Freshman Outdoor Orientation Trips

Leader Application 2015

Dear Prospective FOOT Leader,

Every fall at Yale, groups of eight to ten incoming freshmen and two leaders set out on four and six-day backpacking trips in the woods of New England during the week before classes begin. These trips give freshmen a chance to form new friendships, enjoy the outdoors, and, most importantly, share a positive experience that will help them start Yale on the right FOOT.

As a FOOT leader, you would play a crucial role in the success of the program. During the August trips, you and your Co-leader would be responsible for not only the safety of your group, but also for fostering an enjoyable, stimulating group environment. FOOT leaders must show sensitivity, compassion, and enthusiasm, and have the ability to think calmly and quickly under pressure. Leadership experience takes many forms, and group skills are as essential to a good trip as outdoors skills. **If you think you would like to be a FOOT leader but do not have outdoors experience or did not participate in FOOT as a freshman,** **please do not hesitate to apply**. We will teach you the skills necessary to lead backpacking trips through several leader-training courses.

**Applications are due no later than 5:00pm, Thursday, January 29th**. They must be submitted in **TWO WAYS**: A hard copy must be submitted in the Silliman Master’s Office (on the due date only), **and** an electronic version of your application must be emailed to *poobahs@gmail.com*. The subject of your email submission should be “lastname firstname application 2015” and your document must be named “lastname2015” (but replace “lastname” with your actual last name, please). We will unfortunately not be accepting applications from sophomores who will be studying abroad in the Fall of 2015.

All applications will receive two anonymous readings, and **each applicant will be interviewed** before Spring Break. If you are a freshman that went on a FOOT trip, your leaders will be writing recommendations on your behalf. If you are a sophomore applicant that went on FOOT, please have at least one of your FOOT leaders write you a recommendation letter and then provide a recommendation from a secondary source -- for example, a FroCo, a club leader, faculty member, high school mentor, or current FOOT leader. If you did not go on FOOT, you must still submit at least two recommendations, ideally from one of the additional sources listed above. The recommendation form for non-FOOT Leaders will be available at [www.yale.edu/foot](http://www.yale.edu/foot) on January 27th. They should submit the recommendation form by Sunday, February 1. We will make our decisions based on the interview, the written application, and the recommendations.

**FOOT Leader Requirements:**

l **March 30, 7-9:30pm:** Dean’s Office Pre-Orientation Leader Training

l **March 31:** New Leader Meet-n-Greet

l **April 10, 2:30-5pm:** AlternateDean’s Office Pre-Orientation Leader Training

l **April 12:** “Shakedown”

l **April 19:** Spring Equipment Day

l **May 7-13:** May Training (an extended training program including workshops and backpacking)

l **August 12-** **22:** SOLO Wilderness First Aid certification and leading FOOT Trips. We arrange for leaders to obtain American Red Cross Standard First Aid and CPR certification (these dates are subject to change)

Attendance is mandatory at all FOOT training sessions. If you have any questions, please feel free to email poobahs@gmail.com or call the FOOT Student Coordinators, Jerelyn (203.339.2744) or Isaac (347.701.1170). We look forward to hearing from you!

Priscilla Kellert Jerelyn Luther Isaac Hudis

Program Director Co-Coordinator Co-Coordinator

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Leader Application 2015

This application is due in the Silliman Master’s Office by 5:00 pm on Thursday, January 29th. Again, if you have any questions/worries/concerns email poobahs@gmail.com or call Jerelyn (203.339.2744) or Isaac (347.701.1170).

**Fill out this page and staple it to the rest of the application**. Once we’ve entered your basic information into the database, we will fold and staple this sheet accordingly so that your name and information will be kept anonymous throughout the first part of the application process.

Name: Birthday: Sex:

E-mail:

**Student ID #** **(Please put this on each page):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class: College:

College Room #:

Cell Phone #:

Ethnicity (Optional)

Check any that apply: \_\_\_ White \_\_\_ Latino or Hispanic \_\_\_ African American, Black \_\_\_ Asian \_\_\_American Indian \_\_\_ Multi-ethnic/ Multi-racial \_\_\_ Other

If you went on FOOT (it’s okay if you didn’t!), who were your leaders?

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If you didn't go on FOOT, who will be writing your recommendations?

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If you are applying to lead any other pre-orientation program, please write the name of the program here:

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Please mark if you CANNOT attend:

\_\_ Friday, April 10, 2:30-5pm OR Monday, March 30, 7-9:30pm: Dean’s Office Pre-Orientation Training

\_\_ Sunday, April 13: Shakedown

\_\_ Saturday, April 19: Spring Equipment Day

\_\_ May 7 – 13: May Training (an extended training program – workshops and backpacking)

\_\_ August 12-22: FOOT!

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**Please answer the following questions thoughtfully. Your responses must be typed and limited to three pages. Please double-sided printing if possible.**

1. Why do you want to be a FOOT leader?

2. Please share one experience in which you felt like a leader. How did that help you develop your leadership abilities?

3. Describe the strengths of your leadership style and how they would help you address the potential challenges of leading freshmen through the woods.

4. What would you do in each of the following scenarios?

A. You and your co-leader are leading a group of eight freshmen on the trail. You just realized you’ve been walking in the wrong direction for the past two hours. What are some ways that you might handle the situation?

B. One of your freshmen is complaining about being too tired to continue hiking. Identify some possible causes for this and how you would address them.

C. It’s now October after you’ve led a FOOT trip and you’re having dinner with the freshmen from your trip. One of them mentions that she does not like her suitemates, and she has not found extracurriculars she enjoys. How might you address her concerns?

5. Describe an experience when you felt uncomfortable. What or who helped you feel more comfortable? How would you use this experience to make others feel more welcome?

6. Describe a situation in which you had to work with a person or group of people different from yourself. What were the most important lessons you learned from the experience?

7. For fun, tell us something that makes you happy!

**YOU’RE DONE!**

It’s always tough to say everything you want to in an application – so this is an opportunity to share any additional thoughts or information. If you’ve said enough, then feel free to leave this portion blank!

You will be hearing back from us soon when we begin to schedule interviews. And don't forget to submit this application electronically *and* by hard copy! Good luck!