage of all Yale has to offer. He is also a FOOT leader now and will one day have to come up with his own entries for this online journal. I wonder if we'll match!



Ben & Betsy Saylor:



1990

Michael Kahan: I'm doing well! I'm still here in Mountain View, California, and teaching in the Urban Studies program at Stanford. There have been a few transitions this year: our older daughter, Eva, started law school at Georgetown this past fall! And our younger daughter, Frieda, graduated from the University of Vermont with a bachelor's in agroecology last spring; she got a job as a lab tech in the agriculture school at Cornell, and is living in Ithaca, NY. We are excited by how well they are both doing, if a bit sad to have them so far away. At the same time, other family members have moved closer: Gabriella and I helped her parents move to an assisted living facility in Palo Alto just over a year ago. In our FOOT-related networks, we spent a great weekend at the beach with **Emel Gokyigit** ('91), **Tali Zulman-Ziv** ('91), their spouses and another Yale couple last summer. Gabriella and I also had the pleasure of attending the wedding of the late and dearly missed **Kashka Kubzdela's** daughter Nicola last March - it was a beautiful event on a hilltop overlooking the ocean in Santa Barbara. After the wedding, Nicola and her husband, Isaac, took an amazing world-wide honeymoon full of birdwatching and other wildlife encounters, including visits with the lemur populations that Kashka studied in Madagascar. May we all have a year filled with friends, travel, romance, and wildlife! Michael B. Kahan, Ph.D. Cell: 650-417-5043





Eve Porter: Greetings from the lakes region of New Hampshire! I'm based here even more than I used to be, working from home in full, and enjoying the outdoors with my family. I'll include a photo from a fall hike up a nearby mountain, with our 8- and 10-year olds. They're getting better and better at reading maps and identifying birds, and this winter started downhill skiing, to go along with cross-country skiing and snowshoeing, all of which we've done on the fits-and-starts snow we've had this winter (and that refuses now to stop as of the spring). They are developing quite a vocabulary for snow - recognizing and naming those ideal for, say, snowballs of various types, or forts, or skiing speed. Last summer, it was sailing that was added, plus kayaking with greater skill, and a first-time rock climbing on ... actual rock for our then 7-year old, who had only climbed indoors. These outdoor skills are fun to build! The spirit of FOOT is alive and well with us, and we wish everyone a

happy 2024!

1991

Baker Mallory: Busiest spring of my life as I wrap up my 4 years of teaching at the Eaglebrook School and head off to find my next adventure. Our kids are staying on the boarding school track and heading to three different states: Exeter, NH; Wallingford, CT; and Deerfield, MA. Jody and I will be empty nesters back in CT. Baker and his family ran into a FOOT trip last August while hiking on the Appalachian Trail!

Eric Steadman: Eric had a fall sabbatical from teaching math in Maine and moved to DC to take classes and collaborate with a professor at the University of Maryland on a book project. Eric buried himself in books, eating, breathing, sleeping the history of math, with his days locked away in the university library. Back in Bangor with both kids now in college they are finding new patterns for the day, new ways to communicate, more time for themselves, each other and friends. They continue to be astonished at how few groceries they buy. A picture from a summer trip to Europe. In Venice: Rita, Cuddy, and Sophia.



1992

Sumner McCallie: Sumner has been at the McCallie School in Chattanooga since 1996. Sumner served as an Academic Counselor for three years and then as Dean of Residential Life for the next fourteen years. In 2013, he stepped into the role of Academic Dean, and now serves as Dean of Faculty and Curriculum. In addition, he is the faculty adviser to McCallie's very active Habitat for Humanity chapter which has built seventeen homes in Chattanooga and which has taken 15 international trips to places like Thailand, Brazil, and Tanzania. He is also interested in outdoor experiential education, a result of many summers of hiking, canoeing and camping in Western North Carolina. He lives on campus with his wife Katie and sons Asher and Rivers.

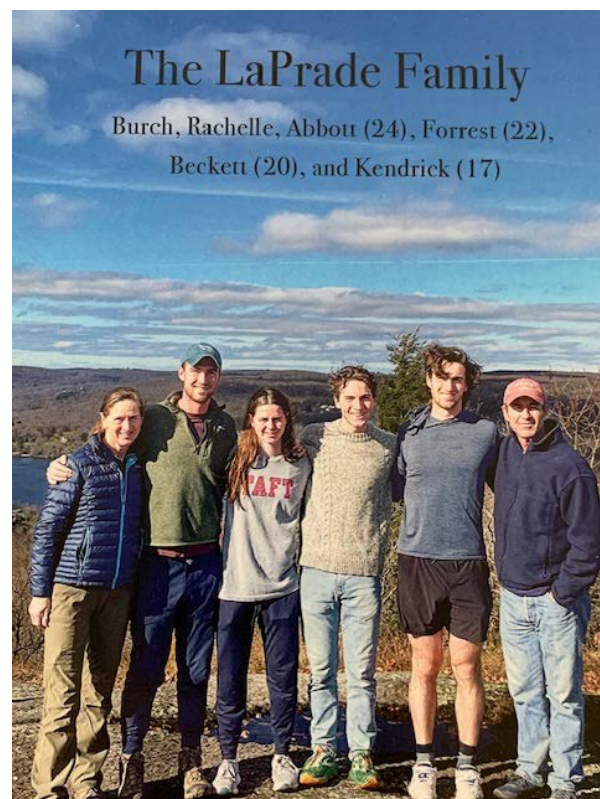


1993

Emily Swanson Guimaraes: We (me, husband Alex, 2 boys Joel 15 and Carl 13) are still in Portland Oregon, where both of us are working at OHSU, me as an anesthesiologist and Alex as a radiologist. We have a sweet deal with Alex's parents (now in their 90's!) still living independently across the street from us, so we are settled here in the PNW for the foreseeable, where we can hike beautiful urban trails right outside our door. I am learning to follow both the Mariners AND the Red Sox. My big news is that I was accepted as a postulant to the priesthood in the Episcopal Church this year and will be attending hybrid seminary in Berkeley, California, hopefully to embark on that second career sometime around when my youngest child graduates high school (likely as a dual-career priest, as churches get smaller... don't quit your day job.). So that is pretty exciting.

Seth Hawkins: Dr. Seth Collings Hawkins was recently inducted as a Fellow of The Explorers Club. The Explorers Club is headquartered in New York City where it was founded in 1904. With current Chapters across the globe, The Explorers Club has been supporting scientific expeditions and field study in all disciplines for over a century. Dr. Hawkins is an anthropologist, writer, and physician, double boarded in both emergency medicine and EMS (Field medicine). He has decades of experience supporting expeditions throughout the world, particularly in the disciplines of medicine and anthropology.

Burch and Rachelle LaPrade: We are settling into life in rural Connecticut and loving being closer to our four kids. Abbott has been in NYC but is headed to law school this fall. Forrest will graduate from Yale in May and most likely head to the Middle East to work with refugees through a few NGOs. Beckett is a sophomore at Bowdoin and deep into their Outing Club. Kendrick is a junior at Taft, enjoying soccer, hockey and lacrosse but eyeing college and the next step. Burch continues running a Des Moines-based software company, and Rachelle practices equine medicine at Millbrook Equine. We are having fun exploring all the hiking around us in Litchfield County in our free time.



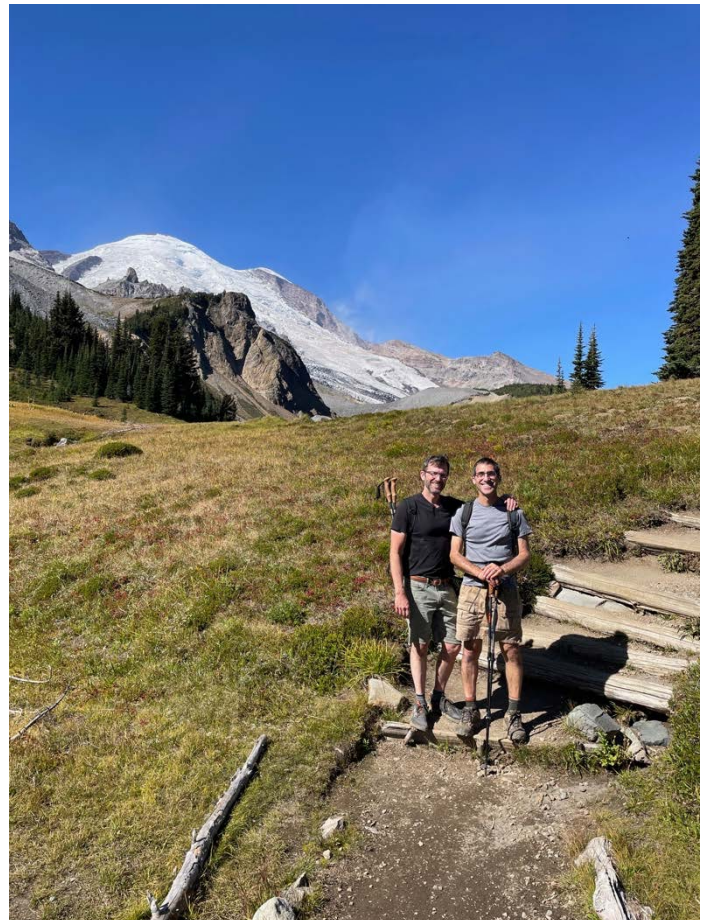


Katie Michel: spending time with Burch and Rachelle LaPrade watching daughters Kendrick and Claire, both Taft '25, play JV lacrosse

1994

Meg Wickwire: What do you think about a FOOT alumni reunion at AMC Cardigan Lodge? It's a fantastic facility, lots of bunkrooms but also tenting platforms nearby, a spring fed pond, a modest but dramatic peak to climb, etc. Hmmmm. . .

1996 Dan Filler: Every year I have the intention of writing and every year my boundless capacity for procrastination wins out. Maybe the eclipse has changed my start chart or something this year... I am writing from just up the road in Bellingham, WA. My husband and I moved here five and a half years ago to be stuck between the mountains and the sea. Been such a great move. After spending the first forty-five years of my life in New England, I am still a bit amazed that we have a view of a snow-capped volcano out our front window! Hiking in the North Cascades brings us to mountain landscapes that make me laugh out loud in amazement. And time among giant old-growth trees is always awe-inspiring. I recently wrapped up twenty-four years of teaching. Most of that time was spent as a Montessori elementary teacher. For now, I am focusing full-time on my printmaking, mostly woodcut. We'll see how long I can pull it off before I have to go look for a regular paycheck once again. FOOT was a true pivot point in my life. Ever since that first backpacking trip freshman year, my relationship with the land has been a central and guiding part of my life. So many decisions/events I trace back to my involvement with FOOT. I really have no idea what my life would look like if I had never signed up for FOOT more than three decades ago now. warmly, Dan Filler



1997

Cat Balco: I know Cat is alive and well, living in Hamden, Connecticut. She has a sweet little house with hubby and 2 adorable kids. She is teaching art at the University of Hartford or UConn. (Not sure!) She and her brother bought a house on Martha's Vineyard together in West Chop – where I just sold a house! Cilla

1998

Gretchen Boger: Newport, RI. After 11 years teaching history at a PK-12 girls' day school outside Philadelphia, I accepted a job as Dean of Teaching & Learning and Director of the Merck Center for Teaching at St. George's School in Newport, Rhode Island. I now live with my family on a hilltop boarding school campus overlooking the Atlantic Ocean, seeing the sunrise over Second Beach to the east every morning and set over First Beach to the west every afternoon. My regular runs are to a wildlife sanctuary or along cliffs by the sea; it is glorious. The job is also richly rewarding, as I get to work with teens and dedicated faculty and have some influence on shaping curriculum and experiences for the needs of high school students today. In the course of the move our two cars went kaput, and we replaced them with a Tesla and Chevy Bolt (thank you, tax incentives!), now happy to be 100% carbon-free in the garage. My 15-year-old daughter, Alice, is a freshman at St. George's. Her 18-year-old sister, Edith, graduated from the Putney School in Vermont last June and after half a year working at Old Navy hopes to start a program in marine systems and wooden boat-building and restoration at the International Yacht Restoration School in Newport. My husband, Tom, pastors a nearby church, and we all are enjoying the increased family bonding that being newbies in town together inevitably brings.



Elliott Blanchard: New York, NY, getting excited for my summer trip to Switzerland with my wife (Ashley) and two kids (Annabel (15) and Grant (12)) where we will be doing some alpine hiking followed by a few days at the Austrian version of Great Wolf Lodge. Here's a pic of the family during summer of 2022 in the Dolomites. Kids claim to hate hiking (largely because I make Dad jokes all day long) but secretly I think they like it (because of the aforementioned Dad jokes).

Leah Kelley: Oakland, CA. Outdoor win: Family bike ride over this gorgeous weekend, breaking out the vintage tandem bike with wife, Jo, in front and daughter, Anya (6) in back. Son Amon(10) and me, on our mountain bikes, in hot pursuit up the East Bay hills. OK, maybe there was some whining on the uphill, but we did it! FOOT-alum win: Bay Area visit by the ever-lovely and much-loved **Elizabeth Averill** in March. So great to be together and get in some killer California hikes. Love to all!



Megan Reilly: Cayten (BK96) and I are still living in Brooklyn with our three kids Caterina (15), Will (14), Chili (10) and having a great time. The boys spend every waking hour playing soccer and Caterina enjoys navigating the city on her own with her friends. We just got back from Mexico City where we met our first Axolotl - if you haven't seen them, look them up - very cute and strange little animals. I am still helping real estate owners and investors decarbonize their buildings to meet local regulatory and investor pressure as well as helping the New York City Mayor's office enhance their carbon emissions regulations for existing buildings. Megan is financing nature-based climate solutions around the world. We just celebrated our 20th wedding anniversary. We've been together 29 years -since my sophomore year. We still spend many weeks each summer on our family property on Squam Lake in New Hampshire, hiking, canoeing, and camping like I did as a kid. It was so great to see everyone at reunion last year. Hope everyone is well ! **Chris Cayten** (ES98, MArch04).

Dona Tversky: Stanford, California. Last summer I spent a spectacular few weeks with my husband, Eran, and my daughters, Alma, (16) and Dalia, (13) camping around Norway where there is an amazing system of cabins throughout the gorgeousness that come with stocked pantries and work on the honor system! Fjords, saunas, cold plunges, endless daylight, we now look at each other from time to time in the midst of Silicon Valley madness and sigh, and say, "Ah, Norge..."

Voila a pic of my daughters in the Lofoten islands.



Alec Bemis: I'm still living in Brooklyn, NYC with my partner Jess and our kiddo Alder (almost 8). Recently he completed his first picture book about vampyres, which is currently projected to be a three book series. He's shaping up to be a bit of a young goth but is warm, kind and funny in spite of that. I'm (remarkably to me!) still doing music / producer type things — now with a film project or two starting to germinate (and one released in 2023). It's low key but I love the artists I work with and the world they are trying to imagine.

My partner currently has a two or three books germinating. If I'm casting hopes about our family's future as storytellers, my spells are currently pointed in her direction. Since the pandemic, we've spent a big chunk of each summer in Toronto where my spouse's family is from. It's great to have a regular, temporary respite from America's peculiar form of late capitalist mania. But please vote blue in this autumn's presidential election because I don't really want to move to Canada permanently and that'll probably have to happen if the vile orange cheeto wins. Big love to all (except that horrible dude and all who enable him. F*ck that guy.) Hugs, Alec

Matt Kronmann: Living in Seattle with lovely wife Evelyn, daughters Sabine (14) and Eleni (13). We try to get outside, which is helped by soccer, swimming, crew, and the fact that both kids are in scouts BSA. This is skate skiing in eastern Washington, which has become an annual treat over New Year's. Ev and I work at Seattle Children's Hospital; the girls work at finding inventive new ways to empty our wallets. A black lab sleeps in her bed; a Shih-Tzu sleeps in ours. Please come visit! We know some tasty places to eat snacks after an outing. Miss all y'all's faces! boots



2000

Jacob Heitler: My update is that I'm entering my 18th year in Berkeley, CA. We have 4 kids (10, 8, 6, and 3) -- which keeps us very busy. In the last few years I moved from tech (product management) to real estate investing, which has been a great change of pace. In general, the rate of change in my life seems to have slowed in middle age. Thank God though, life's pretty good. I did run into Melissa Garcia on the streets of Berkeley on Halloween. She's living out here and seemed great, and her kids seemed to be raking in the candy!

Anne Taylor: I've been in Philly about seventeen years now, and returned to working for the City a little over four years ago. In the wonderful small world way of things, I bumped into Catherine Price while tabling for a nonprofit about seven years ago, which reconnection has brought a significant amount of music into my life (group gatherings at her house and a summer camp weekend with all the guitars and song). And one day Eric Shelov and I are actually going to manage to play squash, the result of randomly texting him to inquire if his was the name I saw on a court reservation at the converted armory on Drexel's campus that serves as the lowest-cost access to the sport I've ever seen. Good times all around!

Adam Rosenblatt: My family and I live in Durham, NC (though I married a girl from Denver who knows you and your family!--Amanda Levinson. She says she's curious about what Jessie's up to). Our kids, Leo and Sal, are 14 and 16. I am

a professor of International Comparative Studies and Cultural Anthropology at Duke, with a new book out called *Cemetery Citizens: Reclaiming the Past and Working for Justice in American Burial Grounds*. It describes how grassroots groups are working to preserve and honor systemically neglected cemeteries, re-inserting the marginalized dead into our memory landscapes. Here in Durham, I work with groups in local African American cemeteries and am the co-founder of the Durham Black Burial Grounds Collaboratory. I'm also re-centering my love of comics. I'm about to graduate from the year-long certificate program at the Sequential Artists Workshop and am starting to do both academic and personal work in comics form. Saskai Cornes is a colleague of mine at Duke. I would be happy to see other FOOT folks if anyone's down in the Triangle. Associate Professor of the Practice in International Comparative Studies & Cultural Anthropology. Research Cartoonist **New Book:** *Cemetery Citizens: Reclaiming the Past and Working for Justice in American Burial Grounds*. **Comics:** Creator of The Disaster Birds & student at the Sequential Artists Workshop **Cemetery work:** Co-Founder, Durham Black Burial Grounds Collaboratory & Board Member, Friends of Geer Cemetery. More about me at Scholars@Duke

Nathan Vazquez: After the last 8 years in California, we decided we liked the east coast better after all. We moved to back to NYC last summer (Brooklyn this time) with our 4 kids (3rd/5th/7th/8th grades). Our oldest is headed to Stuyvesant next year as a freshman. It's old news to some, but after 15 years in finance, I quit my job there to help my wife run her new company. I've been the CEO of a sticker company (www.pipsticks.com) for the last 9 years now. (never expected to that job change!) If anyone is in Brooklyn and wants to meet for beers (or free stickers), look me up.

Lily (Morgan) Owen: My family of 4 has been in the Bay Area for 8 years now. This year my younger daughter is in 4th grade and we're trying to make the most of our free National Park pass. We've been to 9 so far. To my great joy, on our recent trip to Pinnacles she expressed a desire to return and go backpacking! 😊

Tara Cronin: I continue to work as a pediatric ophthalmologist in the New Haven area. My husband and 2 boys (1st/4th grade) are up for a dinner or hike for anyone in the area!





2001

Sophie Oberfield: In May, I had a baby (on my own)— Reuben Danis Oberfield. I've been taking care of him on a year of unpaid childcare leave from teaching English (First Year Composition and Asian American Literature) at Stuyvesant HS in Manhattan, and we're living with my mother in Forest Hills (Queens) for the time being/foreseeable future. He's great! Sophie



2003

Sarah Indyk: For our daughter's 9th birthday, she convinced us to take her and her friends on a skiing sleepover. More than any other moment in my life, my FOOT days prepared me for this: I remembered to bring lots of snacks and carry all the heavy stuff for them. It helped that my husband did FOP in his Harvard days. While I'm pretty sure FOOT beats FOP in all ways, Charlie, too, was prepared to guide the littles in a day of outside mountain fun.



Lauren Keane: I'm writing from the cockpit of a 35-foot sailboat while trying to stay awake on overnight watch 20 miles off of the Pacific coast of Baja California. This small boat is where I now live with my husband and two daughters, 6 and 9. We're working our way down the coast of Mexico and possibly beyond on a sabbatical adventure of length TBD - admiring migrating whales, exploring small fishing towns and learning about Mexico. So far, we've managed not to kill

each other despite sharing about 150 square feet of living space and a single composting toilet. Before setting sail, I'm grateful to have had some fascinating recent work chapters at cultivated meat startup UPSIDE Foods and then with America Achieves, working to help U.S. cities win federal Tech Hubs innovation grant funds. This chapter includes boatschool teaching, fish gutting, and diesel engine mechanics. Please get in touch with tales of your own adventures, great and small.

Ben Schrader: Just a short update from me this year, as 2023 was a relatively quiet one for adventure. We did our usual neighborhood nonsense, e.g., walked the robot parade (down Electric Avenue) in April, roamed Tomatofest in August, and marauded on Halloween. (Also: Reunion!) We made our annual pilgrimage to Rosemary Beach in August, and then moved into a rental house in September (while our house is being renovated). Cabin fever has fully set in, but we should be back in the old place by the summer (and I hope to improve my family photo game in 2024).

Marc Silverman: Greetings from Connecticut! Anabelle is 12 (going on 24), and in seventh grade, and Westley is 8, and in second grade. I'm living right outside New Haven these days and serving as the Criminal Chief for the U.S. Attorney's Office for the District of Connecticut. Here's one of the kiddos in a snowstorm—hope everyone is doing well!



Sasha Waring: Waring 2024 update- we are going strong as we head into year 8 in Seattle. I'm keeping busy between my health plan medical director job and my own psychiatric private practice but carving out as much time as possible to spend with Avantika and our 3 growing boys. Soccer is the #1 game in our house, though skiing has come to dominate the Winters. My days at the front of our family pack are clearly numbered if already over. I'm nursing a couple of sports injuries but dedicating myself to PT in the hopes of returning to long trail runs or at least long bike rides by Summer. Highlights of 2023 were 1) our weeklong trek in Albania-- I thought of FOOT repeatedly while playing trail games and singing songs with kids and our adult companions, 2) Yale Reunion- what a weekend! reconnecting with so many friends from FOOT and other common experiences. I'm so glad I was able to make this one. "As long as it takes."

2005

Will Garneau: It is always fun to hear how people are doing -- the FOOT crew is a special group from Yale. In Foot/medical professional news there was an interesting article about terminal psychiatric illness that prominently featured **Jon Treem** recently in the NYTimes. My update is I continue to work as a hospitalist at Johns Hopkins in Baltimore. I am now a full time student at the public health school getting into data science and research. Past couple months have been lots of coding (ChatGPT makes this much easier) and working with data files in R -- one project we did for class was a sentiment analysis for Beyonce vs Taylor Swift lyrics over time -- so yes, I'm now a very serious

scientist. My extracurricular education includes a several year course I didn't actually sign up for about rowhomes, real estate law, and structural problems -- if anyone needs advice on buying a historic home please talk to me.

Kirk Henderson: I am in transition to a career as an astrologer, after 20 years of architecture. Charts, clients, counseling, the works. It's thrilling, deeply satisfying, and full of unknowns. Hello, 40s! And, "thank you" to architecture. Meanwhile, I'm moving myself and my parents to San Diego this year, where my sister and husband also live. It's time to step into the role of caring for and managing their later years. Anybody else been caring for parents, or see that coming? I'd like to connect.

Aaron Mitchell: I am still located in NYC, working at Memorial Sloan Kettering Cancer Center as a medical oncologist and focusing in health policy. Despite living in the concrete jungle, it thrills me to see how much Vivian (4) and Lily (2) seem intrinsically fascinated by everything nature and outdoors. Their favorite places to go “play” are the community gardens here in the East Village - little enclaves of moss, soil, and bugs that keep them curious and active from sunrise to sundown. And whenever we make it back to North Carolina (shown in the picture) getting outside to explore the creek is their top priority.



Lee Stabert: I'm living in Cambridge, MA — dangerously close to the Harvard campus — with my husband and two kids, June (6) and Ruth (2). I'll take this opportunity to rep a side project I undertook this year. In addition to writing, editing, and podcast production gigs that actually pay me, I've launched my own show, [Explain Boston to Me](#). It's been gathering some momentum, and was even [featured in the Boston Globe](#) a few months ago. Here's the basic premise: *In August 2022, I moved with my family from Philadelphia, my hometown, to the Boston area. I've always prided myself on being the person who knows all the hyper-local minutia. I want that kind of deep knowledge in my new home. I want to know why people are so obsessed with Market Basket, why the Green Line extension took so long, and why my daughter's school is closed on something called "Patriots Day."* So I'm asking for help. I'm going deep on local culture as I try to figure out what makes this place tick. If this sounds up your alley, please check out the show wherever you listen to podcasts. And if you have any suggestions for topics or guests — or would like to be a guest yourself! — reach out (leestabert@gmail.com).

2006

Aaron Zelinsky: He is the Assistant United States Attorney and Deputy Chief of the National Security and Cyber Crime Section of the Maryland U.S. Attorney's Office in the Department of Justice. Bravo!

2007

Anastasia Eccles: Tasha teaches in the English Department at Yale. She works on eighteenth-century and Romantic literature, with particular interests in theories of reading, the novel, and the long history of formalism. Her current book project theorizes a condition she calls “perverse attachment,” in which a person has a strong desire to act on something beyond their control. It identifies this form of frustrated agency as a constitutive but neglected aspect of the experience of reading fiction—particularly as it was shaped by the long regime of sentimentalism in the late eighteenth and early nineteenth centuries—as well as a key feature of an emergent mass politics. She is also beginning work on a second project on the emergence of subtlety as an aesthetic value over the long eighteenth century.



2008

Guess Who?! And where?



2009

Laura Zatz: I'm still living in DC and working for the Behavioral Insights Team, using behavioral science to improve policy and programs. It's been lovely to reconnect with **Gerald McElroy**, hang with **Ade Ashebir** (who killed it with a one-woman show at Capital Fringe Fest!), and explore more DC nature with **Rob Martinez**. My outdoorsy highlight of the year was visiting **Severin Knudsen** and his family in gorgeous Wallowa County, OR where we picked huckleberries, hiked, swam, and more. Hope to see many 09ers at our reunion in a few weeks! If you're in DC, drop me a line!

Lizzie Fulton (PHOTOS x2 attached): Our tiny fam (myself, Aaron and our son Milo) are still living in Manhattan and adventuring as much as possible. Please come for hugs and cocktails if you're anywhere nearby. Pictured here is us discussing life's great mysteries next to some sugarcane in Hanoi, and Milo on the Coney Island boardwalk right before the New Year's Day polar bear plunge. Sending love to everyone.



Gregor Nazarian: Hope you're well! I'm living and teaching in Basel, Switzerland with my family--We have two kids, aged 3 and 5. Good hiking here, and in the summer you can float down the Rhine.

2011

Stephanie Marton: All's good in Boston, Foot Leaders! Two kids are growing up so fast (Emery, 3; Lincoln, 1.5). We take them out now in hiking backpacks on trails around Boston, NH and VT, and we see Foot friends when we can! We're juggling two kids and two careers, but somehow no one has (yet) fallen over in the great balancing act. Hope you all are well! Please hit me up if you're around Boston.



Dounia Bredes: 2023 was a busy year -- got married and had a baby! Now settling down in little ole Rhode Island. Excited to get up into the Whites with a baby Nora in a backpack this summer, but in the meantime, come visit us in the Ocean State!



Christopher Magoon: It's been a good year for our bunch. We moved from NYC to a very old house in Cambridge, MA that doesn't have a dishwasher, but does have beautiful birch trees. Nelle (3) and Finn (1) go to the same preschool, which is around the block from our house. We've loved exploring the various playgrounds, libraries, and other receptacles for our chaos. Family life largely subsumes work life, but I am a psychiatrist at MGH's Center for Anxiety, Trauma, and Grief Disorders, as well as starting a private practice. Alison is working at the Massachusetts Clean Energy Center. We love our little corner of the world--come say hi if you're around.

Rebecca Hinkle: 2023 was a big year - we welcomed our little one to the family and moved out of Denver into Golden, Colorado. Baby girl is enjoying (at least we hope) her intro to cross country skiing this winter. I'm still working in education, now at Guild (with a few other FOOT leaders!). This pic is from a highlight this summer - spending the Fourth of July with fellow FOOT '10 leader **Christine Levy Heitz** and family in Crested Butte. Sending our best to all! Come say hi to us in the Rockies.



Chris Lash: Hello residents of FOOTland - sending warm vibes from the nation's capital. Big developments this year in the Life of Lash, as **Adriana Ortiz (FOOTie '13)** and I got engaged, adopted a doggo, and took a little Eurotrip for the wedding of **Alexis Cruzzavala**. The photos below were taken during that trip, hiking in Norway's beautiful Lofoten Islands. Back at home, we are lucky to get to see **Dennis Howe** and **Yuri Shadunsky** in person, hear often from **Tully McLoughlin**, **Elliott Brennan**, and **Thomas Meyer**, and got to briefly share a city with **Julia and Ben (Osterman and Mullet) Strong** before their recent relocation. If you are in or coming to DC, hit me up! (508) 404 4208.



Elliott Brennan: Still in the City of Angels and haven't been kicked out of grad school (yet). Fingers crossed that happens sooner rather than later. 2023 was a blur but I think not in a bad way...just in a 34 going on 35 way.

I took exactly one vacation and went to Miami, where I was greeted in the lobby of a sleezy apt/Airbnb by the one and only Pitbull (**Thomas Meyer '11**). Despite a major conspiracy by the airlines to ground all flights going to south Florida, we were eventually joined by

The Great Bellarussian (**Yuri Shadunsky '11**), Tully the Red (**Tully McLoughlin '11**), Christopher the Lash (**Chris Lash '11**), and Dennis Esquire (**Dennis Howe '11**). We had a good time, drank *just* the right amount, and cosplayed as the Norwegian Olympic crew team.

I've recently started using the classic trail game "Pens or Pencils" as an ice breaker in all professional academic settings. All credit to Mr/Dr Jon Russell (**Jon Russell '11**) for teaching me that during May Training in 2008.

Please let me know if you are ever within a five hour radius of LA! I'll send my dog to pick you up at the airport. Miss you all terribly! 202-509-6628

elliott.r.brennan@gmail.com



Chelsea Willett: Hi all, I'm still living in Vienna, Austria, and working at the International Atomic Energy Agency. Please reach out if you find yourself in Central Europe!

2012

Alejandro Torres: Kyle and I added to familia Torres with baby boy Benicio in February 2024. Older brother Sebastian handled the change well, although with a slight increase in urinary incontinence that we attributed to sheer excitement rather than behavioral regression. Holler if you are in the ATL.



Lepi Jha Fishman: My husband Eddie Fishman (BK '11 and former FPC leader....) and I are coming @ u from NYC with our two kids Ibha (girl, ~2 years) and Ayan (boy, ~6 months). My major update is that I'm thrilled to have remembered to send this message to a community that I hold so dear. Please hit me up when you are in NYC and would like to go for a walk along our favorite hiking path, the West Side Highway (to which I subjected fellow FOOT leader Kate Lund some time ago)!

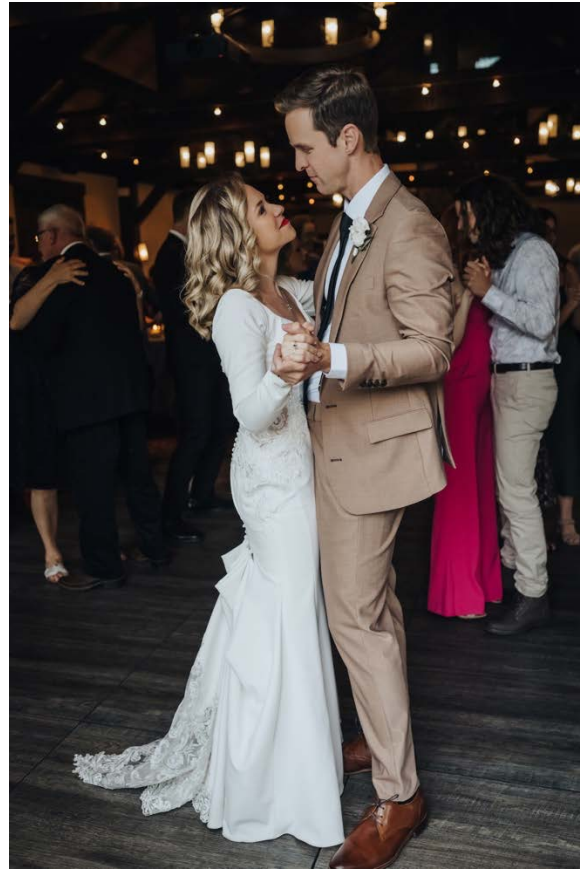


Jonathan Martin: Hey from Denver! Carrie (FOOT '11) and I managed to survive raising two under two while also staying gainfully employed. Woohoo! We managed to do some big family trips to New Orleans, Hawaii, and the United Kingdom. The highlight was Norah (1) and Callum (2) finally meeting their other cousins from Abu Dhabi and going to a Bluey concert as one big family. Taylor Swift's Eras Tour has nothing on Bluey at the National Theatre. Goals for 2024 include more family hikes, potty training Callum, and getting back into trivia nights!





Keith Rubin: Hi Foot Fam! 2023 was a big year -- I spent a lot of time traveling for theater gigs in Philadelphia, Washington DC, and Virginia, and also produced and directed a few films back home in NYC. But the main update is that I got married to my longtime partner Jessica! It was an absolutely joyous weekend nestled in the Rocky Mountains of Banff, Canada, where Jessica grew up, and yes we made people hike. Much love to you all, and come see us if you're in NYC!



Eliza Scheffler: Recently moved to a house in Fair Lawn, NJ with my family: Andy (hubbie), Raffi (3), and Maya (<1)... We live in a neighborhood called Radburn, which was built in the 1920s as a more walkable and community-centered town "for the motor age" - the houses are close together and everyone lives around parks, with shared amenities like a pool and playgrounds. We can walk to the train and some restaurants. If you're considering moving to a NYC suburb, move here and let's be friends! Wishing everyone a spring of health, joy, and world peace.

Kevin Hoffman: Hi FOOT fam! What a year it's been...I finished my first year as Vice Principal of a school in Oakland, got engaged, and bought a house! If you find yourself in the Bay Area, let me know and I'd love to host you. My partner Aoife and I are getting married in mid-March and then are headed to Patagonia at the end of March to complete the W trek. I'm working a lot, trying to keep things balanced, and excited for what's to come. Wishing you all the best!



Dacie Meng: Hi FOOT! Our big update is that we had our second son - Walden (already nearly 1yo)! He's adorable and best friends with his big brother (Thatcher - 2.5yo) and his bigger dog brother (Kobe - 6yo). Lots to be grateful for this year. Wishing everyone lots of sunshine and happiness in 2024! Pic from last April because I'm not sure we've taken a full family photo since!



Michael Jones: Alexis, Harry and I just celebrated our one year anniversary in Amsterdam. Amsterdam has exceeded all expectations so far, and its coziness, quality of life, and green spaces have us quickly at home. Harry's Dutch already exceeds ours, as does his energy and love for bikes, excavators, and balls of all types. Living here has also allowed some easy trips to some wonderful parts of Europe, including France for some ski treks and hiking, Spain for more hiking and some beach time, and visits to Germany, Czech Republic and Poland. High on our list for this year are the Nordics and Scottish Highlands - a year of adventure and fun ahead. As ever, if you are in Amsterdam and want to share a coffee, a beer or a bike through the canals, please send a note. We would love to have you.



Adi Kamdar: Hi FOOT! I miss all of you! I'm living in Washington, DC with my wife Naomi, my almost-three-year-old Jonah, and our newest one Lily. As expected, Jonah's obsessed with all the monuments and museums, Lily's incredibly smiley and roly, and we're all eagerly/anxiously waiting for the results of the election this year to figure out if we're staying in the swamp or skipping town (California?). DC has been plenty fun, though, and I've been able to reconnect with lots of folks (including many FOOTies!) and pick up some old hobbies (like improvising with **Chris Lash!**). I'm still lawyering, working on fun copyright cases involving generative AI (scary?) and fighting against restrictive abortion laws (scary!), though I'm about to take many months off for parental leave. I will have a ton of free time and will be going on lots of walks, so please send audiobook and podcast recommendations -- or, better yet, call me. Talk soon!





Jack Bisceglia: Diby, Ginny, and I have been in Richmond, VA for a year and a half. Ginny just turned two years old, and is ceaselessly hilarious. She spends her days singing songs of her own creation (wonder where she picked that up?), playing with her gaggle of cousins who live nearby, and identifying bird calls in the yard (she's gotten pretty darn good). Diby joined a pediatric practice in town, and I am still working as a litigator. Ginny got her first taste of hiking the AT this fall during a family trip to the Blue Ridge. She unfortunately fell asleep in her backpack and missed our bear sighting! Please hit us up if you're passing through Virginia!

And look what I found! (Cilla)



2013

Alex Kramer is still acting, writing, and running Knock for Democracy. But thanks to the amazing world of remote work, he's doing it all from his house deep in the woods of the Hudson Valley (near Chatham, NY) with his partner Naomi and very, very tiny dog Lou. If you're ever up in the Hudson Valley or the Berkshires (we're very close to both!) let me know, would love to see all of you!

P.S. - Here's Lou in the extremely punk rock vest he has to wear when he's alone outside so he doesn't get snatched up by eagles.





Cody McCoy: Hello friends!! This year, I got married to William Burke (Harvard, BARF, '13) in the greatest city in the USA! Some FOOT friends made the trek to Pittsburgh, including my wonderful bridesmaid **Julia Osterman, David Carel, and Sunny Jones** <3. I've been researching coral reefs, and every time I do fieldwork I bring along a FOOT t-shirt. In August I'm moving to UChicago, and I'll also spend a few months each year in Woods Hole (Massachusetts) and Palau. Message me if you find yourself in those places, and we will hang out! Miss you all- FLUV!!!



Hannah Slater: My latest pursuits are queer book club, unionizing with my coworkers at Planned Parenthood Northern California, and hiking the Bay Area Ridge Trail. I'm still chipping away at the Pacific Crest Trail section by section each summer... that thing sure is long!

Jacob Paul and Justine Bunis: Greetings FOOT Fam! We live, work, and play in Los Angeles, where Justine teaches 11th grade US History at North Hollywood High and Jacob works as a music producer and director of a large independent music publishing company. In summer 2019, we first trekked up to the Sierras to go camping (minds blown, Californian identity cemented), and ever since then we've made camping in the Sierras a cherished summer tradition. On our 2020 trip, we got engaged on Sentinel Dome in Yosemite, and we've subsequently thrown not one but TWO backyard weddings: a tiny ceremony in 2020 with just immediate family, and a bigger party in 2022 with lots of Foot Love in attendance. Summer 2024's camping trip is already on the books (if you wanna hang in Yosemite in late July, hit us up!). Grateful to have FOOT literally part of our family after all these years. Drop us a line if you're ever in LA and wanna eat Thai food and/or drive up to the mountains and look at big trees. <3, J&J





Jimmy Murphy: I am finally finishing my medical education journey after 6 years of post-graduate training, which is a gross amount of time. Am staying in NYC at Montefiore--hit me up if you're in town, I promise I will not know what to do with myself with "free time." I am going to a million weddings this year which is exciting. I also just explained what FOOT was to my boyfriend (specifically the post-trip festivities) who said, "Yale doesn't sound real."

Ric Caraballo: Another year of big changes for me - I just moved back to San Francisco after almost 3 years in Austin and started a new job after almost 6 years at Tesla. I'm now working for a battery manufacturing start-up called Form Energy that's commercializing a new kind of battery chemistry (iron-air) targeted at utility-scale customers. I'm having a blast so far, lots of familiar challenges and frequent trips to Weirton, WV where we're building our first factory. Outside of work I'm back into the Bay Area outdoors scene with lots of hiking around redwoods and skiing in Lake Tahoe. Also still dodging play bites from my cat Mav – he now knows 5 tricks but unfortunately still doesn't understand “no” or “ow”.



Stephanie Rivkin: Hi friends! While life is generally steady on the home (Chicago) and work (Google) fronts, **Joel** ('14) and I are expanding our family! Our son Cooper is a 1.5-year-old whirlwind, and Cooper's little sister should be arriving this summer just in time to join the Class of 2028 for a few days in the Catskills. Our giant Bernedoodle Dusty spends most of his time running away from Cooper's attempted hugs, but he has no idea he's about to have a second sibling to evade. It was a blast seeing so many 2013 leaders at our 10 year reunion last summer. Hope to see more of you soon!





2014

Natalie Akers: Last year I spent a record number of hours with other people's kids in the rain, then moved to Seattle to finish up a masters in ed. I play a lot of ping pong in my neighbors' outdoor arena and see/"teach" music. I have loose designs on moving to Bellingham, WA with my betrothed. We have extra space; don't hesitate to reach out. nakers54@gmail.com

David Cruz: Erin and I got married in June and visited her family in the Philippines for our honeymoon! Since then we've both finished grad programs (she in business, I in public policy). We're spending a lot of time volunteering with community groups and checking off the list of unvisited state and county parks in the area. I just started a new job with the City of Austin working on affordable housing policy. We're upgrading our digs imminently, so please come through! dcruz112@gmail.com



Amelia Earnest: 2023 was a year for new hobbies, moving, and travel. Used most of my free time for friends, skiing, indoor bouldering, and semi-tawdry romantasy books. Made a big move (vibe wise, at least...) across the East River to Park Slope, where we have been falling in love with Prospect Park, the vintage scene, and all the local bakeries. (I see far more Yale hoodies here relative to our old spot; hit me up if you live nearby!). Made some great trips to Big Sky Montana, Cartagena, and India -- where we took a month to visit family and eat our way through much of Rajasthan (sharing a photo of Raahul and I eating delicious but definitely suspect kulfi at a gas station). Work-wise, I am coming up on my second year working for BCG and increasingly focusing more on public sector/government work. Overall highlight of my year: officiating my sister's wedding. Was such a special experience. Hoping to see many of the 2014ers in May for our ten year -- and sending hugs to all!



Tao Tao Holmes: I went back to school!! This time for an MFA in multidisciplinary design at SVA in NYC. Took me a while to invest in my creative side but hey, better late than never. Finding myself unexpectedly thrilled to be back in BK after two years in Portland (OR). Fewer trees but a lot more friends <3 . A big highlight was a recent trip to Brazil to visit Kevin Kirk (FOOT '15); we hiked and camped on a road-free island called Ilha Grande. It was dope.



Jake Keaney: Hi all! After living in New Haven for almost 14 years, my time here is about to come to an end in summer 2024 when I will be (finally) done with all my medical training (for now at least...) and will be moving to NYC to join my girlfriend while she finishes her training. Excited and anxious to begin work as a primary care physician. We managed to squeeze in a little bit of outdoor adventuring this year, especially on vacation in Hawaii, where my FOOT socks kept me blister-free. Looking forward to our next vacation adventure - visiting David Cruz '14 in Austin! Hoping to (re)connect with FOOT folks in NYC, text/email me!

Will Kronick: Still living my best life in the great North. After 8 years of living and working in Juneau, moving to Anchorage part-time to take a job at the Alaska Federation of Natives and to make Ira's life worse. Here's a cool picture of the white raven of Midtown and the Juneau office view.



Caroline Lester: A big year! I proposed to Zack Reneau-Wedeen (TC '14, didn't make the cut for foot leader, still sad about it) and we eloped with our families on Christmas Eve. I couldn't be happier. We'll be moving to Honolulu in August, so if you find yourself in Hawai'i, let us know!

Isaiah Lyons-Galante: Hi FOOT! I continue to live in Boulder, CO, now in the last semester of my masters in Geography at CU Boulder. I'm in the middle of trying to decide my next step, whether to re-enter the workforce or continue research in a PhD. I feel grateful for the array of options I have and I'm looking forward to finding clarity. I continue to live with my partner Charlotte and our 7 housemates in a co-op. It requires a lot of time and emotional energy, but it gives back so much and makes it possible for us to afford life in Boulder. I've gotten into backcountry splitboarding

this winter as I'm trying to get in peak shape for ultimate frisbee season this summer. I'm planning to make it to our 10-year Yale reunion and so I hope to see many of you there! All the best, Isaiah.



I have a P.S.
-- Charlotte
and I just got
engaged!



Sarah Maslin: Hi from an ice storm in Peterborough, New Hampshire, where I'm tucked away for a six-week writing residency in this cozy cabin to work on "Nothing Stays Buried," my book about the long aftermath of a massacre in El Salvador. Yep, same book I've been reporting and writing all these years! It's coming along. I'm planning a move from Mexico to Brazil later this year-- gimme a shout if you're one of the many FOOTies living in CDMX!



Sophie Nethercut: Hi from beautiful Kodiak, AK! I feel like the luckiest 3rd year med student ever, because I got to spend the last six months on this bewitching and windy island learning rural medicine, perfecting my cranberry picking technique, and becoming besties with some real badass grandmas. I'm continuing my nomadic academic existence this coming year, so if any of you are in Seattle or Kotzebue or Anchorage and the stars align, let's head up into the mountains together!



Ira Slomski-Pritz: Hi everyone! I'm still in Anchorage - come say hi! Running a business with some friends that's focused on managing political campaigns. Lucky to still see the AK footies - Will, David, Diana, Sophie. Highlights of this year include officiating a wedding, ice skating on alpine lakes, some Brazil time with Sarah and Will, going back and working a NOLS course, helping elect some good people, and seeing Beyonce.

Margaret Van Cleve: Hi FOOT! 2023 was a big one!!! I got married in March, finished grad school in May, went on some honeymoon hikes in June, and moved in July! Still in DC so come and visit ☺ I will miss you all at the 10-year reunion. I won't be able to make it because I will be extremely pregnant with a baby girl—coming July 2024!!! Please text me if you know *anything* about babies!



Natalie Wolff: My husband Zac and I welcomed our much adored son, Julian, who is 100% an outdoor baby. We hike the beautiful NC trails every day with him and our Rottweiler, Hank—and we end each day with rose-thorn-bud. We'll be moving to Tacoma, WA this summer where I'll be working as a psychiatrist. Looking forward to tackling the Cascades!

2015

Jacob Kemet-Rosenwohl: Hi friends! I'm still doing the same things as before – living in SF with my amazing wife (2nd wedding anniversary coming up fast!) and dog (just turned 3!) and working in consulting. We haven't hosted a murder-mystery dinner in a while, but we'll be sure to keep our streak going. My father and I got to restart our annual backpacking trip last summer after COVID and his hip replacements, and we had a lovely time exploring the southern part of Yosemite. The mosquitoes had a lovely time too, unfortunately. Missing y'all and looking forward to the 10-year reunion!



Carlos Gould

I now live in San Diego! It's lovely, in large part because I live in an area where there are many outdoor cats that I get to see when I walk the 'cat walk.' I still get to see friends like **Paul Parell** and **Austin Jaspers**, and it's always a special occasion.



Kevin Kirk: In early 2023 I moved to Rio de Janeiro, without knowing anyone here. Integrating into life in a foreign city has been challenging and formative, and I'm incredibly grateful for the experience so far. I'm now fluent in Portuguese, by at least some standard. I miss a lot of things about my life in the US, but I'm excited enough about my new life here that I'll stay at least until early 2025, and perhaps longer. I'm living in an apartment 3 blocks from where I stayed during my summer study abroad here 10 years ago. Foot '14 **Tao Tao Holmes** came to visit and we took an epic camping trip to a remote-ish island near Rio. Please reach out if you'd like to do the same!!

Adam Goff: Adam is finally actually taking a year off, after many years of immersion in climate policy and carbon capture technology. He'll be bouncing around Europe in May and the American West over the summer if anyone wants to join or suggest any dance/hiking adventures.

Megan Opatrny and Alex Dobner got engaged last year, just a few(!) years after being in the same FOOT VT support crew. We had fun catching up with another member of the crew, **Kevin Kirk**, in Connecticut in September. Hope to see some more FOOT leaders in the upcoming year - let us know if you are ever in Ann Arbor!

Val Eisenson: After a few months of hibernation with our new baby Lila in the winter of 2023, we emerged into our first beautiful DC spring. We saw cherry blossoms, took lots of long walks, and learned all the best places to change a diaper in the city. We went to Colorado and Lila enjoyed her first long hike. She is already embracing the "delicious + delicious = delicious" mentality, as she often mixes up all her food (tonight was pad thai and raspberries) before she takes a bite. We are moving to Rhode Island this summer - looking forward to many more New England adventures! Lots of love to all.



2016

Isaac Hudis: This year, Isaac got married. It turns out it is possible to love someone more than you love your co-Poobah (sorry, Jer). Please enjoy this photo of me, my husband Michael, fellow FOOT leader **Abigail Schneider** (2017) and my other ride-or-die, **Jerelyn** (or at least half of her).



Jerelyn Luther: In 2023, Jerelyn graduated from law school, passed the bar, started a new job, and moved (back) to Brooklyn! She's currently contemplating getting a second cat, enjoying spending time with her loved ones, and getting her bike out of storage for springtime rides.



Sophie Paci: Sophie's highlights of 2023 include: taking drawing classes at the Met, starting a new job teaching fifth grade at Marymount School of New York, taking her students on a trip to the Catskills, and celebrating **Mackenzie Naert** (2015) being a new mom!



2017

Brandon Hudik: Not much has changed from last year! Still in New Haven, still in medical school, still no hair, still BFFL's with Rob



Teddy Goetz: Professionally: finishing my third year of psychiatry residency at Penn (Philadelphia, PA). Personally (and much more excitingly): my spouse Mandy and I are expecting a baby this spring! (pooh pooh)

2018

Meg Pritchard: Hi FOOT! It's been another beautiful year in Charlottesville (bagel capital of the world)! Highlights include adopting a spunky orange cat, taking my younger sister on her first backpacking trip, running a marathon with my younger brother and dad, road tripping down to Tampa for a wedding, watching the eclipse with my mom, and of course getting to see Cilla and Russell. Grateful for many moments big and small and loved ones new and old! Fluv, Meg



2019

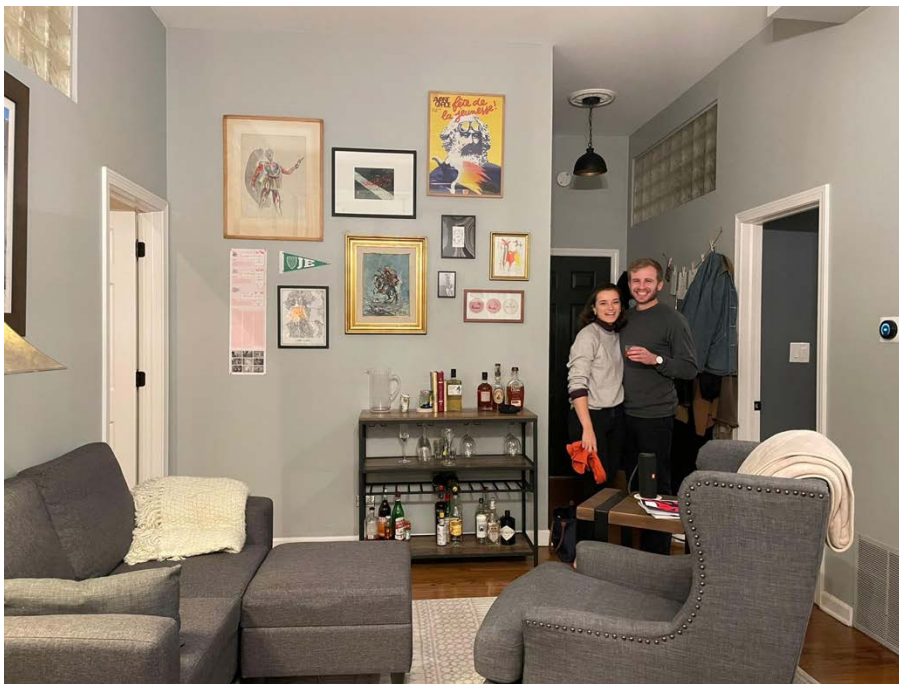
Ben Wong (he/him): Howdy from Richmond, VA! In 2023, I got chewed up and spit out by my job in homeless services. Decided to leave out of self-preservation. Spent the summer nursing my moral injury, dancing salsa and bachata, and figuring out where to channel my fire. Started taking classes in the fall and cobbling together experiences in affordable housing. These days, I'm focusing on health and stumbling toward the ever dynamic and elusive promise of balance. Here I am hugging a tree with **Constance Thurmond** ('19) on a perfect autumn day <3



Kathleen Voigt: Hello everyone! I am finishing up my masters at the Yale School of the Environment wahooo!! I spent the summer in Colorado mostly visiting cattle ranches and talking about cows and going on long hikes. In the past year I: got bitten by a brown recluse, went duck hunting for the first time, and drove across the country a few more times. I am in New Haven until June or so and trying to figure out what comes next!! Sending FLUV to all.



Peter O'Neill and Nicolas Jimenez: are excited to announce the marriage of our son **Matthew Jordan Klineman ('19)** to the love of his life Julia "Spaghetti" Turner. The nuptials will take place in Seattle this August.



Evy Roberts: Evy's highlights of the year include swimming in many different bodies of water, moving to San Francisco, and starting to read for fun again. She's also been learning to figure draw and is always happy to see FOOT friends visiting the Bay Area!

James Post: Hello! I've been visiting New Haven recently because my boyfriend Thomas is in his first year at SOM. I also had a fun trip to NYC in 2023 to see the Taylor Swift Eras Tour with **Hedy Gutfreund '18** (pic below). In 2024 I'm hoping to stretch more, read more, and eat less meat.



2020

Here are the two Poobahs: **Natalie Leitman** and **Andy Ballard**. Natalie went to Harvard Law School, Andy to Oxford. Where are they now?



2021

Here also are two Poobahs: **Aditi Shetty** and **Tommy Martin**: Tommy is in Tacoma, Washington (?) Where is Aditi?



2022

Katie Burchfield: I've spent the last couple of years since graduation working as a research assistant--first in psychiatry and then in a primary care practice-based research network. I've also had the chance to go hiking with some amazing FOOT leaders since graduating!



Daniel Chabeda: I'm in the San Francisco Bay area working on a PhD in theoretical chemistry. I study how energy moves through semiconductors, hopefully toward some renewable energy applications. Loving all the outdoor stuff happening in the Bay + many FOOT friends :)



Max Krupnick; I'm writing for Harvard's alumni magazine (traitor!) and enjoying Boston/Cambridge. By coincidence, I recently interviewed the mom of one of my FOOTies :) A book I helped research, *American Mother* by Colum McCann, gets published in March, which I'm very excited about.



Sophie Lieberman: In the past year I: returned to the United States from Ecuador, worked in a cheese store in Brooklyn, and lived on a farm in the cornfields of Illinois! I will be in Illinois through the spring of 2024, and then onto Missoula, MT for the summer on an ecology field crew. Shout out to FOOT leader **Natalie Smink** whom I ran into in a 100-person village in Ecuador and who provided much-needed companionship over many rainy and muddy miles in the cloud forest!



Anne Northrup: Earned my wings as a pilot and will find out what airplane I'm flying for the next 10 years on the first of March! Started dated another Air Force Officer based in Pensacola who's been getting me into climbing. So far 2 comps down in 2024!



Bea Pickett: Exciting news! I got into grad school and will be moving to Seattle next fall to begin a masters program at University of Washington's School of Marine and Environmental Affairs. I'll be living in Boston and working at the EPA through mid-summer.

Naomi Shimberg: After graduating in May, I took fellow FOOT leaders **Noa** ('23) and **Kapp** ('23) to lil Rhody to taste the best lobster rolls in New England (pictured). In July, I moved to Washington, D.C., where I've been working on economic policy around climate change and clean energy. Let me know if you're in D.C. and we can hike in Rock Creek Park together!

Kapp Singer: I am still living in New Haven, working as an arts journalist and a bike mechanic! I'm not sure what's next, but I'm loving it here at the moment and can't wait for spring! The picture at right is from a recent visit to Paul Rudolph's Modulightor building, which was an architectural thrill.



Jake Watson: Jake is teaching Latin at Sidwell Friends School, his alma mater. He also is learning Italian and playing in a volleyball league!

2023

Laurel Humphreys: After graduating, I hiked 250 miles of the Colorado Trail with a high school friend and learned so much about Type 2 fun (I felt like the FOOTie in every Soul Core training scenario). I hopped off the trail to find an apartment in Easton, PA, and now I live here, working as a field/lab tech at Lehigh. I've been loving the change of pace that comes with a 9-5-- lots of bread baking and kombucha making, furniture repair, and climbing. I spent 5 weeks in Panama for field work, which involved some tree-climbing, ants, plant pressing, and sooooo many plantains. Sending love to you all, and would love to meet up if you ever find yourself around the Lehigh Valley!



Naomi Shimberg: After graduating in May, I took FOOT friends **Noa Rosinplotz '23** and **Kapp Singer '23** on an excellent adventure in lil Rhody (pictured) before settling down in D.C. for the year to work on climate economics in the Biden Admin. I'll most likely be moving to Cambridge in the fall to start a PhD. So looking forward to being around the multitude of FOOT alums in the Boston area. Much fluv.

Karenna Thomas: I stayed at Yale for a fifth year finishing up my MPH in the dual degree program, so I have gotten to enjoy seeing lovely FOOT people around campus this year! I have been doing a lot of baking, cycling, and getting back into climbing (hopefully even more this summer). Also trying really hard to stop collecting plants before moving in May, semi-successfully. I am planning to move to Brooklyn in the fall after graduation to work in research remotely, so if anyone is around the New York area, we should reconnect :)



Bea Portela: Rose: I have gotten to travel lots since graduating in December! I went to Vietnam and Japan with **Kayla Wagonfeld** ('23) and will soon be off to England to visit **Avery Mitchell** ('23) and **Kate Yeager** ('23). I've also got a job! I'll be working as a paralegal at an environmental law non-profit starting in June.

Thorn: It's slowly dawning on me that my weeks in New Haven with our incredible FOOT community are dwindling, and that makes me very sad.

Bud: I'll be living in DC for the summer. From there I'll either stay in DC or move to San Francisco/Berkeley (a life decision I'm evidently putting off). Here's to more FOOT adventures soon! Solar eclipse at Sky Acres here we come!



Holly Basile: Hi FOOT people! Miss y'all! I've been hanging out in Michigan and Colorado before I move to Oregon this month! I hope to stop at some national parks to break up the long drive. Besides that, not too much to update everyone on... **Journey** is with me and doing well!



Isa Zou: Hello FOOT!!!! I'm writing from Changsha, Hunan, China, where I am teaching English to high schoolers and having the time of my life! It's crazy because I FIRST heard about this fellowship when I read the 2020 FOOT alumni newsletter and saw that former SOSH core head **Daniel Kaylor** ('20) was heading to Hunan, the province my dad is from, and we reconnected... little did I know that I would be following in his FOOTsteps :O My students are incredible and adorable and curious and so talented. I'm music-directing Shrek the Musical, and the students are acting the heck out of Donkey and Dragon and Pinocchio (it's May 17-18, come!!!!!! :D). I

have been eating the best food—spicy stir-fried pepper garlic beef, stewed frog, stinky tofu, steamed taro and spare ribs. I've been meeting family members for the first time and ~exploring my roots~ lol. All in all it's a wonderful time <3

Here is a photo hiking in Jiuzhaigou (九寨沟) (hiking in China generally involves a lot more paved paths and staircases than in America...) as well as me in the classroom and me at a museum about people like me. Missing my '22/'22+1/'23 buddies and sending fluv to everyone!!!!!! -Isa



David Yu: Hello FOOT! I've been figuring out my life in the Big Apple and spending time with a lot of other Northeast Corridor FOOT '23 friends (pictured: **Lauren Salzman** '23, **Patrick Yang** '23, and **Harrison Bushnell** '23)! Lots and lots of fun cooking. Other than that, I was briefly in the Chilean Patagonia and got to lick a piece of a glacier. I'm excited for warmer weather to come, and I'm especially looking forward to meeting more FOOT alums in the NYC area.

Here's my email (davidyu7@gmail.com) - I'd love to have some folks over for dinner!



And a special feature from the classes of 2023+24:

FOOT leaders past and current gathered at Sky Acres, VT in the path of totality for a solar eclipse viewing party! Huge thanks to Cilla for letting us stay to see this “once-in-a-lifetime” experience (unless... we can get a larger FOOT group together for the eclipse in 2045!)



'23, David Yu '23,
Bea Portela '23.5,
Rothschild '24,
Matt Bruning '24,

Pictured:
Laurel
Humphreys
Alex Surratt '23, Patrick Yang '23, Kate Williams '23.5,
Calista Washburn '23.5, Theo Haaks '24, Rosie
Izzie del Hierro '24, Eli Kennard '24, Sam Bezilla '24,
Ben Cifu '24

At the Slavic Chorus 55th Reunion April 2024: **Eve Vogel '87, Cilla, Sophie Oberfield '01, Sylke Jackson '92**
All Slavic Chorus Alums & FOOT Leaders



And some news of me. This is my 40th year running FOOT. Hard to believe. When you all reach my age, you will be amazed at how fast the years fly by. Carpe diem! I still seem to like organizing – so I organize neighborhood potlucks, fundraisers, book events. I am on my Yale class reunion committee. If you are coming back for yours May 30 – June 1, come to Davenport where I will be hanging out! I am on the committee to promote and organize pickleball! My new passion, after too much tennis caused getting three new joints. (2 hips and a knee) That may sound scary, but I am in better health than ever! I have also started writing a bit. Nothing major, but short essays about my life. Many are funny, as you can imagine. FOOT has figured in some of them. I still love to hike, swim, cycle and, of course, play pickleball! You will find me at Sky Acres in Vermont during the summer. Russell and I are building a new home there! www.skyacresevents.com. Remember I host weddings there, so if you are looking or want to renew your vows, check it out!

xoxo and FLUV, Cilla

Cilla & Russell in VT



And finally, can you identify some of these folks??!!

