

FOOT Newsletter 2022
Dear FOOT Leader Alums!

I hope you are all well and still thriving. From the news and many pictures you sent in, I can see that you are! It's so great to hear from you in any shape or form. FOOT is still very much alive and well on campus. You may have heard that this past August was the famous "Flip," meaning that the campus orientation was split in half and the pre-orientation programs were inserted in the middle. We are no longer "pre," and now fully grown into the mainstream orientation program. We are called "Camp Yale Programs" or "CYPs." The downside is that we are no longer the first face of Yale, and we can only do 4-day trips. The upside is that the University is paying for the entire bill. We no longer worry about financial aid. There are no fees for anyone. Even the leaders get a small stipend. And we eat in the dining halls during pre-FOOT training in August. We no longer house everyone in Bingham and Welch when they arrive, AND we no longer store overnight bags in the basement of Battell! (Remember the sign on the door: Do Not Enter – Hazardous!) Everyone moves into their room for the academic year when they arrive in August. Yes, some traditions are gone, but the spirit of FOOT is still there; you would be amazed. You would fit right in with all the games, laughs, and Type 1 Fun.

Last August we had 68 trips and 563 FOOTies (FOOTies now is used to describe freshmen/first-years only, not the leaders). We had 14 coach buses take everyone to their trailhead. We recruited alums to come back and help with Support Crews. Two summers ago was the Miracle Year, when we had our first in-person trips after Covid, and the trips fell luckily between two hurricanes: Henri and Ida. Henri flooded the Catskills so we had to make a huge last minute switch to the Berkshires, even though we were already on every trail there. This is when being friends with the local ranger helps. Then last year we were in a drought. All the streams, if any existed, were mere trickles. Our Support Crews spent their days doing major water drops. But it all worked out, and everyone came home happy, smelly and bonded.

FOOT Leaders 2022



But now onto the news!

Classes of 1985-87

Eve Vogel: My son is now 18 and in his last semester of high school, I'm on sabbatical, and I'm beginning to have time to catch up with old friends it's been hard to find the time to see for several decades. How about a reunion of the original FOOT leaders? Would love to see any of you some time when you're in western Mass or nearby--or in Oregon some time this summer? I'm still a geography professor at UMass Amherst. These days I am working on trying to shape clean energy policy to be accountable for impacts on ecosystems, communities, and environmental justice, and to help open up the black box of electric grid market governance organizations as well as ratepayer-funded energy finance. It's a fun time to become a policy wonk. Still appreciating those FOOT connections--among other things, I ran into Paul Jahnige in my work this year, and am inviting Paul Sabin to come to UMass to give a talk next year. Hey, do we have any FOOTies in Puerto Rico? I'm planning a course there... Hugs to all, Eve

Matt Etterson: Thanks for gathering our updates for all these years. It's fun to read what everyone's doing.

Our kids have fledged, the elder to Arizona and the younger to Oregon. Both are chasing great dreams. Back here in the peatlands we're having a snowy winter – 100 inches and in the running for Duluth's snowiest winter on record. In December in a heavy wet blizzard the old flowering crab cracked and collapsed into the garden. We loved that tree. It was always full of winter birds after the bright red berries. Its carcass still lies there half buried in the snow.



It's been a season of misadventure for Julie and me. Late last fall we went into the boundary waters for a mental health refresh. Usually, we paddle but decided to backpack so that we could take the pups –they'd tip the canoe in a second. We started in at dusk on Anglemont portage and when we came to the boardwalk found it floating in pieces randomly across a new beaver pond. We switched to sandals and started across the pond in the dark. You can guess how that went! A few minutes later we were back on the near shore, stripping off our cold wet clothes and rubbing our frozen feet. We camped on the portage trail and snuggled up to the soggy dogs who seemed to think it was the best adventure ever. In the morning we thawed our clothes in the sun, found the beaver dam, and crossed over to the old growth pines on the west side Anglemont. We were rewarded with several days of late autumn sun and cold starry nights. Back home with all the snow it's been a warm winter and the creek ice has failed to set. We've punched through a couple of times and had to run lead-legged on frozen snowshoes through the bogs and across the lake to home.



We're trying to stay young at heart, I guess. In spring I'll saw up the flowering crab and put it on the stack. It'll cheer us again one last time next winter.



Liz Ablow: Now it is my turn to send news or thoughts. First, I so appreciate hearing from our cohort. It has been close to 35 years since we first gathered. How the time flies. Cilla is still the glue that keeps it together. As always, thank you Cilla. We are all doing well in Seattle. The big news in my family is that my husband sold his bakery/cafe in January. This restaurant he started in downtown Seattle in 1990, after losing his lease in 1999 moved it to a Seattle neighborhood in 2000, and it has been going strong ever since. This is a big change, going from owner/operator of a very busy well loved, from scratch kitchen, working all the time, to retired. We are all adjusting. It was time. Happily, the restaurant continues now owned by one of his employees. Other than that we just had our 30th anniversary living in the same house in Seattle. We just gave it a lovely facelift, with a new front porch and kitchen. This was perfect timing since now it is being well used by my recently retired husband :). We still are getting out hiking, skiing, walking, gardening and even traveling a bit. My son and daughter, though fledged live relatively nearby. This is temporary since my daughter will be moving to Sacramento in the spring to take a job as a geomorphologist researching post fire debris flows for the State of California, which is sadly a very relevant topic. I send love to the FOOT community and look forward to reading news from others. Cheers, Liz

Patrick Whelan: I am ever grateful for the experience that I had with FOOT. I believe that it was the best thing that I did at Yale, I had such a lovely time with you. We were able to spend time catching up and talking about the past.



Class of 1988

Roger Wynne: All the best for the new year. I hope you can make it to New Haven for the 35th. (I can remember when I thought people who were 35 were old. Now our college experience is that old? Zowie.) The bad news is that I cannot make it. The good news it that it's because it conflicts with the wedding of one of my wonderful nieces, where I will have the honor of officiating. So perhaps I'll see you at our 40th. (40? Again, zowie.)

Joanna Rosen: My middle son, Calder Katyal, went on a FOOT trip this September and had a great time. He loved how open and friendly everyone was. No cell phones on the trip so I don't have any photos but here is a photo of my 3 boys goofing around with their cousins for fun.



Christine Walravens: Wish I had a nice family photo, but that seems harder to get with the kids out of the house. My husband and I are still pediatricians at Stanford. We have now lived in Palo Alto for six years, but I continue to miss real winter. This photo is thanks to the epic January storms. Our young adult children live in Colorado Springs and Syracuse. I still love hiking, but am more of a car camper than backpacker these days. Best wishes to all!



Class of 1989

Frank Levy: Spotted on FaceBook!!



Ann Vileisis: My big news is that I was appointed --and then elected as a city council member in my town. I felt compelled to step up and take a turn to more actively participate in our democracy. It's been an interesting new challenge. I continue to give talks about my *Abalone* history book —mostly online via zoom, but also finally, in-person this past fall down in northern California, which was fun. I also continue to work with our local

Audubon chapter, leading local advocacy efforts for wildlife and habitat conservation in our region, which remains an abiding passion. Last summer, Tim and I took a Selway River trip, which was a total blast, and on a more day-to-day basis, we have continued to enjoy restoring a piece of land we bought. In the spring, I also took an extraordinary trip to the Galapagos Islands with my aunt and nephew. I've wanted to go there since I was five years old!!! It was a terrific opportunity to connect with my family across generations and also wonderful to spend time so much time snorkeling and swimming, to see birds and wildlife close up, and to bone up on Darwin and conservation biology (the beak of the finch and such), topics I find to be endlessly fascinating. If you make it to the South Oregon Coast, let's take a hike! I wish you a happy, healthy 2023 --and I am rooting for more peace, love, joy, and fun in the world, too! big FOOT hugs to all! Ann

Paul Jahnige: The Jahnige Loomis clan (Paul Jahnige, Foot 85, support 86 leader 87; and Sally Loomis, Y89, never Foot but shoulda been) is doing well. Eldest - Sage is on the Big Island working as CSA manager for a Food Hub. Middle - Sierra is in San Fran working at a biotech startup on pregnancy complication issues. Youngest - Skye is a junior, learning to drive and about to do a semester in the Bahamas. Paul is still "doing" trails for Massachusetts State Parks and Sally still directs the Hilltown Land Trust in western Mass. One of the highlights of the past year is my continued by-weekly (or so) meetings with **Tiff [Bingham]** and **Ben [Saylor '89]**, where we have developed a bit of a "carbon support group" and discuss any and all topics climate change and our planet's future. MISS YOU ALL. Paul

Trex Proffitt: This year was pretty special for me. I got a new kidney! 8 months in, the new kidney named Blanche has been performing very well. It is like I get another 20 years of life! My wife Beth is planning to walk the Portugal section of the Camino shortly. It's not 30 miles in the Adirondacks, but still. Our daughter Lauren is graduating this May from F&M, and we are so proud of her. Another highlight is that our son, Eddie, was able to go on FOOT and even applied to be a FOOT leader this year. It is heartwarming and incredible to see a program last for so long with such great stewardship by Cilla. I know a few other alums have had their children attend Yale, go on FOOT, and lead FOOT, and I really hope that continues. What a program Cilla and all of you have created! Lately I've been baking bread, and we also got a new dog named Lena.



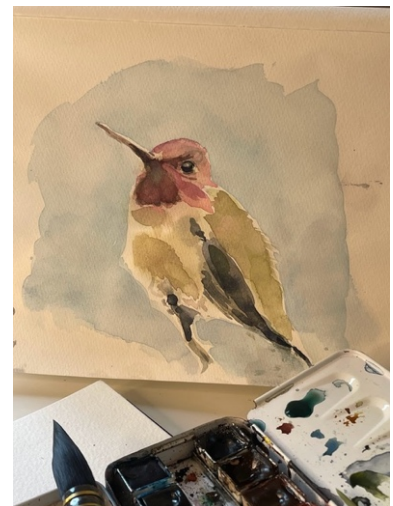


Cilla and Trex's son Eddie, after his FOOT trip. Eddie is now a FOOT Leader!!



Class of 1990

Renny Gleason: Oregon weird weathering going on: Portland, Oregon got hit with its second biggest snowstorm in forty years and it froze the town. With two snowplows in Portland, five total in the state and one broken, response was...slow. We got to Italy this past summer (amazing), Pam is executive coaching, oldest son Jasper enjoying 2nd year@ Dartmouth, Rufus (HS junior) thinking about college east. Pam and I are dog people but we adopted a cat (Maz - age 10, 12, or 14 depending on source) and have achieved a truce; My work is futures/threatcasting/scifi prototyping and on the side I mess around with watercolors (still like them better than what generative AI can create and painting the birds that show up around the house). Sending positive vibes to all, and if you find yourself in Portland, Oregon please say hello - m. 917.439.3464. Attached pics: boys, cat, watercolor :)



Michael Kahan: Gabriella and I are still in California in Mountain View and working at Stanford. We had a fabulous opportunity to spend the fall quarter in New York City teaching at a Stanford program in Manhattan. Our teaching duties left us plenty of time to explore the city by bike and foot, see lots of theater and other performances, eat amazing food and shop at the greenmarket, and make some trips out of town (here we are on the Walkway over the Hudson on a stormy day in Poughkeepsie!). We saw our kids (who both live on the East Coast - one in DC and one in Burlington, VT), other family members, and lots of friends from Yale and elsewhere. We had a terrific outing ice skating in Central Park with Kashka's daughter, Nicola, and her boyfriend - now fiancé! - Isaac. Best wishes for 2023!



Eve Porter-Zuckerman: Winter is on my mind... Below/attached is a photo from our wintery back yard... My 7yo daughter, Ursula, and my 9yo son, Thomas, playing with our Great Dane, Polly. This year, our children have discovered nuances in snow types that I have never quite grasped — suitability for snow forts, snow balls, and sledding are important criteria. We've had more than 115" of snow since last October, and so many chances to assess its qualities. We took advantage of absurdly cold temperatures to make lanterns out of ice, and have been out cross-country skiing and snowshoeing as well. We're in rural NH, so the weather is very... influential! The other photo is from a great hike my son and I went on with kids and instructors from his



summer camp — they have a wonderfully FOOT-y way about them, and I had fun pulling games and riddles from FOOT days out to share in the silliness. Happy adventures to all!

Class of 1991

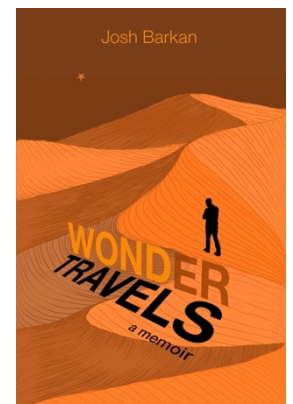
Dara Kovel: I've been a miserable correspondent, but better late than never. My gang is ensconced in Brookline, MA (where we've been for 4+ years), minus my daughter Amelia who is experiencing her first

year at University of Southern California as a mechanical engineer! Cullen, our baby, turns 17 in a week and is enjoying his junior year at Brookline High while rowing for the crew team and playing trombone. I'm still at the affordable housing game, running a company based in Boston called Beacon Communities. Attaching a couple of pictures of the 4 of us – one from Amelia's graduation and one from our trip to Argentina last winter.



Josh Barkan: I will have a new book, a memoir called *Wonder Travels*, published this September. Andre Dubus III (author of *Townie: A Memoir*, *House of Sand and Fog*, and National Book Award Finalist) writes, "In this compulsively readable memoir, Josh Barkan does something remarkable: he combines the edifying power of the travelogue with the emotional truth-seeking promise of the memoir, taking us through the streets of New York to the wilds of Mexico, through Madrid and Marrakesh and the mountains of Morocco, through the piazzas of Rome then back to Mexico, all from the point of view of a man trying to stitch back together his shattered heart. *Wonder Travels* is a profound meditation on the inherent fragility of marriage, on what it means to love well and to be loved in return, on the elusiveness of forgiveness, but ultimately on spiritual resilience and wandering's potential ability to truly heal. This is a brave, thought-provoking, and moving memoir, and I recommend it highly." More details about the memoir at:

https://www.joshbarkan.com/wonder_travels.html There are a lot of scenes in mountains in this book, tied to my love of nature. . . In 2020, I moved to Boston, where I live with the writer Jennifer Haigh.



Chris Roberts: Best wishes for 2023. Here is our news. Martha (17) smothers hot sauce over eggs, plantains, and avocados for breakfast each day. She worked at a Philly senior center over the summer, teaching belly dancing to the ladies. After reaching a plateau with her violin, unexpected autumn gifts have been studying jazz improvisation as well as a new orchestra, especially the handsome Nigerian twins seated in the violin section in front of her. She is waiting to hear back from colleges, hoping to study Arabic in the DC area. Ruth (14) left homeschooling this year and joined Martha and Dad at Martin Saints Classical High School. She is doing well, enjoying new friends and teachers. She was sad to leave her dance studio after seven years, but has made up for it, jumping into tennis, wrestling, and the school's production of *Much Ado About Nothing*. She's well behaved at school, so relaxes at home by being hyper with her sisters. This year Sarah (almost 12) played Ariel in *The Tempest* in some nearby woods. On an expedition to Colorado, Dad, Ruth, and Sarah fled down a mountain in a hailstorm, belting out hymns. Sarah then went on to have a great time at Camp Wojtyla, also in Colorado. Now the oldest homeschooler, Sarah and mom have enjoyed good conversation about the theology of the body and the Bishop Barron *Catholicism* series. Sarah is East Evergreen Avenue's resident dog walker. Miriam/Button (8) is often outside, grinding nuts

or concocting libations of leaves or flowers. Now that it's cold (this week's low was 9 degrees Fahrenheit, aka - 13 Celsius), she has commandeered the basement and covered boxes with drapes for her games. She is preparing for her first communion in April but says she's looking forward to her first confession more. Dad is still working hard at Martin Saints. With 51 students, we've grown and are no longer a brand new school. But we're in an intermediate stage, needing to double that enrollment to pay the bills. He says the school is the hardest but best thing he has ever done. He is privileged to work alongside wonderful colleagues. Dad is happy that he just beat Sarah in chess, having been defeated by her the previous nine times.

Mom homeschools Sarah and Button. She directed *The Tempest* in the summer and is about to start *Macbeth* rehearsals. She infuriates the family with complex recycling regimens and anti-plastic tirades. She is still thrilled to be part of Communion & Liberation, a lay movement founded in Milan in 1954. A special treat this year was a holiday on the eastern shore of Virginia with English family. We spent more time wet than dry, kayaking to uninhabited barrier islands. Lots of love, Chris, Hannah, Martha, Ruth, Sarah, and Miriam



Baker Mallory: I would have to say the theme for our 2022 was *Exploring New England... and beyond*. I continue my adolescence as a full time faculty member at the Eaglebrook School in Deerfield, MA. My 3rd year began this Fall and I'm finally getting a handle on this immersive teaching experience. Jody continues to run our landscape design / build business and spends too many hours exploring the I-91 and I-84 corridors as she splits time between CT and MA. Gus, Brad and Rose turned 16,14 and 14 this past summer. Gus started at Deerfield Academy last Fall and is currently in the middle of driver's ed...yikes! Rose is managing (tolerating) 8th grade at our all-boys school. She is looking forward to another summer at her favorite ranch camp outside of Dubois, Wyoming. Brad spends lots of time exploring the youth lacrosse scene throughout New England and beyond. We had a great (first) ski trip to Jay Peak in the far north of VT last March as well as a return to our favorite family camp on Squam Lake, NH in August. A fourth of July weekend on Nantucket, MA was spectacular with fireworks over Harbour. Here is a photo from a Nantucket summer hike up Mt. Mansfield, VT.



Cameron Brooks: We live in Boulder, and I run a small advisory firm focused on clean energy policy and the electric grid. (We mostly help innovative technology companies and government agencies figure out what's happening state-to-state at public utility commissions. My kids just refer to me as a "professional energy geek", which pretty much sums it up.) We have a daughter in her second year studying international relations at St. Andrews and a son who is a sophomore in high school and training as a junior firefighter and junior ski patrol. My wife, Stephanie, works as a counselor online. We just got back from a couple of weeks in Scotland visiting our darling daughter and enjoying the fine juice of the barley. Anyone coming through Colorado is most welcome and we'd be delighted to get updates.



Class of 1993

Jessica Plumb: I believe the last time I wrote was before the pandemic engulfed us all, so this is a longer update. I've been more grateful than ever for the expansive outdoor life and sense of community that drew us to a Northwest town years ago. Recently I had a chance to reflect on my ten year journey with the Elwha River, in an essay for [Orion Magazine](#). It's a bit of a love letter to the Olympic Peninsula, also published in *Best American Science & Nature Writing*, fall 2022. The pandemic years brought plenty of challenge, particularly for my husband on the front line of rural medicine. That said, our family's biggest loss came just before Covid, when my brother lost his Chilean wife to cancer. In hindsight I am very grateful that we were able to gather; that I was in Santiago with his young family, when a full moon rose behind the Andes, carrying her spirit with it. Back in the Northwest, our family pandemic project was fixing up a small pocket cruiser sailboat, which brought us a world of joy and adventure. Our daughter proposed her first backpacking trip without parents. We debated whether a small group of girls, too young to drive, yet steeped in wilderness experience, should head into the mountains on their own. Our parent circle decided to trust them. Three days after turning them loose, I watched from a trailhead as a line of teenage hikers appeared over a ridge, exactly on time, with enormous smiles. The Zoom era had some silver linings professionally, lowering geographic limitations. As a filmmaker far removed from NY or LA, I'm a rare bird. The pandemic brought remote projects, from short profiles of Nat Geo explorers to a nonprofit story set in Africa, all produced without leaving home. I'm very glad to be out in the field again, working on films about restoration, the clean energy transition and more. Last but not least, our family had a big adventure in 2022 on Greenland's west coast.

You can read about it here:

<https://orionmagazine.org/article/greenland-arctic-voyage-2022/>.

In case you're near an independent bookstore...

Our daughter at the helm, just before we had to turn back at the closed Canadian border.

Pressing through ice in Western Greenland by schooner



Burch and Rachelle (Lyons) LaPrade: The big news for the LaPrade family this year is a move back to the east coast. We looked up and realized that all four kids were in New England, no family is in the midwest, and we have jobs that could be either relocated (Rachelle) or remote at least part-time (Burch). So, we bought an old farmhouse in Bridgewater, Connecticut. We are 30 minutes from Kendrick (sophomore at Taft in Watertown, CT), 4 1/2 hours from Beckett (freshman at Bowdoin College in Brunswick, ME), 1 hour from Forrest (junior at Yale), and 30 minutes from a 90 minute train to Abbott (24 and living and working in Manhattan). Our property includes many acres of stone walls and overgrown pastures which we are enjoying hiking through each day with the dogs. Come visit if you are nearby!



Atop Mt. Sinai over winter break

Julie (Goodrich) Barker: Anne Cottrell, Stephanie Kwei, and Julie (Goodrich) Barker got together recently in Santa Monica. They did their FOOT resumes proud by clocking in over 9-miles of walking and hiking each day in a city more known for its car culture. Anne lives in California and was recently elected to the Napa County Board of Supervisors on a platform with a comprehensive plan for forest fire preparedness, prevention and response as well as safe and clean water. Steph lives outside Boston and works for a biotech start-up. Julie also lives outside Boston and is an independent consultant.



Class of 1994

Ted Deinard: So great to hear from you and to see this amazing list of people on cc. You all are to this day one of my very favorite groups of people. Highlight of 2022 for me was a trip to Israel with my church. Such a

vibrant, fascinating, and complex place. My crew is doing great. Wife Jen just started a job at Stitch Stash (fka House of Needlepoint) in Darien, CT which she adores. Stop by if you're in the area! Daughter Gigi is a sophomore at Bentley University outside Boston, and son Theo is a senior at Deerfield Academy heading to Penn next year to row. If anyone is in either Manhattan or Greenwich please look me up!

Anne Weil: Things here are going well in Colorado. My business, Flax & Twine, is growing like mad, and you can now find our brand in over 80 retail locations across the country. We just opened our flagship and inaugural retail store here in Denver, so definitely stop by if you're here in town. Personally, we have been deluged in the college process as well with three pretty much in a row. My oldest, Charlie, is at UChicago, a freshman there after being a ski instructor at Lake Louise Ski Resort last year. I thought he wouldn't come home! His stories about their "foot" group show they need a lot of organizational help! Son Baillie is a freshman at Wash U in St. Louis, and absolutely loving it. Daughter Allie is a junior in high school and loves spending time with friends, animals and developing her photography skills. Last year's highlight was a trip to Tuscany with four other Yale friends and their spouses. Such a blast, but how can we be 50!!?? Lots of love! Anne

Julie Puttgen: This winter finds me happily plugging along on several fronts - still in private practice as an expressive and somatic psychotherapist in Hanover, NH; still romping in the woods daily with large dogs, including a giant Anatolian rescue puppy from Tupelo, MS; still making art, now in the form of regalia/mutated garments. I'm seeking a publisher for *The World Is a Strange Place Right Now: A Therapist Reads Her Voicemail*, a wild and very satisfying being-a-therapist-in-covid times-poetry/prose project. Like Meg I have been diving into the world of beautifully organized walking tours. In my case, I walked for two weeks last September on French sections of the Camino de Santiago, with the support of an agency (Via Compostela) that specializes in this. Can't be beat! I'm planning three more weeks walking this coming September, this time with my husband Timothy, who's been putting in extra time with the Duolingo owl to prepare :) Sending best wishes to all, Julie

Scott Walsh: Hey Hey, FOOTies! Great to hear from you folks. Here's what I've been up to. All in all, life is great. My wife and boys and I are in San Diego (aka "Planet Beautiful") and it really is all that. Our 17 year old describes himself as a "trombone enthusiast and pun-maker extraordinaire" - neglecting to mention the drumming, kickboxing, surfing and Boy Scouting that round out his list of hobbies. Our 15 year old took up rowing this summer, to my great delight, and he still fits in some creative writing here and there. Sasha's still prosecuting bad guys, and I'm still doing sustainability consulting. Life ain't all roses, of course, and the last few years were pretty tough for me (as for too many of us). After years of independent part-time consulting from home, I went full time in-house at the start of 2019 - and was absolutely miserable. The 2020 combo of the COVID lockdown, way too much work, completely abandoning exercise (HUGE mistake), and the decline and death of my dad combined to give me a pretty vicious case of anxiety and depression. With a combo of meds, therapy, exercise, shifting back to part-time and semi-independent work, 2022 was a great year of recovery for me. I've joked about writing a book, "How Scotty Got His Swagger Back". And the past year really has been great. Sasha and I celebrated our 20th anniversary hiking in Kauai, my 15 year old and I returned to Palau for the first time in 10 years, and my 17 year old drove across the country visiting colleges, half with me, half with my wife. I caught up with FOOT alums **Jay Ready** '94 here in SD, my co-leader **Sydney Sawyer** '96/'97 in Marin, CA, and a bunch of my Yale Crew teammates in good ol' New Haven (sadly Cilla was out of town that weekend). Sydney and I talked about how our happiest times have been when we've been most like who we were in college. This past year I've gotten back to rowing, leading hiking trips, and occasionally singing and playing guitar, and it has made a world of difference. Reconnecting with friends from college has been even better than I expected, so I'm hoping to finally make it to my first Yale reunion next year. I'd love to see you there, and/or here in San Diego if you get the chance. All the best, Scott

Elizabeth Murdock: Things are well for me and mine. I'm still living in SF with my husband, Paul, our two daughters, one lovely little budgie, and a new, massive, most adorable puppy. I feel very blessed. My younger daughter is in 7th grade, and my older daughter is a sophomore in high school. (Incidentally, she landed at the perfect school for her, thanks in large part to expert advice from FOOTies **Rebecca Whitney** and **Matt Eddy**. Yay, FOOT!) I have spent the better part of my career in wildlife conservation, which I love, because I care

deeply about the work and the many wonderful people with whom I've collaborated. But I am currently taking a sabbatical to work on a book—and, frankly, to be a less stressed human—and I am loving it! It is so much fun to be focusing on something so creative. I have my moments when I wonder if I'll actually finish the thing. And other moments when I'm dreaming of a next book. We shall see...But, at any rate, I am loving the process. So great to hear all your news. When is the next FOOT reunion trip? I have to relearn the hustle before that happens!

Meg Wickwire: Heading for the hills seemed an appropriate response to turning 50, so in May my Yale roommate (**Mary Margulis-Onuma**, BR '94) and a good friend from grad school joined me on a trip to Scotland. We hiked the West Highland Way, 100 miles in 7 days with a company called Wilderness Scotland (excellent!). Though the trek involved comfy lodgings, baggage transfers, and epic blisters, we sadly did not manage even one game of Boppity Bop Bop Bop with our new friends. Next time, surely. We three were struck by the charm and savvy of the Scottish people and by the carefree joy of our UK hiking-mates. What a difference it makes when one does not have to worry about catastrophic healthcare costs or college tuition! As for the rest of my year, life here in Concord, MA is . . . intense. Though Penn remains a smart, hardworking, hilarious presence in our days, he's feeling the pressure—high school is brutal! I keep telling him college is way more fun, but he's dubious. Still, somehow, he is heading into the college application process with cautious optimism. Bill's Parkinson's is progressing slowly; most days, the meds are effective. He took up pickleball last year and soon founded a league and started getting invited to tournaments. Alas, it'll be awhile for me, but I'm looking forward to having time for pickleball and other shenanigans. I'm still finding my work with high school and college kids really rewarding, not to mention fascinating. What a generation this is shaping up to be!

Class of 1995

Kristen McDonald: I am blessed to have lived the past eight years in Point Reyes Station, California. We are right by the National Seashore, I can walk into a National Park from my house. I have fallen in love with the ocean as a companion during these past years which have brought motherhood for me and many associated adventures, internal and in the great outdoors! One moment that is very small that I can think of happened recently: it was a cloudy, damp day. But my son and I both really needed to get out for a bike ride. We chose one of our favorite trails which takes us to the beach. We invited another 8-year-old who hadn't been on his bike in months. He did great, and as soon as we got to the beach the sky cleared and we had a glorious hour of late afternoon sunshine. The sunshine, mixed with rough waters from the storms, fascinating jetsam on the beach, the sound of two laughing boys, doing aerial stunts in the dunes, all made me so happy to be alive. We biked back, energized, ready for a good hot meal at home. Our friends' dad surprised me when he said, "I am so grateful for your spirit of adventure!" It made me remember that yes, that is a part of me, one that I cherish and one that being an outdoor leader, in FOOT and through other iterations in life, keeps alive in me even as I get older.

Anne Egger: After two years of not being able to teach my introductory field methods class due to COVID, I got to return to the Owens Valley in California with a group of geology-interested students last fall. For a variety of reasons, it was the most stressful time I have taught the course, despite it being the 10th (?) time. It was super hot, I was getting over bronchitis, there were a million little things where it felt like we just couldn't get a break. The logistics were a nightmare. But in one of the more stressful moments, when we sat in our four vans with a brand new locked gate between us and a field area I've been taking students to for almost 25 years, waiting for a guy from the LA Department of Water and Power to find the phone number of his supervisor so I could call her for access, like, immediately, I thought, OK. Actually, this is part of what we do, too. We talk to people, we share what we are interested in doing and seeing, and they might have the right to say, "No." Access is not guaranteed. In other words, it became a teachable moment about land rights and privilege... even though we were talking here about the ultimate land grabbers (LADWP) and we eventually got things sorted and were able to get access (legally). Anyway. So much more to tell there, but that's enough.

Class of 1996

Jo Sussman Ilfeld: "I have no idea when I last did a FOOT update so no clue where to start. I've got one son, Adin who is now a junior at UChicago and leaving in March for a quarter in Spain where my daughter and I will visit him for her spring break (yay!!). I've got a second son, Nathaniel who is in the crazy waiting to hear back from colleges time and my daughter Miri is a freshman in high school. With one gone and staring down another imminent departure, I decided I needed a new puppy so we're getting a second dog in a week! Very exciting and of course daunting because I remember the sleepless nights of our last puppy. We have an 11 year old "puppy" now and my mom, who stays with us for 3 months in winter has a 2 year old puppy we helped her raise for the first few months so yes - we're going a bit puppy loco! As any of you with multiple kids knows, our 3 are all completely different and I still marvel that they grew up in the same household. My oldest is a comp sci major, going to intern for a second year at Google and very studious and logical. My second son is our athlete, quiet leader, and sweet as pie. My daughter, our youngest is a warrior and goes for what she wants (and usually gets it). She's an extravert times 100 and a natural leader who is constantly taking charge. I've been doing executive leadership coaching for over a decade now. During Covid my practice switched from being mostly in-person and Bay Area based to being almost 100% online with clients all over the country and even in Europe and Abu Dhabi. I love my work and my clients and if anyone is interested in leadership, I do weekly LinkedIn videos so feel free to connect to me! My husband, Jeff decided to leave medicine almost 5 years ago after starting a solar energy business on the side 14 years ago. He now does his business full-time and has hung up his stethoscope (except for being the on-call family doctor). He's really loved his career change but with the new regulation for Solar in California, it's presenting business issues so this is a crucial year for his business to figure out a way forward. I think overall our life feels relatively stable but full of basketball (soon to be baseball) games, bugging kids to do homework, driving kids to social events and going back to the theatre and vacations that weren't possible during Covid. We're in the Bay Area (Berkeley) so please connect if you're in the area!" Xoxo, Jo
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Ivan Kerbel: attached is a quick snap of my Wallace and Beatrice at a recent ballet outing. We're slowly getting ourselves back in motion, hoping for more normalcy and less 'plague' in the years ahead ...



Class of 1998

Optional question of the year was what FOOT game or experience could have been useful for you this past year?

Boots Kronman: Seattle, WA. I'll give a very FOOT-relevant answer: about a year and a half ago my 2 daughters joined the Boy scouts (now called Scouts BSA) to learn additional outdoor skills and hang out with like-minded folks in the woods. In March 2022 we went on an outing where the scouts had to dig their own snow caves and sleep in them on the shoulder of Mt. Rainier. They were 11 and 12. It was hard work. It was cold. Tears were shed. Some gentle hypothermia happened. And frankly any FOOT game would have helped lift the spirits of everyone assembled. :)

Gretchen Boger: Philadelphia, PA. I have visited a bunch of different high school campuses around the country in the past 15 months. The meetings I've had at those schools no doubt would have benefitted from some FOOT game warmups!

Photo is of me having brunch in the JE dining hall this past fall with four of my former high school history students, all now Yale students in different years. It was so fun to see them in this next stage of life, at a place I love and that now is theirs, too.



Chris Cayten: Brooklyn, NY. The Cayten clan continues to thrive. We are still in Brooklyn. We replaced windows and installed heat pumps to start getting off the oil heating system. I am still leading a real estate sustainability consulting company that helps large real estate investors get their buildings to net zero and helping the NYC government develop energy efficiency and carbon polices for buildings. Megan (BK96) has joined a billion dollar private equity fund to invest in nature based solutions to climate change across the globe. All very exciting. Last summer the whole family spent a month in Merida and had an amazing sunset paddle through a mangrove forest to see thousands of wild flamingos. The kids survived the swarms of mosquitoes but did enjoy the flamingos. Looking forward to seeing everyone in May.



Dona Tversky: Stanford, CA. The FOOT game I miss most is Oomgala. My 15 year old, Alma, plays soccer and for a baffling reason she turned down my offer to teach it to her high school team to chant before games. How could she not want to put her arms around her teammates and chant nonsensical words jumping in unison as the pace and volume of the frenzy builds? Whatever. On a slightly more serious note, I am in the mental health field, and wish we paid more attention to protective factors for mental health, such as real connection to others, engagement in meaningful activity, and yes, jumping around and screaming in the woods with people we love → #Iheartoomgala. Highlight of the year: I spent a month in Guatemala with my family doing service work (and yes, climbing active volcanos). Highly recommend. Hope to see y'all soon.



Class of 1999

Jonathan Griswold: A foot email always brings a smile and memories of happy times. My family and I have been in Ethiopia for over a year now, working for an NGO that helps farmers and entrepreneurs improve their productivity (if you drink Nespresso coffee from Ethiopia, those are Technoserve farmers). We hoped to hike some of this amazing country (40% of Africa's mountains) but political instability and poor security has made that hard with kids. We did make it to the churches of Lalibela—carved out of one giant piece of bedrock—recently and here's a photo of that with our youngest, Henry, who still gives me plenty of chances to don a different sort of backpack. Hope to make it to our 25th reunion next year!



Megan Campisi: Here's my update. I married a fellow FOOT leader, so it's 2 for 1!! **Gates Hurand** (00) and I live in Brooklyn with our two kids, Arthur (7) and Kieran (5). I've got a second novel coming out in Spring 2024, this one about women spies in the Civil War! I also teach at a theater conservatory in Manhattan.



Class of 2003

Ben Schrader: Like many middle-aged men, I've sought the Fountain of Youth by pursuing long-distance running. In April 2022, I cajoled **Marc Silverman '03** into traveling to Nashville to run the Music City half-marathon with me. A couple of weeks later, I ran the Strolling Jim in Wartrace (in the heart of Tennessee horse country about an hour and a half southeast of Nashville). The Strolling Jim began in 1979 as the brainchild of Lazarus Lake (famed originator of the Barkley Marathons, and readily identifiable below), and although the race's featured course is a 40-miler, I was only down for the marathon. In October, I ran the Twin Cities marathon, which has to be one of the most gorgeous road races in the country. My wife Kristina (and our two boys, James (3) and Frankie (1)), continue to put up with my long-run nonsense on the weekends, but we're entering biking season, so I'm hoping to enlist them as pacers 😊 Cannot wait to see all of you at our 20th reunion in only a few short weeks!



Sasha Waring: Quick update from the Upper Left-- life in Seattle is busy and overall great. My wife, Avantika, and I are both working primarily from home with occasional work travel, making it possible for family dinners every night and a lot of kids' sports activities. I am entering my 4th season coaching my 7th grader's middle school Ultimate team, bringing back fond memories of Yale Ultimate, with a lot of overlap between FOOT and Ultimate in those days. I finally hit the button and started playing myself again last season, proving that it is still possible and also harder on the body than it was in college. Our family of five (boys now 13, 10, 7) gets outside as much as we can all year for skiing, biking, hiking and soccer. We are aiming for our second backpacking trip this Summer and have newish packs for the boys to help carry some of the load. Big hugs to all!

Class of 2005

Carrie Coughlin: 2005 has had no news this year. I think we should assume everyone is out hiking and declared the woods a technology-free zone.

We have a gap here! The missing classes must be busy hiking!

Class of 2009

Becca Levenson and Matt Bressler: Matt and I had our second baby last June, Asher (10 months) and Sophie (3 years) are below. We're still in DC, and would love to see anyone who is coming through!



year! Emily (née Moore, BK '09) and I have settled in well in Enterprise Oregon over the last 5 years. Emily continues to practice as a full spectrum rural family doctor. I own a vet clinic with 3 associates and practice full spectrum rural mixed animal medicine. We are lucky to have amazing outdoor access all around us and encourage anybody who wants to take a vacation to look us up and come stay in some of the extra rooms we have in our 1910 house! All are welcome!

Severin Knudsen: have probably not sent an update in in years so here goes: We have a son Cyrus who will turn 3 in May and our second son Perseus (Percy) who was born February 19th of this





Kimberly Lau: Evelyn joined us this past March! I am now a geology professor at Penn State. I moved from Wyoming to Central PA in summer 2020 and was/am lucky to live with easy access to the outdoors in our region of the Appalachians. I have since picked up fly fishing and have caught a grand total of 3 trout. Wooooo!

Kate Gasner: Here's a quick update from me: Living in Portland, OR with Ollie (1.5yrs) and Tater Tot (2 yrs).





Laura Zatz: Here's my update and a picture. Thanks for helping to keep us connected! 2022 was a challenging year of transition and growth. After Ben filed for divorce, I moved back to DC from Providence. Shoutout to **Mara Harwel** and **Jasper Frank** who were so supportive and helpful preparing for my move! I'm still working for the Behavioral Insights Team, using behavioral science to improve policy and programs. I'm enjoying convenient access to Rock Creek Park (even more fun when it involves being chauffeured in a vintage Bug convertible by **Rob Martinez** wearing his Halloween costume). I got to spend a few days hiking in the Adirondacks, Shawangunk Ridge, Florida, and Michigan, but I hope to do a lot more hiking this year. If you find yourself in the DMV, drop me a line!

Rob & Laura

Mara Harwel: **Jasper** (FOOT 2010) and I added one more to the crew with the arrival of Anika last July. She is the smiliest baby we know. We're still in Providence and welcome visitors anytime! It's nuts but there are lots of lovely hikes and beaches nearby, especially with kids in tow.



Ali Seitz: I'm finishing up Neurology residency in New York City. We have two girls, Noa (2.5 years) and Freya (5 months).



Lizzie Fulton: I'm living in NYC these days with my husband Aaron and son Milo, working as an immigration lawyer. Life good. Toddlers are insane. – Lizzie

Class of 2010

Eli Bildner: Greetings, FOOT friends! The big picture of my life is much the same — I'm still living in the East Bay (El Cerrito, to be precise) with my wife Astrid and our 2-year-old, Ayla. Still working at an ed company (Guild — alongside some wonderful FOOTies, including Libbey!), while advising the nonprofit I founded (Rivet School) and doing some executive coaching. The big change on the horizon for us is a baby boy, god willing coming our way early April.

But 2022 was rich and distinct in the micro — watching Ayla go from speaking a word here and there to being able to shout "stop it, Tati," — that's me — "I want to hang out with Mama, because she's my best friend!" (Well, the message was less fun, but it's still cool to see her be so expressive.) Realizing that yes, we are the kinds of parents that would put our toddler on a leash (it was honestly for the best).

First international travel (and outdoor-ish adventure) post-Ayla — cycling in Mallorca. A sticky-hot but enlivening road trip to Vancouver. Lots of great FOOT-ie sightings — **Wiles Kase** in Denver (with Lauren and baby Elliott), **Peter Wilczynski** and **Craig Minoff** in Spain, **Tully McLoughlin** in Chicago, and more. Sending all my good thoughts to this crew as we recede further and further into the early pages of this newsletter :) And please do say hi if you're in the Bay Area — would love to catch up. 973-216-8261

/ elias.bildner@gmail.com.



Libbey Davis Hunt: We're still in Boston and our little crew just expanded with the arrival of baby brother Wilder in early 2023. Linden is growing into her role as big sister and is very excited to show him the ropes of outdoor exploration as he gets bigger. Would love to catch up with anyone in the Boston area or traveling through!



Dan Frank: After 8 years of residence, last summer I made the big move across the bay from San Francisco to Oakland. That means new bike trails to explore, new climbing gyms to frequent in the evenings, and a shorter drive to the mountains to ski. Speaking of which, last spring I made an impromptu ascent (and ski descent!) of Mt Lassen with a great Yale crew - we had **Max Kramer** (09), **James McGinty** (11), Chris Termyn (friend of FOOT 10) and myself. No tarpitecture was performed in the process but I'd say we operated very much in the FOOT spirit. Hope everyone is doing well and getting outside!





Aaron Littman: My news is that my partner Kate and I had a son, Alfie, born in October. He loves to look at the persimmon trees in our backyard. Our dog Georgia is a sweet big sister but has started stealing his toys. I am an assistant professor at UCLA Law, where I run an appellate prisoners' rights clinic and our Behind Bars Data Project. We have a spare room and would love to see folks who visit LA.

Sarah Wolf: I'm still living in NYC, still loving my job teaching at the Jewish Theological Seminary. My main life update is this guy, Amit Wolf Keisman, who was born in May 2022 and is an enthusiastic outdoor adventure buddy.



Class of 2011

Lauren Smith: No matter where else I live, I always seem to keep coming back to NYC which is very strange considering I generally dislike crowds, tall buildings and dirty streets. What an amazing discovery Cobble Hill was - I have never felt more like I live in a small town as this strange little neighborhood. (I think my absolutely adorable dog helps with that - people definitely like her better than me.) Fun (or disturbing) fact that this is my first time since college renewing a lease for a second year...might even go for a third *if* I can still afford it. Outside of that, I recently launched a new startup called Refer (getreferred.co) which is essentially creating a platform for incentivized external referrals. It's chaos but a ton of fun. Have gotten to see a few 2011 footies in the last year including **Monica, Rebecca & Yuri**. Would love to see more, so holler if you're in NYC!! And no, in this day and age phone numbers never change so I should be relatively easy to reach.

Chelsea Willett: I'm coming up on one year living in Vienna, Austria, and still enjoying work at the International Atomic Energy Agency. This winter, I had the chance to put the "Alp" in alpine skiing!! Holler if you're ever in the area!

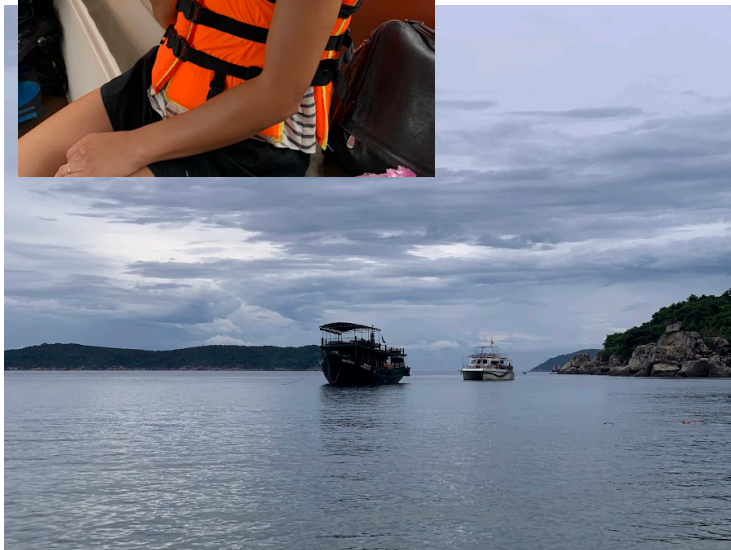
Stephanie Marton: Hi all, 2022 was kind to our family, an annus mirabilis. We welcomed another baby, Lincoln, and our daughter Emery, turned 2. Highlight of the year was spending much of the summer in the NH Whites in a cabin. An excellent use of parental leave and a new hiking challenge, with at least one baby strapped to your body. Now back in the city, I'm still consulting at BCG, while Collin's start-up, Nova Credit, keeps on growing, though with plenty of zigs and zags. Very happy in Boston, where we see the occasional Footie/Foot leader and spend lots of time outdoors. Hit me up when you come through! -Steph



Blair Lanier - Most of my 2022 outdoor adventures involved carrying Lev (4) and Sal (4) around southern Ohio and fending off (fencing out?) hordes of deer intent on eating strawberry plants. I don't expect the 2023 update to be much different... let us know if you're ever around Cincinnati and want to join in!



Michelle Ho: I visited Vietnam for the first time in over a decade and scuba-dived / swam off the central coast. Got stung by a bunch of invisible baby jellyfish. Totally worth it! I'm still living in New Haven with my partner Jason, finishing up an MFA in poetry at NYU, and recently started gathering local writers (including **Emma Sokoloff-Rubin!**) to build community around our writing practices. I've had the privilege of seeing **Kelvin Vu** several times this year and had a joyful mini-reunion with him, Emma, and **Jeanette Penniman** in the winter.



Group Update, as told by Tully McLoughlin: Featured alums and photo context: **Max Hendrickson** + wife Jackie. **Lili Rudis** + husband **Tully McLoughlin**. Attempting to cross-country ski in Minneapolis on a Saturday in February with all the other cool-kid Minnesotans. All four of us fell and bruised something, including our egos. This photo was taken as soon as we put our skis on, still feeling optimistic. Broader update: Max and Jackie bought a house in Minneapolis. (Lol -- I hope Max doesn't mind my updating everyone for him.) Lili and I have launched a vegetarian CPG (consumer packaged goods) startup making products from beans -- right now focusing on scaling up our chickpea tofu production. Currently called Weekday Food (weekdayfood.com), and currently selling only to Chicagoans, but soon to be called something else and selling more widely.



Elliott Brennan - We had a few FOOT shenanigans this past year: **Tully+Lili's** wedding in Chicago, a get together in Toronto w **Thomas Meyer, Dennis Howe, Chris Lash, Yuri Shadunsky,** and Tull, and a few fun FOOT 2011 summits in DC. Also Dennis came out to visit me in LA in September! And I got the honor of witnessing **Max Hendrickson's** "love ceremony" (non-binding) in Minneapolis in September. Lots of FOOT Love in the air....

I'm in my third year of PhD/job at RAND and will be sailing this coop in T-15

months, god willing. 🙏🙏 I'm raising my dog daughter as a single dog dad out here which is tough, but she's worth it. Please come out and visit us!





Eleanor Hayes-Larson: Still a postdoc, still in LA. Spend most of my non-work time chasing around our delightful and chatty toddler! And we spent a week in Sequoia and Yosemite last summer!



Class of 2012

Catherine Osborn: Highlights of 2022 include **Joe Breen** visiting Rio and of 2023, **Charlotte Parker** visiting! Say hi if you are ever passing through!



Jonathan Martin: Carrie and I didn't learn our lesson. Our daughter, Norah Dien Martin, was born less than an hour after we arrived at the hospital on February 1st at 12:19pm! This was despite living only 15 minutes away from the hospital and refusing to leave town for the last two months. More importantly, Mom and baby are doing really well, and Callum has adapted quickly to the abrupt change to his life. He seems to enjoy being a big brother. Otherwise, we are still in Denver and (partly thanks to this newsletter) we have had the good fortune to hang out with the other FOOTies here. I hope everyone is well, and getting lots and lots and lots of sleep!



Alejandro Torres: Catching up with everyone at reunion was fantastic — oomgalas truly energize the soul. Kyle is finally finishing residency and has signed on as a primary care physician at Emory; I'm chugging along as a friendly neighborhood pediatrician; Sebastián is chugging, both milk as well as like a train. We are sending good vibes and an open invite if coming through Atlanta. Muchos abrazos

Peter Wilczynski: Despite no particular reason to be here, I remain in Denver with my lovely girlfriend Jill, and our pet Roomba. 2022 was perhaps the calmest and most relaxing year in a very long time; Denver is a really nice place to have as a home base - coming home feels like going on vacation. I read a bunch of great books, got a mountain bike, and hit the road in force, travelling the world in true post-pandemic bliss. In July I tore my ACL playing soccer, and recently got surgery, much to my chagrin...missing this legendary ski season with a torn ACL that wasn't even from skiing isn't exactly how my Colorado dream was supposed to play out. Professionally, I'm still living my 1950s Bell Labs fantasy - just staying at one place for a long time and inventing new stuff! I've moved away from maps and am now focused on designing a new ontology language and associated runtime. It's hard to know if it's going well - most of the time, language development is an exercise in somewhat arbitrary pedantry. But especially with the rise of LLMs, I remain fairly stubbornly convinced that computers will need a more structured knowledge representation in order to break through quasi-linguistic babble and achieve something that approaches actual understanding... If it works, I'll be a happy camper (pun intended)!

Brendan Ternus: Still living down undah in Melbourne and doing all kinds of creative education projects down here. I became a dual Aus/US citizen in November - a bittersweet milestone because heartbreak and lots of hectic change were on its heels. But I'm still chasing my bliss: riding my bike a lot, taking film photos, and trying to make a documentary over Zoom with a 17-year-old former student from Beijing. Also embracing and exploring my heretofore undiscovered genderqueer self and jumping in the ocean as often as I can. Sending love to all you footfolk.

Virginia Waldrop: I'm in Philadelphia finishing up internal medicine residency at Penn and sticking around another year after that. If you pass through Philly, definitely reach out! I've adopted the Sixers as my basketball team, but the Astros still come first. The 2022 season was a dream, and I hope they continue to wreak havoc on the Yankees for years to come. Life is good, but backpacking has been notably missing from my life - anyone want to plan a trip?

Kaylee Mulligan: 2022 was another year for the books! We welcomed our baby boy in June. Clark has been rocking a full head of hair from day one and the flow keeps getting more impressive. Audrey has become an amazing big sister and it's so fun to watch them grow together. We're still living in Golden, CO. I just started a new job at a solar tech startup in Boulder, excited to move the needle on climate change with my new team! We traveled to Costa Rica this winter to escape winter and it was amazing. Would love to make good on a Front Range FOOT meetup this year, now that life has calmed down a bit post-newborn stage.



Michael Jones: Hi FOOT'12! Hope you are all doing well, it's Michael Jones. My wife Alexis, 6-month old son Harrison "Harry" Jones, and I just moved from New York City to Amsterdam in February. The move was prompted by my work, and made possible by Alexis' ability to transfer jobs within her Company to their NL office. We have now successfully settled down in Amsterdam, after totally underestimating the challenges of moving a family and young child abroad. Thank goodness it's over. We are quickly making plans to explore the city, its rich history, great food (not Dutch food however), and wonderful proximity to great locations across Europe. Our little boy Harry is growing up super fast - he enjoys iguanas and elephants at the zoo, and hates eggs. He has funny hair that sticks straight up and is more pale than me, and is overall a beautiful, happy boy. If you are in Amsterdam, please send a note - would love to see you and catch up!
(michael.jones8@gmail.com)

Jack Bisceglia: It's been a big year! Our daughter Virginia was born in February 2022 and made our lives infinitely more fun! Dad life really is the tops, and Ginny never fails to



amaze and amuse us. After six years in New York, we decided to make the move back down south and have settled in my hometown of Richmond, Virginia. Ginny is growing up a literal stone's throw from her grandparents, aunts and uncles, and all her cousins and is loving it. I started work at a firm here in Richmond, and Dibya has joined a local pediatric practice. We've been fixing up an old house together and exploring a town that has changed and evolved in cool and exciting ways since I grew up here. Come see us any time!



Ari Berkowitz: Hello from LA! These days I spend most of my time practicing my dribble, in an attempt to defend my basketball team's championship win from last season (yes, we're in the second lowest division, but still WE ARE CHAMPIONS). Also, I've spent most of this year working as a writer/producer on a new Hulu show that'll be out in September called, "While You Were Breeding." I just went to visit the set in Buenos Aires, which gave me an excuse to take a longer trip around Argentina with my boyfriend and two other FOOTies! Anyway, if you're ever in LA and want to watch some very low-scoring municipal league basketball, hit me up!



Mia Yabut Wiese: FOOT FAM! Was so delighted to see many of you last summer during reunions. Even masked, the oomgala was as thrilling as ever. This past year, I qualified for my PhD -- meaning I can continue to pursue the PhD HAHA -- and committed to a hematopoiesis lab at Weill. Edward (Berkeley '12), Jamie (3), Rafa (1), and I continued to settle into our new neighborhood in Brooklyn Heights and are loving being on this side of the East River. Give me a call if you are around! Jamie tried skiing for the first time this winter, and he took to the gear, magic carpet, french fry, and pizza shockingly well. FOOT ski trip 2024? Hope you are all well. Excited to read everyone's updates!



Pete Croughan: Allie (JE '10) and I welcomed Isla to the family in December! She really only gets upset when she hears voices in the next room at bedtime - who knew FOMO was hereditary.. I'm finishing up residency at MGH this summer, then headed back home to Cajun country to do addiction medicine and primary care while Allie finishes up her surgery residency. Let us know if you're ever in Louisiana and we'd love to have y'all!



Kevin Hoffman: After a year in Nashville for graduate school, I'm back on the Best Coast in Oakland working as a Vice Principal for a public charter high school here! (So if anyone is looking for a teaching job, let me know because the teacher shortage is real.) Aside from that, my girlfriend Aoife and I are starting the housing hunt in the Bay between hiking around as many regional, state, and national parks as we can. Highlights from the past year include Death Valley and Redwoods! Hope y'all are well!



Class of 2013

Marissa Caan: I got married to my husband Eli on June 4, 2022. Photo attached. Hope you are well :)

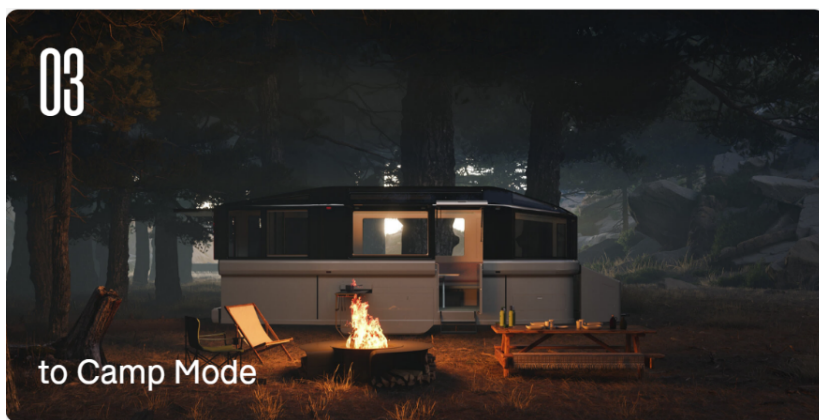


Ric Caraballo: Hi friends! The most fun update on my end is that I rescued a kitten last summer. We found him stuck in the wheel well of a car at the factory, and after partially tearing the car down to get him out, I brought him home where he's been ever since. Photos are from when he first came home – he's much bigger and better at destroying my furniture now.

Will Ferraro: My update is that my wife Grace and I welcomed our son Henry on October 17, 2022. Everyone is happy and healthy. We live in DC and would love to catch up with local FOOT alums.



Rory Marsh: Moved to Boulder, Colorado in fall 2022 to take advantage of all those latent FOOT skills. I brought my FOOT vest with me and proudly wear it around town and at work. I lead finance and business at Lightship, where we have just released the L1, a travel trailer 3X more aero than the next one, with fully-electric ecosystem and massive solar coverage. It also brings a modern design experience to the RV world, which badly needed a refresh. Surely we can get someone in FOOT to reserve one? ;) Production 2024. Would love to connect with any FOOT alum in the Denver/Boulder area! Always down to hit the trails.



Helen McCreary: I'm still in Columbus, OH, flying drones and trying to write a book whilst also wrangling a teething eight-month old! Let me know if you're ever in the area!





Cody McCoy: Hello friends!! I'll share two fun moments from the year. Last December in New Orleans, I had the great pleasure of singing at a wedding alongside **David Carel** (Foot '13; photo attached)! Last summer in Palau, I swam in a lake alongside swarms of gold and silver jellyfish who have lost their ability to sting. Missing all you wonderful foot leaders and hope to see more of you this year!

Jimmy Murphy: Hey all! I finished residency, but in my misguided quest to only experience type 2 fun have elected to do a fellowship in Critical Care Medicine at Montefiore! I'm very excited to be back on the east coast, living in East Harlem! I'm excited to see y'all at our 10 year, and hit me up if you're in New York!

Stephanie Rivkin: Hi everyone! Kicking off with my biggest update of the year - **Joel** ('13) and I welcomed our son Cooper in October who is nearly ready to hit the AT! The tastiest treat he's tried so far is a little bit of squash, but he'll be reaching for torts and GORP (both staples in our household) in no time. For now, he's making fast friends with our giant Bernedoodle, Dusty. In other news, over the past year we've had the chance to explore the Dolomites in Italy (highly recommend!) and take beautiful hikes in both Kauai, HI and Palm Springs, CA. Back home in Chicago, I am still working in sales at Google and this spring I'll be wrapping up my MBA at Northwestern Kellogg. We're looking forward seeing many 2013ers at our 10-year reunion in New Haven this summer!





Hannah Slater: The coolest place I've hiked lately was along the Northern Ireland coast to Giant's Causeway, a place I've wanted to visit since receiving a calendar of Irish landscapes when I was eleven. My cousin and I

parked at one end, hiked to the other, and missed the last bus that could have taken us back to our starting point - classic hijinks! Eventually we were able to get a cab ride back from a man who had lived there his whole life, seen Giant's Causeway once as a child and once as an adult, and said he'd never go back again, wasn't worth the effort. So, you can decide whose review to listen to! I'm living in the SF Bay Area, working as an RN at Planned Parenthood, and hoping to hike some more sections of the Pacific Crest Trail this summer.



Julia (Osterman) Strong: My daughter Paloma Isabel Mullet Strong was born on May 7th, 2022. My husband Ben (ES '13) and I changed our last names to Strong so we would all have the same last name as a family. A strong move for the growing Strong family! :) We also recently moved to Washington DC to be near family. Still working to tackle climate change through nature-based solutions and hope to revive my podcast, Solving Climate, Naturally this year (in between work and Paloma!). Hope to see FOOT2013 at reunion!





Steph Wagner and Jacob Evelyn send FLUV from Providence, RI! We spend as much time as we can outside, where our dog Dora and kiddo Nelson are happiest. If you're reading this, let's go on a hike together!



Class of 2014

Natalie Akers: I am living on Bainbridge Island, WA with my celebrity crush (no photos please) attempting to complete a masters in education. This year marks the first year I referenced "The Boot" for game ideas. It holds up. I would love to connect with Seattle folk and/or talk to people about vocational/arts education.



David Cruz: Love to my FOOT family! I am preparing to graduate with a Masters in Public Affairs and planning a wedding and a trip to Asia to visit Erin's family in the Philippines for the first time! If you're in Austin, please hit me up – I'm about to have a lot more free time ❤️

Amelia Earnest: Hello FOOT friends! I spent 2022 doing a LOT of relaxing and realizing I am prematurely ready for retirement. I spent the spring semester of my final year at Columbia Business School doing lots of traveling, skiing, bouldering and board games. After graduating, I went to Costa Rica for a month to give surfing a try and returned just in time to get married (!) to an incredibly special person named Raahul. We had an epic three day party in Virginia and then headed off on a 2 month honeymoon across France, Switzerland and Italy. (The stunning hikes in Switzerland made me think of you all!) In October, with great reluctance, I returned to being a productive member of society at BCG New York. Despite having a job again, I hope the year ahead will bring many more adventures and run-ins with you all.

Sending everyone big hugs for an amazing 2023. Amelia



Eric Fishman: Hey FOOT friends, I'm living in Boston still, having moved from one communal-living-ish house to another within the same neighborhood. I feel grateful for the many friends who happen to now live within a 2-block radius! I'm teaching high school (humanities) this year, after a long stint in elementary/middle school. Say hi if you're ever in the area!



Photo: **Eric** (FOOT 2014) and **Molly** (FOOT 2010) on a winter hike in the Whites, January 2023

Courtney Halgren: I ran a marathon! In shorts! It was not shorts weather! I made many friends along the way who helped me refuel, hydrate, and adjust my earbuds after I lost feeling in my hands at mile 15. And my cheer squad made a giant sign of my face!



Sally Helm: Hello! No huge updates from me, still living in Brooklyn, still working in podcasting. The best time I got outside in 2022 was a visit to Shelikof Cabin in Sitka—took a blissful cold tide pool swim, and saw a huge bear (luckily he was very far away). I also officiated my twin sister's wedding in September--it was a wonderful day!

Jake Keaney: Hi all! Not much has changed—still in New Haven, still doing residency in combined medicine-pediatrics. Don't get outside as much as I would like, but in 2022 I did attend a summer camp wedding (no FOOT connection, shockingly), and my girlfriend and I went on vacation in France and spent a lovely day trip walking all around Monaco (see attached photo). Was a joy to reconnect recently with my co-leader in the Berkshires from sophomore year, **Virginia Waldrop '12**, during a visit to Philly. Hope to see more of you soon in the coming months and years! Come say hi if you're passing through New Haven!



Emily Klebanoff: This is Margaret writing on behalf of Emily to share that she was a stunning and perfect bride in August 2022, marrying her wonderful husband Karthik. She continues to crush it in SF, taking care of her adorable pup Ghobi and being smart and fabulous in every way.



Isaiah Lyons-Galante: Hi FOOT! After 6 years of living, working, and playing in Kenya, I've moved back to the U.S. to go to graduate school at the University of Colorado Boulder! I was driven by an interest in learning data science and trying out academic research. Overall, it's going really well and I'm happy about the change. I miss my communities in Nairobi but I'm really connecting with my new housemates, my classmates, and a couple of old friends living in Colorado. The best part is that my partner of 5 years, Charlotte, has moved here with me! It's far away from her family in Belgium but she's also loving our housing cooperative, the climbing scene, and the trails right outside our door. I also miss my family even though I'm 3X closer, especially when my mom fell ill last year, but I'm grateful that they're all healthy now and well enough to come out to visit me. Unfortunately the stress of grad school has my anxiety cranking but I'm working to learn to manage it better. One day. If you're ever passing near Boulder, we have a spare nook to stay in, house dinners three times a week, and big ol' mountains to play in! Drop me a text or call at the same number, 617-285-0697. All the love, Isaiah



Evan Mullen: Evan is trying on California for size and thankfully is now more than halfway done with his first year of internal medicine residency at Stanford. The best part of living in the suburbs turns out to be the mountains next to them and he's been hiking and biking up a storm. He even has a guest bedroom available to any and all passing through town!

Sophie Nethercut: Hi from snowy Anchorage! After 7+ years living in Sitka, I moved to the Alaska metropolis two years ago to start medical school through the University of Washington. Turns out city life isn't so bad. I get to skate ski & eat chocolate croissants & live just a few blocks from Ira **Slomski-Pritz**, **David Carel**, and **Diana Saverin**. I'll be based out of Seattle and Kodiak for the next year so if you're in either of those places let me know and let's go hiking. Sending y'all so much love!



Joel Sircus: Hello Foot Family! 2022/23 was quite the year. Joel and his co-leader for life, **Stephanie Rivkin** ('13) welcomed their first kid, Cooper, into the world. Cooper has been spending his days occupied by the same activities as Footies out on the AT: laughing, crying, trying to stay warm, finishing all of his food, testing his primal scream skills, and exploring new and exciting places to take a dump. While Joel continues to love living in Chicago, he is excited to find some time this summer to get out on the trail for some family hikes and runs. Although a lot has changed this past year, one constant holds true - Joel beat Ric Best ('14) in fantasy football yet again.



Margaret Van Cleve

Hello FOOT!!! Sending you all love from Washington, DC. This year has been full of celebration and love- I officiated two different weddings of dear friends (bringing my total to 3!! Call me if you need a reverend!!) and witnessed my beloved Emily marry her one true love. I got engaged to my now-husband Greg (we got married in March 2023 surrounded by lots of FOOT love) and my siblings also all got engaged to their wonderful partners. Romance was in the air for the Van Cleve family!! I am loving my work supporting teachers through Transcend Education and as I write this, I am one month away from graduating with my school counseling degree! It has been a long two years of full time work and night school and the first thing I hope to do when I have no more homework is GO. OUTSIDE!! Please reach out if you ever find yourself in DC!!





Leland Whitehouse: Guess who got married at Cilla's Vermont farm Sky Acres!! Leland and his love Mali'o met at the Mountain School which is nearby. Well, his actual ceremony was at his place (we are neighbors!), but the reception was at Sky Acres. There were lots of FOOT Leaders on hand. So great to catch up!!



Here are the FOOT Leaders at Leland & Mali'o's wedding! **Kat Lau, Noah Gray**, (living in Brooklyn, running a tequila soda company called Onda), **Cilla, Evan Mullen** (in residency at Stanford Medical School, local Vermonter from Thetford), **Brendan Ross** (has been in med school at McGill in Montreal, about to move to NYC to start residency at Mt Sinai), Newlyweds, **Yaakov Ginsberg-Schreck** (living in Boston, running an "embodied Judaism" center at Hebrew College), **Charlotte Parker** (she wraps up business school at Yale this spring and perhaps starting an impact investing job in New Haven this summer)



Class of 2015

Mary Holderness: I'm in my last year of medical school and the last two months of interviewing for residency have been fun, but a total whirlwind. I was thinking the impact FOOT had on my time at Yale. My boyfriend went to UCLA and did a program there called Outdoor Adventures and we both feel lucky that through camping trips we met our closest friends in college and grew our appreciation of the outdoors. He's in medical school with me at Columbia and we've done our best to get outside NYC when we can. One of the highlights includes my first canoe camping trip!

We are couples matching and both applied to Yale and I'm hoping we'll be able to visit in a few weeks so I can show him around New Haven. I know you're busy but would love to see you if you are around! Would love to hear updates from you as well. I just found the FOOT newsletter and loved catching up on news from other leaders. Warmly, Mary

Evi Steyer: I am living in London with a cat named Gus, my German fiance, and an opera-singing housemate. When not trying to engage sullen British people in small talk, I mostly spend my time swimming in London's shocking number of beautiful urban ponds. I'm still investing in early stage companies trying to improve the climate and biodiversity impacts of our food system. I still don't have a British accent. I still can't do a pullup. I still miss you all! Love, Evi



Abigail Carney: Hi friends! I'm still living and writing in LA. Last year, I got married! To honor our love of the outdoors, Nick and I got married under an oak tree in a park in the Santa Monica Mountains. In very FOOT fashion, our guests stayed in a dorm that's usually used for summer camps (in very LA fashion, the dorm was once home to a doomsday cult, but that's a whole other story). The same weekend of our wedding, the park also hosted the groundbreaking for the Wallis Annenberg Wildlife Crossing, which will help mountain lions get over the 101 freeway safely. If you're ever in LA, come say hi and we can go on a hike!

Kevin Kirk: For the last few years I've been cultivating a strong resolve to leave big tech and start working on climate change. In early 2022 I made a career switch that accomplished only the latter. I started working on a team at Google called Mesa by Sidewalk Labs, trying to save energy at scale in commercial office buildings. I'm loving my teammates and their enthusiasm for carbon-cutting, but I'd still like to leave big tech in the not-too-distant future.

~8 months after switching teams, I applied to work remotely indefinitely in order to move to Brazil. I've been here (in Rio de Janeiro) for exactly a month as of this writing, and so far it's been both awesome and quite challenging. I'd love to hear from folks! kevinkirk43@gmail.com or +19736509637 on whatsapp.

Zana Davey-Greaves: Hi FOOT! These days, I live in Fort Collins, CO with my husband, Andrew, and our scruffy dog, Scotia. I'm still doing strategy consulting for nonprofits and still really enjoying the work. 2022 was a big year of travel - Andrew and I convinced our firms to give us three months off over the summer. We started in Guatemala and ended in Korea and had all kinds of Type One and Type Two fun in between. Highlights included seeing gorillas in Gabon, visiting friends in Johannesburg, and bar hopping in Singapore. Lowlights included getting COVID in The Gambia and trekking through a hurricane in Guatemala. This winter, I discovered the joys of backcountry skiing with my dog. Family photo attached!
Sending fluv, Zana Davey-Greaves (note name change)



Logan Kozal: I've been living in Santa Barbara for the past several years where I just finished my PhD in marine biology and my masters of education. Moved to Massachusetts temporarily with my partner and our dog but relocating again in a month or so and trying to find a job so would love suggestions from FOOTies of where to live, what to do, or what adventures to go on!

Rachel Tobin: Dropped out of med school for my ed tech startup... and moved to KOREA! Here are a few pictures from my adventures/ crazy startup life! If you're ever in Seoul, hit me up!



Field Rogers: I moved to Berkeley last fall and I'm loving life in CA so far, especially when **Sara and Greg Kahanamoku-Meyer** make me pizza! If you're around, would you like to go on a hike or make a picnic? This year, I defended my PhD thesis and then spent the entire summer in Vermont hanging out with my sister and her cow and making blueberry jam. Yum! Now I'm now a postdoc at UC Berkeley, where I'm building a dark matter detector that we're planning to fly on an Antarctic science balloon next year. It's terrifying and exhilarating to put so much care and work into something that could fall out of the sky even if we all do everything right. FLUV to all!

Val Eisenson: After a summer full of travel, Aroop and I moved to Washington, D.C. in August and have been loving it so far. We welcomed a baby girl a few days into 2023 - Lila Mukharji! We are very much in love and can't wait to take her on all sorts of adventures.





Mackenzie Naert is a third year ob-gyn resident in Boston. Here is a photo of her hiking with her husband Peter and their husky, Misha.



Jacob Rosenberg-Wohl married Dr. Shakkaura Kemet in February 2022 at the University Club in San Francisco. Although he hasn't gotten her to go backpacking yet, they enjoy taking Bay Area hikes together with their COVID puppy, Delilah!

Emily Rutland: Still out here in NYC! Finishing up my 3rd year of medical school and continuing to take the long road by taking a year off starting this summer. I'm planning to do some reproductive health/justice work, (re)learn French, and do some travel.

Adrian Chiem is sleep-deprived and catching babies.

Megan Opatrny and Alex Dobner are still living in Ann Arbor for our residency & postdoc programs. Last year we took a trip to Spain, where we enjoyed plenty of paella, sangria, and hiking. Alex was very excited to see a chamois (not pictured) on our hike in the Pyrenees. Come visit us in Michigan!



Class of 2016

Sophie Paci: Sophie moved from San Francisco back to NYC last summer to be closer to family. She was teaching Kindergarten in the Bronx this year but had a serious hip surgery and is taking a leave from the classroom for a few months to focus on healing. She has taken up knitting, swimming, and Italian lessons. Next year Sophie hopes to be sitting cross legged back on the classroom rug reading aloud to first grade students! PSA- If you are ever on crutches, make sure to get the fuzzy crutch covers because they are a game changer!

Peter Wyckoff: Big news on my end is a move to London in September to start a PhD -- please let me know if you're ever in town. I also got to see a bunch of old leaders in 2022, including for some hiking (this pic is with Dave Milewicz in Gila Cliff Dwellings National Monument).



Shalila de Bourmont: This was a year of many changes! Some of the

highlights were that I applied and got into residency at Kaiser Oakland in ob/gyn and that my partner and I got a dog! I am still living in Oakland and will be here for at least 4 more years and hopefully forever. This past year I also got to live literally blocks away from fellow FOOT leader **Charlotte Weiner** and convinced her that Oakland is the best place in the bay.





Brooke Eastman: Just moved to St. Louis this past fall to start my PhD in art history at WashU! I'm adjusting to life back in school and in the Midwest (thanks to Curtis Broberg for all the St. Louis recs) If you ever find yourself in the neighborhood, please do reach out to say howdy!

Maddy Landon: **Ginna Doyle** ('17) and Maddy Landon ('16) have righted a horrible wrong: despite not really knowing each other at Yale, they have reunited and become true best buddies in business school. This year, they are going to graduate and Ginna is going to work an AMAZING CXO job and Maddy is going to figure something out.



Lily Vanderbloemen: Just finished my MBA and my company (still at McMaster-Carr) is moving me to Atlanta, GA! I work in Human Resources management which in some ways I really just trained for as a FOOT leader years ago... I bought a house and am looking forward to exploring Forrest city year-round with my dog Nellie. Hit me up if you're in atlanta!!

Isaac Hudis! Got engaged. Wedding's in May. Fellow FOOT Leaders **Jerelyn Luther** (my ride-or-die), **Joe Tisch**, and **Abigail Schneider** will be there. Much fluv to you all :

Jerelyn Luther: I'm graduating law school in a month! I'll be staying in New York and moving back to Brooklyn - if you're around there, hit me up!

Sara (and Greg) Kahanamoku-Meyer: I graduated in December of 2022 with my PhD in Integrative Biology (with a focus on paleo and historical ecology) from UC Berkeley! Now I am a postdoctoral fellow at the University of Hawai'i Sea Grant College Program (which is located at the University of Hawai'i at Mānoa). Greg Kahanamoku-Meyer and I are still living in the Bay Area until the end of the summer, when Greg will also be graduating with his PhD in Physics! Come Fall we will be (FINALLY!) back in Hawai'i, likely living in my hometown on the island of O'ahu. We are really excited to introduce our dog Kolohe to an ocean that is swimmable and warm.



Greg in the prime of his life at the beach next to Sara's childhood home.



Sara in doctoral robes!

Class of 2017

Grace Stonecipher: Grace got to accomplish a lifelong dream this year of hiking the PCT! The route was a little chaotic due to wildfires, but she feels so lucky to have gotten to experience the magic of the west for 5 months on foot. She's become a convert to hiking with a fanny pack, and is slowly learning to eat torts again. She's planning a move to Oregon soon for more backpacking and climbing, and to work as a spatial analyst for a conservation nonprofit.



Rob LaRose: Like most years, I picked up several new obsessions in 2022. Here's a partial list:

- wood ducks. (watching the day-old ducklings leap from the nest was maybe the highlight of my 2022. Not ashamed of it, not in the least.)
- salmon. (If you've read Mark Kurlansky's book on salmon, then you understand.)
- the bar exam (certainly wasn't by choice.)



Brandon Hudik: A rose from 2022 is that I got engaged in Glacier National Park (see below). A thorn is that I'm almost 30 and still in school. A bud is still that guy above me.



Teddy Goetz: Now a second-year psychiatry resident at the University of Pennsylvania, the highlight of the year was my (small, outdoor-moved-indoor-because-of-a-hurricane) wedding on 10/01/22 to my spouse Mandy! Fluv from Philly!



Abby Dutton: Hi FOOT! Nothing too new here, just checking in to say HI! Still pursuing an MD/PhD at Dartmouth, still living in Vermont (yay Green Mountains!), and working my way through the NH 48 (yay White Mountains!). If you're ever in the area, come hike with me! Or at least come visit! I adopted a cat, Charlie, last January (pictured) and moved in with my partner in August. We live in a cute lil' condo in White River Junction, Vermont and have a couch spot all ready for you :) Sending all the Fluv!



Zoe Dobuler: Hey FOOT! I'm still based in New Haven, working for Independent Curators International, an arts organization in New York. I'm in the city a few days every week, so would always love to see FOOT friends!

Class of 2018

Meg Pritchard: Hi FOOT! It's been another wonderful year in Charlottesville! Lots of highs and lows but grateful for peach picking, long trail runs, hearing a song and remembering singing it at May Training, the groundhogs that live outside my apartment, ice cream in all seasons, and (of course) the world's best bagels. Even better was seeing Cilla and Russell in Staunton (and learning they are pickleball *legends*)!! Hopeful for many more beautiful moments (big and small) in the future. Fluv always, Meg



Kelsi Caywood: Hey FOOT friends! This year I'm reporting live from Ann Arbor, Michigan, just a hop and skip from where I grew up. I've embraced my forever student status and started my PhD in sociology. Five hundred percent the right decision. My 2022 hike of the year was the wondrous and adrenaline-pumping Romsdalseggen Ridge in Norway. I completed it with my boyfriend Elliot and two close friends I had not seen since pre-COVID (pictured). I also have an unsolicited, nature-inspired recommendation for the board game enthusiasts out there: Wingspan! Please reach out if you're in the Ann Arbor area. Fluv, Kelsi



Christina Drexler: Hi FOOT friends — I'm still living in Boston and started a new job at Wayfair. Outside of selling furniture, I am also in a book club (which gives me much joy) and am totally diggin' spin classes (the peppy cultiness reminds me of FOOT). Drop a note if you're ever in town or just want to say hi! drexler525@gmail.com. Lots of fluv!

Kate Anstreicher: I'm still in the Hudson Valley of New York, working at a sustainable agriculture nonprofit and spending lots of time outside. [I just got back from a long weekend cross country skiing in Craftsbury, VT and it was so nostalgic seeing the White Mountains in the distance!] In 2022 I tried my hand at a couple trail running races and the NYC Marathon, which were filled with type 2 fun. I also traveled to the Pacific Northwest for two weeks, where I saw fellow FOOT leaders **Max Farbman** and **Jerilyn McLean**. This summer I'll be farming at Massaro Community Farm in Woodbridge, CT, and would love to see any of you who are living in or around New Haven! Looking forward to the 5th reunion.

Diksha Brahmhatt: As of March 2023, I am in my 3rd year of med school, on track to become your next primary care doc! This past year, I delivered a baby with my own hands during a snow squall, removed a man's gallbladder, and

recommended the addition of fiber to countless patients' diets! Amidst the craziness of rotations, I still made it out to concerts (check out Sofar Sounds, great concept), Pilates classes (how do people do this!?), the Met Opera, and plenty of new restaurants (ask me for NYC recs!).

Taylor Holshouser: Hi FOOT – I wrapped up my time at the startup accelerator and moved to San Francisco in October to work for a family investment office focused on sustainability. Outside of work, I've had fun exploring the Bay Area and beyond. If you find yourself in the area, let me know. Would love to meet up!

Class of 2019

Ben Wong (he/him): Hello, FOOT fam! 2022 was a jam-packed year full of change. I started a new job as a case manager for people returning home from incarceration, which has been eye-opening and overwhelming. I'm staying centered and practicing hope by dancing, walking in nature, connecting with friends and family, surrounding myself with art, and laughing at absurd things with my improv classmates. Feeling grateful for everything I have. Oh yeah, and I discovered a new favorite hiking trail in Shenandoah National Park—visit me in Richmond and I'll take you there. Another hiking highlight of 2022 was forest bathing in Muir Woods with **Emily Ge** ('19)!



Evy Roberts: Since August 2022, Evy has been living in Germany: activities have mainly been taking business classes, learning German, and exploring new things. Highlights have included seeing her favorite bluegrass band, cross country skiing, visiting the tallest point in Germany, and a lot of time on trains. Before her fellowship ends in June, she'd like to find a favorite outdoor swimming spot, and randomly run into at least one person she knows walking down the street. She misses her FOOT friends dearly!! If you're visiting anywhere near Köln she'd love to see you!



Julia Weiner (she/her): Hey FOOT! In 2022, I started a new job working in the music department at Amazon Studios. My team oversees the music needs for all of the Prime Video shows. I'm enjoying the gig so far! I'm

still based in LA, where I've been for nearly three (non-consecutive) years. I spend my free time rock climbing at my favorite local climbing gym, going to many concerts both big and small, and doing lots of baking projects (mostly cookies but sometimes more elaborate creations). I also participated in a triathlon last fall. I try to get outside when I can - below is a photo of me atop Mt. Baldy just outside of LA. If you're in LA, let me know! Sending lots of fluv!



James Post: Hello! I've enjoyed settling into DC in 2022. I joined an LGBT tennis league, and I had the good fortune of visiting my favorite DC museum, Glenstone, several times - including once with **Hedy Gutfreund**. In 2023 I'm hoping to do more yoga, eat less meat, and finish watching Sex and the City.



Kate Halabi: Hello friends! I love reading your updates, thank you for them. I'm living in Park Slope, Brooklyn at the moment, working in commercial real estate in a small family business. Many of my favorite days this year were with FOOT leaders - in NorCal/Mt Shasta with **Leila Murphy** and **Eve Sneider**, in London with **Sasha Epelbaum** and **Jared Michaud**, and in Brooklyn with seemingly half of FOOT/Yale (xo). Right now I'm attempting to embrace winter (any & all tips welcome), going on urban adventures (road races and long walks to little restaurants are top of the list), and still reveling in reading that's not for class. Sending love to all.





Kathleen Voight: After living and working in Colorado over the past few years, I have just started a Master of Environmental Science degree at the Yale School of the Environment! It is great to be back in New Haven and to be living with other former FOOT leader **Nicolas Jimenez!!**



Class of 2020

Leah Smith: In true FOOT spirit, I followed my fearless Poobah all the way to Cambridge, Massachusetts for law school! Hit us up for any type 1 or type 2 fun in the Great Boston area :)



Class of 2022

Noah Kopf: I am living in Cambridge MA and working for the Massachusetts Attorney General's Office. I've enjoyed spending many summer weekends (and a few winter ones too) exploring the White Mountains of New Hampshire. Over New Year's weekend I had the pleasure of hosting **Eleanor Cook** and she told me tales from her fire crew, which made me feel lame. I also helped support the 2022 FOOT trips, which made me feel old. If you see **Zach Gold**, tell him Boston isn't the same without him. If you see **Danielle Losos's** phone, tell me. I will be attending law school in the fall.

Jake Watson

Jake is teaching Latin at Sidwell Friends School (his own alma mater) in DC. He's teaching 7th-12th graders. He's loving it. He really enjoys being coworkers with his former teachers. And he loves working with students and teaching Latin. Carpe diem!



Sophie Lieberman

Hi FOOT! Since graduating in December of 2022, I've lived in New Haven, Sheldon, IL, Brooklyn, NY, and now Quito, Ecuador. I'll be in Ecuador for almost a year, until July 2023, if anyone happens to be passing through! I'm really loving it here--from Quito I can get to about a dozen volcanos (some of them VERY active 😊), the Amazon, and cloud forest in 3 hours. And, I get to watch toucans while I'm out in the field for work.

El Altar, Ecuador

Bea Pickett I am currently working for the EPA in their Boston office! I so far mostly work on programs pertaining to air quality, energy efficiency, and environmental justice. I've been enjoying exploring Boston, especially with visiting FOOT friends! (Pictured: **Dylan Rispoli, Faren Roth, myself, and Katie Burchfield** in Boston!)



Danielle Losos: I got around to graduating in May and then postponed productivity for a no-rent summer. Highlights included road-tripping (read: babysitting) across Wyoming with campers, ice-climbing in Iceland, island-hopping off Maine in a sailboat, patisseries in Paris, farming at Zumwalt Acres, making a genealogy book with my grandma, and supporting Vermont FOOT trips (s/o to crew **Sophie, Noah** and honorary foot-leader Sarah). This level of fun was challenging to maintain.

This fall I got down to business—on an isthmus! That is, Madison, Wisconsin. I've embraced the Wisconsin pastimes of eating fried cheese curds aplenty, and admiring the frozen lakes. Did you know lakes can be Zamboni-ed?! Meanwhile, I continue my Earth observation from a desk, mapping wildfires and modeling photosynthesis from satellite imagery. I hope to spot **Eleanor** from a satellite next year. Hit me up in Madison, Chicago, the upper-
you on the
east coast.



And some news from me. I am still directing FOOT! Yikes! This is year 39. I have had several children of former Leaders as Leaders. When I get to grandchildren, I will retire! I am happy that I am in good health even though I have three new joints – two hips and a knee. But I can hike, bike, swim and play pickleball! I'm still spending summers in Vermont and Martha's Vineyard. And, of course, in New Haven in late August. I started writing some short essays – mostly memories and find it both rewarding and therapeutic. I highly recommend it! Russell and I recently journeyed to Harpers Ferry in West Virginia, which is a sweet historic town and dramatic setting. I highly recommend it! I love hearing from you all. Please continue to stay in touch. It means a lot to a lot of people.

Sending lots of FLUV (FOOT Love), **Cilla**

Harpers Ferry



With Russell

