

FOOT NEWSLETTER 2021

Dear FOOT Leader Alums,

I begin most emails/letters with the phrase “I hope all is well.” That might sum up the challenge of the last few years. Wow, the list is daunting. But I keep putting these newsletters together because the news and photos of you all are so inspiring and happy. Of course, there are some sorrows as well, but I think our collective bond of friendship and support still carries us through some tough times.

Some FOOT news: the University is **FINALLY** going to take over our finances. We don’t have to worry about charging fees and financial aid. First-years can sign up for any orientation program of their choosing without worrying about paying for it. Yay! The second big announcement is that the Dean’s Office is changing the orientation calendar. We will now be in the middle of the campus orientation, so no longer “pre-.” I have mixed feelings about this since we always relished the fact that we were the first face of Yale. But now the students will arrive on campus for two days before going off on a program. Also, we are now reduced to four-day trips. So good news, and some not so good. But it is what it is. At least we don’t have to worry about lost luggage on airplanes, late arrivals, and housing everyone in Bingham. With this change, all first-years have to do a program, and guess what? We are **HUGE!** We are anticipating about 560 first-years. That means 140 leaders and 28 support crew members. Fourteen coach buses will deliver us to the Green Mountains of Vermont, the Berkshires of Massachusetts, the Catskills of New York, the AT in Connecticut and New York State, and back to the Delaware Water Gap in New Jersey.

Last August was what I would call our **miracle year**. We were back doing in-person trips which was great news. However, during early August the Delta virus was getting scary, so the University demanded everyone to be vaccinated and then tested right before the trips. This created lots of logistical nightmares. We got hit by Hurricane Henri as students were arriving on campus. The night before our 7:00 AM departure for the trails, the Catskills ranger informed us that they were flooded and that we couldn’t hike there. So we quickly switched over 15 trips to the Berkshires where a sympathetic ranger (now good buddy) said we could double up our routes. It all worked out, and when we woke up the departure day, there was blue sky. It remained blue for the duration of the trips!! Two days after the trips returned, Hurricane Ida hit. A miracle!! And Princeton and Harvard opted for only day trips from campus... ☺ As a supplement, I have posted a photo journal of this year. So check it out, too!

So now on to the news! There are a few gaps—Covid, writing books, having babies, etc. All OK.

Class of 1986



Jamie Williams: Jamie is still Head of The Wilderness Society in DC. The good news is that he got married to a lovely woman, Melissa Elliotte. Here are pictures from the wedding, and a few recent kid photos (Ben and Annabel) of outdoor stuff -- hiking in Linville Gorge Wilderness in North Carolina, and kayaking on the Salmon River in Idaho.





Class of 1987

Eve Vogel: says she is still at UMass. Western MA is a nice place to be during a pandemic. Recently got to see **Paul Jahnige** for the first time in 30 years or so--we were both out at the Connecticut River seeing how flows change depending on how the dams are managed. He was in a kayak and I was taking photos from the rocks. I will be at my 35th reunion this spring--I hope to see you and others of our class, and maybe Cilla! I have gotten to see Cilla at Slavic Chorus reunions. Are there FOOT gatherings at reunions? Eve

Dom Femino: shares: that I live in the Los Angeles area with my wife and 17 year-old daughter. Our 19 year-old son is studying at University of Oregon. I am still working as an orthopaedic oncology surgeon. I still enjoy backpacking and hiking. I managed two backpacking trips last summer to the Sierra Nevadas and a nine-day trek in the Sangre de Cristo mountains in New Mexico with my daughter's scout troop. Best wishes to all. Dom

Matt Etterson: We're still in Duluth, I'm still working for EPA and Julie's now Head of the Biology Department at UMD. We're in good health and starting to think seriously about retirement! Our eldest, Scout, lives in Tivoli, NY, near the Catskills (photo of Julie and I on a recent visit to Tivoli is attached). Scout is headed off to Arizona State University next Fall to start a graduate program in the philosophy of gender. Our youngest, Zak, is a senior in high school and is headed off to Oregon State University next Fall to study computer science. So we'll be officially empty-nesters, but with good excuses to visit at least two great places for birding and botanizing. Naturally we got a couple of puppies to help with the emptiness...they provide endless amusement by pretty much destroying everything they can reach.

Hope all are well. Matt



Liz Ablow: We are doing well here in Seattle. We were empty nesters for at least four years maybe more, but interestingly this year, not so much. Sara, my second, graduated from Utah State Watershed Science Masters Program in December focused on post fire debris flows. I always wanted a geomorphologist in the family and now I do, ha ha. She has stayed with us since graduation and now is moving out since she just got a fellowship pursuing her field of study working with the USFS. My son, Jacob, is moving in this summer as he pursues his Masters at the University of Washington's Evans School of Public Policy. So, let's just say it is never quite clear when empty nesting really begins. I have to say it has been very nice to have them both close by after many years of them living far away. The only hard part of their reentry into our home is finding space for all their detritus. Once all their things find homes it is a pleasure. Dick still has his bakery cafe. It is definitely a well-established, well-loved neighborhood place (over 20 years at the current location) that has done well even through COVID. Nevertheless, Dick is tired, planning his exit strategy and looking forward to retirement. COVID/supply chain issues/ inflation/staff shortages have all created many challenges, requiring lots of resiliency. If you know anyone who wants to buy a funky, made from scratch bakery Cafe let us know. I am still working for the City of Seattle focused on freshwater river systems. I will be working there for a while longer.

It is crazy to think that this year is Eve's, Dom's, Matt's and my 35th reunion. The first year as Logistic Coordinator, in charge of food, equipment and transportation nearly killed me. I remember at least **Matt Etterson** and I staying up all night the night before the trips took place (after more than a week of long hours accruing all food, equipment, etc.) packing all the meals for the eight trips. The next day we all took off with our freshman for our trips, exhausted I lay on the floor of the van and slept until we got to the trailhead.

The following year we broke the one role up into three jobs. What an adventure we had!

Class of 1988

Patrick Whelan '88 and Kristin Mitchell '89, former FOOT leader partners in 1986, seen here on the Skilak Lake Overlook Trail, Kenai Peninsula, Alaska. Kristin hosted Patrick when he traveled around South-Central Alaska in August 2021. FOOT leaders forever.



Class of 1989

Greg Felt: I have had some good success and some “real learning” – I’m grateful for it, mostly.

To recap, Susan and I still live in Salida, Colorado. Our daughter Kestrel (27) lives here too and our son Rowen (24) lives in Oakland, CA. Kestrel works with Susan at her interior building products business (Home & Design) and Rowen is a software engineer with Everlaw. They attended Oberlin and Middlebury, respectively, and, like me, got a lot out of it all but also struggled with not being in the west. It’s a good affliction as those go.

I am still part-owner of ArkAnglers Fly-Fishing. We are one of the top 2-3 fishing outfitters in the state and have fly shops in Salida and Buena Vista. I do some of the admin work and continue to guide my long-time clients (friends) but honestly, I guide my family more than anyone these days. My real job is as Chaffee County Commissioner. I was elected as an unaffiliated candidate in 2016 (running against Bill Dvorak whom a number of us worked for in college). I was reelected (unopposed) in 2020 and have been chairman of the board since 2019. This role also makes me Chairman of the Board of Health. Yes, I have spent the last 2 years in an intimate collaborative relationship with our Public Health Director. It has actually been an incredible experience but what a detour! I try to think of COVID 19 as a life coach and that has helped me get through all the abuse. My career as Commissioner has actually been great and we have done a tremendous amount of work on landscape-scale challenges in our valley – forest health/wildfire mitigation, protection of agricultural lands and economy, and addressing the growing impacts of outdoor recreation on our environment. These are pretty obviously in my wheelhouse. Equally impactful has been work on youth mental health, community planning and land use, and working with department of human services. It is weird to think I also oversee an ambulance service, landfill, jail, building department, housing authority,

So that is all county work. I do a lot with water too. I serve on the boards of two water conservancy districts, covering about 28,000 square miles and a million souls, and a couple of years ago the governor appointed me to the Colorado Water Conservation Board to represent the Arkansas River basin. I also serve on the Colorado board of the Trust for Public Land and the council for the El Pomar Foundation. It’s a full plate but I enjoy all of it and have a hard time narrowing things down!

I have a driveway. A large parking lot. About 6 acres of pasture and cottonwoods down by the “little river”. And we have a freezer with elk, deer, pronghorn, and about 4 bushels of roasted Pueblo chilies. The more notice the better, but please come by if you are in the central Rockies. I’ll make you some carne asada and chile rellenos.

Lots more that could be said. Maybe best around a fire? I hope you all are well. Greg Felt 719-530-1118

Trex Proffitt: We’re enjoying our 17th year in Lancaster, PA, with Trex teaching at a new startup K-8 Quaker school called Lancaster Friends School and Beth (’89) helping pandemic-weary college students as a Franklin & Marshall College residential house dean. In late 2021 we got the news that Eddie (18) was admitted to the Yale class of ’26. Wow! All the usual college admission drama with the exciting finale. He’ll join **Frank Levy’s** (’89) daughter Mia as a Bulldog and we hope he’ll be able to do FOOT. If only we knew someone there...

Lauren (20) continues to study art at Franklin & Marshall and keeps getting grants and awards thrown at her for her genius and work ethic. She has a grant for this coming summer, another grant for a thesis project, worked on a professor’s grant last summer studying Lancaster’s Progressive Era self-appointed social deviance monitors (“Unaccompanied women walking the streets! Men visiting bawdy houses!”), has yet another summer grant to learn glass blowing at the prestigious Penland School of Craft this summer, and even got an all-expenses paid trip to the Telluride Film Festival back in August. She lived with us the first half of the year and now has a nearby apartment, so we love being able to see her. Lauren wants to experience off-grid living in a van, which reminded me of several of our FOOT friends. If you have a way for her to learn about sustainable living and food ways, her grant might allow her to come study that with you.

We took a nice family road trip around the country last summer, seeing **Ben Sayler** in South Dakota and **Frank Levy** in Des Moines. Highlights included a memorial experience for our son in the Bighorns and 10 days with family in Colorado. In a new adventure, we are hosting Afghan refugees in our home. We were involved in refugee resettlement before but decided after the August emergency evacuation to do more, so we’ve had lots of new roommates since October. We’ve enjoyed getting to know about a dozen different Afghans and helping them get resettled here in Lancaster. They have lived with us for time periods ranging from one week to six weeks. Right now, a young couple expecting in April is getting ready to transition to their own apartment sometime soon. It sure is amazing—both inspiring and tragic—to hear all their stories. We were never so secure as when we had the former commando assassin living with us, balanced out by the peaceful dressmaking former gate guard, and the boxing enthusiast former government procurement officer. The hardest part is watching them wait for a chance to work to earn money to send back to relatives still in Afghanistan, as conditions there deteriorate into lawlessness and starvation. We don’t publicize their names so their relatives in Afghanistan stay safe.

Trex continues to await a kidney and the good news is that an old friend called and reported that she was approved for donation! The bad news is that we have no idea when the magical maneuver will take place. Sometime soon in Philly, perhaps, but Covid and the generally slow pace of the process keep us in suspense.

Photo 1: Proffitt family with two mothers-in-law in the Bighorns Photo 2: Proffitt family Trex, Eddie, Beth, and Lauren with three new Afghan friends at Thanksgiving. Photo 3: Proffitts with the young Afghan couple getting a Christmas tree. Photo 4: Trex and first Afghan roomie out on the town for dinner.



Karen Shipley Taylor: Ben, I don't have a driveway, but since we are empty nesters as well, we have beds and on street parking in New Orleans. Come visit! Today's high is 73 degrees! That goes for all of you on this feed and you're offspring too! New Orleans is a fun place to be... not particularly Covid friendly however! We are doing great.... My husband is working very hard with all the Covid confusion. Our youngest is home from college doing on-line college because of omicron but we are hopeful he will go to college again soon. (freshman at U

Rochester). I am very happy and feel useful with my phone/zoom counseling ministry. Congrats to all your kids who are currently at Yale! Did they decide to be in your residential college? Or did they opt for the lottery? Just curious!

Ben Saylor: Betsy and I are newly minted empty-nesters, and we continue to live in Spearfish, South Dakota. On the edge of the Black Hills National Forest and a short drive from Wyoming and Montana, we spend the vast majority of our recreational time outdoors. When we're not hiking, biking, trail-running, or skiing, **Betsy** continues to have plenty of patients in need of her care, and there continue to be ample opportunities for me related to science education. We also love to host friends — and their offspring :) — traversing the country on I-90.

We channeled Ann and Tim and outfitted our minivan with a platform bed for more ways to escape on Covid safe adventures. One of us (who shall remain nameless) particularly digs the option of camping on a real mattress with a real pillow. We've enjoyed visits with **Tiff, Trex, Paul, Frank** and their delightful families since the start of the pandemic. Now that our house is emptier, we are ready and hopeful to host and reconnect with even more dear friends. Please also know that you're at significant risk of finding us stealth camping in your driveway :)

Best to all, Ben

saylor@spearfish.net



Ann Vileisis: Tim and I have pretty much continued to stay hunkered down through the pandemic—Tim working on his books (a new one about floods and what we need to do address the problem better) and me continuing to give talks about my most recent book (*Abalone the remarkable history and uncertain future of California's iconic shellfish*) and also working on conservation activism in our very special community and corner of SW Oregon through our Audubon chapter --from local issues (eg. land use, lighting) to public lands issues and ocean issues. For a break, we snuck out for a great trip to Olympic National Park this summer --backpacking through fabulous forests with 800-year old trees and doing some fun canoeing. I loved getting away from my computer and being outdoors for an extended period. Our big news for this year is that we bought 7-acres of woodlands/ meadow/wetlands right across from our house, where Tim has been building a trail and we intend to restore native plants. We both grew up playing in the woods and so now we are enjoying having woods to "play in" once again! It's been an unexpectedly rewarding project.

I hope that 2022 brings good health, happiness, and positive opportunities for everyone, and if you ever make it to SW Oregon, please come and visit. BIG FOOT HUGS! Ann

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Class of 1990

Eve Porter-Zuckerman: I am struck by how many in my class and thereabouts are juggling unexpected challenges, with parents, their own health, unforeseen job changes, and more. And the pandemic. What a time. So glad to know there are good people out there!

And the news with FOOT and orientation in general at Yale looks... I think good! I hope so. It is hard to change, but I do like the idea of no one arriving feeling already behind (as I did, encountering many new friends who had already met and enjoyed each other, since the camp I was running went right up to the week before Yale started - and I didn't even get to do



FOOT! So utterly glad I got to join the group as a leader!). Take care, I've been caught up in life in rural New Hampshire,

returned my husband to the school board for a third term and added me to the library board - helping to keep kids (and their families, teachers, and community) healthy and safe, and their access to a diversity of thought and perspective preserved and encouraged. I'm enjoying consulting with a range of organizations on startup and knowledge management challenges, and I am helping to launch a new organization to build a collaborative network of people and organizations to combat plastic pollution on islands worldwide. A few times a year, teammates from Yale novice crew meet up on zoom, sharing updates and silly stories, tales of work and dealing with life, and just being there for each other. It is at those that I've had the enormous luck to be in touch with **Kristin Walcott Edwards**, always a warm and strong voice in the mix. I am so grateful for my Yale friends!



Michael Kahan: I'm still co-directing and teaching in the Urban Studies program at Stanford. The pandemic has presented some challenges, but I've been healthy and have been able to keep working, for which I'm grateful! To keep busy during COVID, I've been playing more tennis over the past year, and I've been playing guitar in a bluegrass / old-time string band that was on hiatus during the lockdown, but has come back together in recent months. My older daughter is working in Washington, DC, and my younger daughter is finishing her junior year as an agro-ecology major at the University of Vermont. I'm excited that I'm scheduled to spend the fall of 2022 closer to both of them, teaching (with my wife) at Stanford's program in New York City. I hope to see some east coast FOOT-ies while there!

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Class of 1991

Baker Mallory: I'm now a middle school math and art/architecture teacher, dorm parent, and sports coach at the Eaglebrook School in Deerfield, MA. After years of volunteer teaching and coaching an opportunity came up to go all in. Thanks to the support of old friends like Cilla, I was able to join a wonderful teaching community here in Western Mass. When not at the school we still have a base in Ridgefield, CT and Jody continues to run our landscape design / build company in the summers. In addition to the couple hundred teenagers around me we have our own supply: Gus (15), Rose (13), Brad (13). Eaglebrook's mission is a nature based learning experience. Connecting with 11-16 year olds in the woods, on the ski hill or around a campfire has rekindled my FOOT spirit.





Josh Barkan: I'm back living in Boston, after a number of years in Mexico, Kansas and Virginia, and it feels good to be able to take walks with my old FOOT co-leader **Karen O'Brien**. This semester I'm teaching a course on writing short stories at MIT. I moved to Boston to live with the writer Jennifer Haigh, and we say we are having the "luckiest pandemic" together. My latest book, a memoir called *Wonder Travels*, will be published later this year. I still get out to the mountains of Colorado regularly (where I just saw **Cameron Brooks**) and got some great hiking in around Moab, Utah. Big hug to all FOOTies. Let me know if you are in the Boston area.

Tali Ziv: Hi everyone! Warm regards from Berkeley, California, where I live with my husband Elad and our 10 year old, Eden, and our dog, Marz. Our older two young adult daughters are currently living in NYC, so we feel increasingly bicoastal. For the past three years I have been directing a medical student longitudinal integrated year-long program, a partnership between Kaiser Permanente and UCSF, in Oakland California, and practicing Internal Medicine. With the pandemic, this means I'm a bit crazed, but find sanity in our glorious natural surroundings.



Chris Roberts: I'm still the president of Martin Saints Classical High School (<https://www.martinsaintsclassical.org>), a school that I founded with a friend five years ago. There's a definite FOOT-influence to the place: we start every school year with a four-day canoe camping trip on the Delaware River. My own daughters (17, 13, 11, and 7) get me outside a lot too. They've discovered a summer camp in Colorado (<http://www.camp-w.com>) that's making a trip to the Rockies an annual tradition. Hannah homeschools the younger three, and the eldest is a junior at Martin Saints.

Class of 1992

Cynthia Boyd: We feel fortunate in our many blessings, and also worn out by the pandemic. My eldest Graham is 17 and a senior in high school. He's off to Bowdoin next fall - fell in love with it at first sight and never looked back. He remains steadfast in his interest in nature and the environment, and was a total rock for us during the pandemic, helping out at home, with grandparents, with his younger brother and sister. He's finished his Eagle Scout Project (building stream tables at a local nature center) and is about to be an Eagle Scout. Liam is 15, and into running track and cross-country, cyber security, scouts, and volunteers every Sunday at a nature center taking care of the many creatures. The weekday staff report being amused by his notes in the feeding log. I keep trying to sneak a peek at said log, but have not yet succeeded. Jane is now 10, and in 4th grade, and so happy to be back in school full-time. We somehow ended up with a neighbor's hand-me-down trampoline, and she spent most the past two years outside, with a couple of neighborhood friends and our sweet pup, Fern. Jane's going to be in the ensemble of Graham's high school's production of the Music Man and cannot wait. I am now director of the Division of Geriatric Medicine and Gerontology, and have also struggled daily with the highs and lows of watching our parents age, trying to help care for them (and we have lost both of my husband's parents in the last 2 years). Work feels important and hard and I wish public health was less politicized.



Sumner McCallie

We continue to live on campus at the McCallie School where I serve as Dean of Faculty and Curriculum, work in a dorm, teach Philosophy and Medical Ethics, and help lead our Habitat for Humanity Chapter. It has been a joy to be at one place for 25+ years now, something I would not have imagined during my college years. My wife Katie does great work at the Women's Fund of Chattanooga, working for better legislation and support for women in Tennessee. Asher (8) and Rivers (6) have fallen for the outdoors, reading, soccer, and visiting grandparents. Life is pretty simple and blessed.

Yale Admissions kindly recognized me for work with the Alumni Interviewing process. I have managed the eastern TN region for 15+ years. Really nice of them.

Class of 1993

Burch and Rachelle Lyons LaPrade: Life marches on for the LaPrades. Our oldest, Abbott, graduated from Middlebury May 2021 in a close-to-normal ceremony. He has moved to NYC and started a job at Precision Consulting, working for primarily political candidates and non-profits. He enjoys the job and loves living in New York. Forrest is a junior at Yale studying Arabic and Middle Eastern Studies. He is hoping to study abroad this summer and next fall. Beckett will graduate from high school this coming May and starts at Bowdoin in the fall. We are thrilled to have four years of visiting Maine in our future. Our small FOOT world update of the year - our youngest, Kendrick, started as a freshmen at Taft this last fall with **Katie Michel's** daughter Claire as her randomly-assigned roommate! The two girls have proven to be great roommates, and it has been a bonus for us to re-connect with Katie.

Katie Michel: Claire and Kendrick - 1st day of school this past September- so fun seeing the girls grow together... agree with Rachelle on all fronts! Happy New Year! Katie



Note from Cilla: **Burch and Rachelle** came to our farm Sky Acres in Washington, Vermont this past summer to pick up their son Beckett from the Mountain School – which is just down the road from us. We had a grand time reminiscing about FOOT, but also sharing lots of our current lives.
The view from Sky Acres:



Ashley West: This was the year of 'the big 50' for me, as for many of us! To celebrate--and to take the opportunity for some outdoor time to compensate now for 18 months of Covid relative isolation--I went hiking in Glacier National Park for a week in July. Ok, so admittedly, it was a humbling experience - the first time I've ever been winded climbing and felt my leg muscles get heavy; BUT, what an amazing thing to be in the mountains again, breathing the fresh air, seeing the sights overlooking mountain lakes. We made it out of there only about 10 days before wildfires smoked out the area, something that seems to happen now every year, to devastating consequences and reminders about our changing climate. But that trip to Montana was enough to recharge me and launch me into another new year teaching at Temple University, as Associate Professor of Art History, back to in-person classes.



Class of 1996

Ivan Kerbel: Wallace, Beatrice, and I moved to Mercer Island (suburban isle on Lake Washington, sandwiched between Seattle and Bellevue) in late 2020. It has been a good place to cargo bike, swim, hike, go out for pizza ... and wait for this darned pandemic to be "over." I'm starting a new job in the summer, building an in-house venture focused on learning and leadership development for rising execs. I've been busy dreaming and cooking up future travel plans, as well as schemes to socialize with friends and family who live not nearby, and (yes, at this age) making a bucket list of things I want to try to do before it's too late (build a house, surf in Namibia). In summer 2023, I'd love to attend the Women's World Cup in Australia - New Zealand. Let me know if any of you FOOT folk are planning to be there (or are there already!). FOOT love to all ...



Rebekah Hanley: I can report that I summited Mt. Whitney with three friends last July. We literally had to dodge wildfires to have the opportunity, and then we dodged an electrical storm once we were on the mountain (not that unusual, but a real motivator to move fast). In other outdoor news, I've been (quietly, in the background) helping my husband (a FOOTie but not a FOOT leader) launch his [NatureDose](#) app, for example by providing user feedback and copy editing services. It's been a blast to support his effort to share his passion for the outdoors through this endeavor. Other than that, my news is pretty ordinary. My kids are now in 11th and 6th grades; they keep me very busy on the soccer sidelines and as a track meet parent "volunteer." I'm still living in Eugene and serving on the faculty at the University of Oregon School of Law.



Class of 1998

Gretchen Boger: Still teaching U.S. history to high school students outside Philadelphia (COVID be damned), Gretchen got to visit her 47th state this summer -- Alaska! She spent a week volunteering with the Sierra Club and the National Park Service, constructing a new trail in Denali National Park. She fell in love with the vastness of Denali and of the state more generally and is eager to return, although perhaps only in summer. Meanwhile Gretchen's older daughter transferred as a boarding student to the Putney School in Vermont, where she is rapidly turning into a dairy farmer and blacksmith on their 500 acres. The whole family fantasizes about moving geographically, if not vocationally, in the same direction.



Chris Cayten: Megan Reilly Cayten (BK '96) and I and our three kids (13, 11, 7) spent Thanksgiving week in the Galapagos seeing amazing blue footed boobies, tortoises and swimming with penguins, see lions and see turtles. The kids had a blast learned a ton about the local ecosystem. Finally started riding the stationary bike to stay fit (no not a fancy peloton, actually my dad's stationary bike from the eighties). Megan is raising \$1B fund to invest in natural capital solutions to climate change and my firm is going on 15 years helping global real estate investors decarbonize their buildings.

Matt Stiebel: Greetings from S Florida! Not much news to report. I'm still "saving lives" ha! " with orthopaedic surgery.... or much more likely just " Righting the wrongs of arthritis..." My kids are enough of a handful to qualify as a full time hobby. They got to see snow for the first time (crazy right?) when we took a trip to Colorado this winter. It turns out they love hiking around and playing in the snow-- but would prefer it to be less cold... Florida kids don't even go into the pool when it's less than 80deg... I did manage to sneak out with buddies from residency this year to backcountry hike and snowboard Revelstoke, BC-- which is amazing and challenging for anyone who loves that stuff. I haven't kept up with FOOT people since **Jeffrey Grigg** passed, but I'm looking forward to catching up with **Max Laurans** when he's down this way visiting his family. My best to everyone, I love seeing the updates and remembering how amazing you guys are.

Leah Kelley: Still living in Oakland which is officially my longest continuous residence anywhere in the world. Love the Town. Married for a shockingly long time to my fabulous wife Jo. By several miracles, ended up with two healthy, awesome kiddos. Amon is 8, loves all sports, hates cheese and reads Calvin and Hobbes obsessively. Anya is 4, loves books, scooters and her brother, hates it when you help, and jumps off of anything. Work at the county hospital in Marin as a surgical oncologist specializing in breast cancer. Love my job and colleagues and patients. Incredibly grateful for the meaning and joy my work brings me, even with all the challenges. Life balance wise, I cook seriously enough that it's more fun than chore. Daily outdoor exercise time is non-negotiable. Actively working to resurrect my defunct and neglected hobbies— reading more, time at the piano. Ambition? Backcountry backpacking/canoeing trip with kiddos. Recently started warming them up with some backyard tent sleepovers....

Brian Lavery: An odd milestone: I've now lived in Ireland longer than in the US. All is well. Here's our family over the holidays in rural County Galway. I'm working for Google in Dublin, and spending my Covid days playing online backgammon and learning the piano. More free time since standing down as chair of Ireland's [arts center for children](#) last summer (after nine years on the board). One resolution is to stomp up more hills in 2022. Can't wait to see all you '98 folks at our reunion next year.



Daniel Schwartz: I live just outside of Philadelphia with my wife Lauren and our 9 year old daughter Arielle. We feel lucky to have made it through the last 2 years reasonably intact. For work, I'm a Cardiologist specializing in heart failure. And I split my time between Penn and the Philadelphia VA. We're not the most outdoorsy family and I haven't played ultimate in years. But my daughter plays some ultimate and has a pretty good forehand, so I'll excuse her refusal to sleep in a tent. For hobbies, I'd been playing a lot of squash, but it is a terrible Covid sport. So after a year off and stop/starting last year, I'm excited to get back to playing. I've also tried my hand at yoga during Covid. I really like it but 2 years in, I'm not much more flexible or centered.

Dona Tversky. The highlight of this last year was seeing the smile on my fourteen year-old daughter Alma's face when I picked her up from her two week backpacking trip in Yosemite. Love of the woods successfully passed on. Meanwhile, Dalia, 11, created a series of black and white self-portraits of her in various states of despair and misery to illustrate how she felt about spending one night backpacking in Point Reyes National Seashore. I live on the corner of Stanford and Yale Streets (no joke, come visit, do you play tennis?) on Stanford campus where I work as a psychiatrist and teach psychotherapy. My husband Eran is an infectious diseases MD/researcher, so you know, we have not had much to talk about these past few years. May we all find joy and connection this coming year...



Class of 2001



Heather Fletcher Perkins: I hope this finds you really well! I'm writing from Brussels, where Brian and I and our two boys have been living for the past couple of years. We spend most of our free time running and hiking in the gorgeous Forêt des Soignes, which really helped us weather the extended European COVID lockdowns! I'm still designing custom jewels and recently got certified as a yoga and meditation instructor. My kids are doing well -- Grey is 9 and Grant is 6. We're preparing now to leave Brussels at the end of the school year and move to London. After that, it might be back to the USA, but who knows?! I'm looking forward to the move...it's been a difficult winter here. We lost my dad to a sudden, unexpected illness in February. He was the one who taught my sisters and I how to hike and camp growing up. I miss him every day! Lots of love from Heather Fletcher

Sarah Ichioka: Summer 2022 will mark the 9th year that my family (husband Jack and our two daughters) have lived in Singapore. We feel lucky to have lived through the pandemic in relative calm here, but are also happy that borders are open again, and would be happy to hear from FOOTies who are passing through the Lion City. This year I published a book about regenerative design and development, "Flourish: Design Paradigms for Our Planetary Emergency" (Triarchy Press), co-authored with the British biomimicry expert Michael Pawlyn. Warm wishes, Sarah

Class of 2002

John Norbury: In June of 2021, John Norbury moved his family across the country from Greenville, North Carolina to Lubbock, Texas to start up a new Physical Medicine and Rehabilitation Residency Program at Texas Tech. He continues to have wonderful adventures with his three children (Cassie, 22, William and Lydia, 6 year old twins), wife Amy, and dog Lucky. He also started up F3 Lubbock, a peer led workout group and so every Monday, Wednesday and Friday begins with a healthy dose of burpies and pushups! He also had the good fortune of spending time with Amanda Mahaffey (Farris) who dropped in this winter to check on him and share some great foot memories!



Atticus LeBlanc: I needed to draw on some of my old FOOT knowledge to construct a temporary shelter over a roasting setup for this past Easter to prep for rain in the forecast. I'm sure you will all recognize the plastic tarp setup. Fortunately the rain decided to only come before and after our gather of 35 people, but it worked! My youngest (of 4 boys) also found the "prize egg" in our Easter Egg hunt. Love to all of you, and I hope to see many of you at reunion. Best, Atticus



Adam deHavenon: Our family recently left Utah after 12 years and moved back to Connecticut and I took a job in the neurology department at Yale. After a few months, I developed acute mountain withdrawal syndrome, but was lucky enough to spend a week in British Columbia skiing recently! Excited to kayak and hike this summer in the Sound, Greens and Whites. Hope everyone is doing well, Adam



Class of 2003



Tony Anagnostou: Howdy friends- My wife Charlotte and I finished up a fantastic year working in the Pacific islands (in Saipan). Then we spent a luxurious post-employment hiatus visiting Iceland, living in our truck in Baja California for a couple weeks, and then slowly road tripping the desert southwest back to Northern California to get back to work. We will be in Eureka, CA for the foreseeable future.

Bates Barley: I am living in Waco, TX, with my husband Will and our three sons and two daughters ages 9 months to 12 years. I went back to work part time at a robotics startup this fall after 10 years at home, which was intimidating at first but has been a fun change for me. Can't wait to hear what everyone's up to! Bates



Lauren Keane: Last summer my husband and I hiked the High Sierra Trail, which traverses the Sierra Nevada for 70 miles from west to east through Sequoia National Park and ends on the summit of Mt. Whitney. An amazing experience, not least because it meant 10 beautiful days without our children. I'd recommend it to any Footie and wonder why it's not better-known. Always seeing hiking buddies here in San Francisco.

Louise Langheier: Got to see these amazing ladies last weekend in New Haven for a belated celebration of our 40ths. We rented a spot on the beach in Clinton and came into New Haven for a hike up east rock and lunch at booktrader. It was so fun to be back and most of all so special to be with these people who shaped so much of FOOT and college for me and who are still my favorite people twenty years later...Louise



Alexandra Milsom: I'm living in New York City and made the mistake of reproducing right before the pandemic broke out. I took up birding because I was spending 70% of my time pushing a stroller around Manhattan parks. (Find me on Instagram or Twitter if you want to see my bird photos.) I am proud to announce that my daughter and I saw a bald eagle in Central Park just a couple weeks ago, but she calls everything a "hawk," which is very embarrassing. I'm also an English professor at a CUNY college in the South Bronx and study tourism and nineteenth-century guidebooks. I'm looking to start a hiking club in the near future so I can put my bear bag, goofball-knot, and propane-stove skills to good use again.

Joel Resnicow: My wife Adriana and I just welcomed our first child to this world. Bienvenida Julia Resnicow Delgado, born on February 12th. Mom and baby are happy and healthy, and we feel incredibly lucky to have Julia in our lives. We currently live in Seattle, though we frequently travel to Colombia to spend time with Adriana's family. I work at Amazon Music leading a team building a business around livestreaming concerts. Adriana is an entrepreneur working in the telecom space in Latin America, and will be a full time mom for now. In Seattle, we get to hang out with fellow Foot Leaders **Sasha Waring** and **Karen Weise**, we and are glad to host any other Footies who make it through the PNW.

Ben Schrader: 2021 was . . . weird? But also good, I think. Kristina and I bought a new house, which happens to be the house next door to our old house. (I don't know what to say; we like the neighborhood.) We pulled an RV trailer from Nashville to Florida for a family reunion last summer, which was a lot of fun but I have mixed feelings about how often we have been living out of RVs lately. I was training for the Strolling Jim marathon in Wartrace, Tennessee (a race in the heart of horse country that is known for its 40-miler) but pulled a calf and had to run the half instead. Training again for the full this year; fellow 2003 grad and all-around excellent guy **Marc Silverman** is coming down a couple of weeks before the marathon to run the Music City half-marathon with me in Nashville. And Kristina and I welcomed our second—and almost certainly final—child, Frankie Schrader, into the world in late December 2021. Hope to see all of your smiling faces sometime soon!



Julie Stein: Hi FOOT! What a strange year it's been. I live right outside DC these days with my husband Sam and our two kids, Isaiah (3) and Asher (2). It's been a whirlwind of a pandemic, from having our second baby six weeks before the world shut down to figuring out how to teach on zoom with a baby and a toddler at home. My husband and I are both high school teachers and administrators, so we've spent the past two years hanging out with masked teenagers and figuring out how to do school in a pandemic. It's been *a lot*, but also lots of fun - and teacher summers are still the best! A highlight of 2021 was spending a glorious July in Vermont. We stayed in a farmhouse right in the middle of the Green Mountains and hosted friends and family from around the country. Our kids fell in love with running down trails, finding blazes on trees, and dipping their toes in mountain streams. We trained them up to almost 2 miles of hiking before someone needed a nap! This fall, we moved from DC to Silver



Spring, MD. We have a tiny forest and pond in our backyard, and we now spend our days watching foxes, geese, and woodpeckers from the living room. It's been lovely getting back into nature this past year, though I miss being able to see friends and family the way we used to. Hoping for a healthier and more social 2022. Sending love to all my FOOT friends! Love, Julie

Sasha Waring: Quick update from the upper left-- my wife Avantika and I are nearly 6 years into our Seattle experience and it feels more like home than ever. Our three boys (Ishaan-11, Tejas-8, Zubin-6) keep us super busy with their interests, questions and occasional blow-ups. I work full time as a medical director for a state Medicaid health plan and also have my own child and adult psychiatric practice on the side. Physical activity and time in the outdoors continue to be critical aspects of my daily life and well being-- running year-round supplemented by summer hiking and biking and winter ski sports. The whole family has caught the backpacking bug after we did our first multi-night trip with our boys last summer along the beaches of the Olympic Peninsula. It was truly epic even if the mileage was kid-friendly. My FOOT memories came back strongly throughout the trip and I am so happy to hear the program is thriving. 2022 plan is to take my gym rock-climbing habit to the outdoors and get confident enough to take the family on some mellow climbing days. Any FOOTies living in or visiting Seattle, feel free to drop a line for some adventures!



Class of 2005

Carrie Coughlin: I continue to live and work in St. Louis. If anyone is passing through (assuming that is happening again?!), let me know!

Aaron Mitchell: I'm still here riding COVID wave number...3? 4? in NYC. Probably the biggest news is that my family just added our second daughter, Lily Alvera Chen-Mitchell, in December.



Lee Stabert: In fall 2022, my family will be moving from Philadelphia to the Boston area. After many years in the brutal melee that is the academic job market, my husband has accepted a tenure-track gig as a history professor at Bentley University. We're hoping to settle in the Cambridge/Somerville vicinity. My main concerns are: Talking too much about the time Tom Brady dropped that QB option in the Super Bowl (doubt it's a great way to make friends) and being eaten by

a great white on Cape Cod. Also, having no friends and not owning warm enough clothes. So, if you're in the area, please reach out! (leestabert@gmail.com) I'll be continuing my writing/editing contract work and will have lots of time for a daytime coffee, afternoon beer, or walk along the Charles — that's a thing, right? We have an 8 month old (Ruth) and an almost-five year old (June), so any tips on life with kids up there would be extra helpful.



Class of 2008

Anna Dechert: Cilla and Russell hosted a Yale Club of Vermont event at Sky Acres in August. Ann Dechert showed up! She lives in a neighboring town of Tunbridge, Vermont. She and her husband also live on a farm.



Class of 2009

Claire Bucholz: Dear FOOT, Hope you and the family are doing well. We've been riding the crazy wave of kids + COVID over the last two years. (It's been rough seas for everyone, but we are finding good times too.) All is well. Time is flying. Kids are getting big! Photo attached. Not going to be in the early 30s for much longer! Claire

Adam Horowitz: Hi FOOT! Happy spring! I am impressed with your stick-with-it-ness for our FOOT updates! Thanks! Little dispatch from me...I'm living in Albuquerque, organizing with [nuns](#) and [rabbis](#) and [artists](#) oh my, and recently (DIY) recorded [an album](#) from home. If anyone is coming through New Mexico, they should drop a line! Thanks, Adam



Class of 2010

Eli Bildner: Hey FOOT 2010! The timing of this update feels serendipitous, as I'm coming off a few recent (and wonderful) FOOTie interactions, including a work onsite with our fearless Poobah **Libbey + Rebecca Hinkle '11** (we now all work at the same company, Guild), a catch-up call with Tully McLoughlin (2011), and a weekend adventure with **Craig Minoff (2010)**. Twelve years post-graduation, it's nice to see ties across this community continue to flourish.



The theme of the past year has been family, as much of our energy has gone to keeping our now 17-month-old daughter Ayla happy and healthy and not eating too many crayons. We think we might have a FOOT leader in the making — anytime we try to hike with her in a backpack carrier, she just shouts "down!", "out!", and "walk!" on repeat until we comply. She's a pretty fast walker, but less into moving in a continuous direction, and more into playing with dirt and rocks. Still living in the East Bay (El Cerrito), and welcome hellos from local FOOTies and passers-through alike. Give a shout!

Libbey Davis Hunt: 2021 brought a new home where we're settling into Boston for the long haul, a new job at Guild with two new FOOT colleagues (**Eli Bildner '10 and Rebecca Hinkle '11!**), and a newly mobile toddler. Linden is a big fan of all things outdoors—walks, picnics, puddle splashing, hikes. Let me know if you're ever in the Boston area and would like to meet up for an outdoor adventure!

Doug Endrizzi: July 2021 I completed my PhD in plasma physics, so I am now Dr Doug. Still working at UW Madison but as a postdoc on a new fusion experiment. Last October, I hiked Katahdin's knife edge for the first time ever. I plan on doing this every fall until the end of time, so reach out if you want to join.



Leslie Golden: Since my last update I have moved from Utah to northern Virginia for my first post-training big-girl job. I took a job with West Virginia University, so I commute between the Virginias daily. I'm moving again (3rd time in two years) in June to finally move in with my boyfriend who is transferring military bases to Virginia from North Carolina. I'm only 30 minutes outside DC so looking to reconnect with long lost FOOT friends. So far I've been successful in grabbing a drink with Dennis Howe but I know there are more of you here! We're also not far from the AT and enjoy taking our pup Kona on hikes. Hit me up if you're in the area!

Catherine Kastleman: Catherine and her partner Joe recently bought a home in Durham, North Carolina, and are excited to be diving deep into the world of backyard gardening and raising chickens. Catherine has been working

for the past year on a statewide pandemic relief program that provides rental and utility assistance and eviction protection, and will be transitioning soon into a new role at the North Carolina Office of Recovery and Resiliency. Please reach out if you're ever in the area!

Craig Minoff: Hello FOOT people! In 2021 my girlfriend and I wrapped up our year of living in a 35' trailer, covering most US states east of the Rockies, before settling into a new home in Cambridge, MA. I am excited to get back into FOOT stomping grounds, so let me know if you are in the Boston area and looking for a hiking/cycling buddy! Pandemic-be-damned, we still managed to pull off a Settlers reunion ('10) in NYC, with **Jasper Frank, Tom Schnitzer, Brian Boyle, Dan Schechner and Zack Abrahamson** in spirit, some gravel riding with **Eli Bildner** ('10), backcountry adventures with **Peter Wilczynski** ('11) and Santa Monica blading with **Thomas Smyth** ('11).



Dan Schechner: By the time this blurb rockets through FOOT cyberspace, I will have traded in my NYC Empire State of mind for a nuevo Mr. 305 mentality, moving after ~12 years in NYC to Miami with my wife, daughter, and (hopefully) kid #2 this summer. Baby Paloma is walking, talking, and Adam Stacking our fridge -- thankfully not much bearbagging here but any tips for teaching knots to 18 month olds are appreciated. If you find yourself in need of a croqueta, frita, or batido de mamey, please reach out. Dale!

Rebecca Summer: My big news of the year is that my husband, Kramer, and I had a son named Dean in July. He is a smiley, happy baby. We live in Portland, OR, where I'm a professor at Portland State University. I love the students I teach, and it's been especially nice to be back in the classroom after many months of Zoom teaching. We are enjoying life in the Pacific Northwest and would love to connect with other FOOT people in the area!



Tom Schnitzer: It was an exciting year watching our son transform from a newborn to an opinionated toddler! We enjoy him tremendously. On the hiking front, we got him into the backpack for some family woods walks. And I got away for a day trip traverse of the Northern Presidentials in June that was magnificent. On the home front, we lived in Boston all year and are now excited for a family move to Jacksonville, Florida where we will be much closer to my wife Kristina's parents. I did find time to connect with a few fellow FOOT leader alums, including **Dan Schechner, Craig Minoff, Brian Boyle, Jasper Frank, and Zack Abrahamson** (virtually).



Class of 2011

Chris Lash: On this season of *Save the Best for Lash*, Chris faces his biggest challenge yet: living alone in a one-bedroom apartment! Can this inconvertible extrovert survive without roommates to banter with? The stakes get even higher when his new employer makes him work from home - all year long! Shot on location in the nation's capital, this season features the return of audience darling **Adriana Ortiz (FOOTie '13)** as "Girlfriend in Philadelphia," a charming mid-distance subplot sponsored by Amtrak™. **Dennis Howe** also reprises his role as "Drinking Buddy" and even teams up with **Yuri Shadunsky** for his season-ending cameo as "Visitor from New York." Critics and audiences agree that the 2021 season is "better than the last," with **Thomas Meyer** of the *Smoked Meat Times* calling it "dope I guess but not as good as Pitbull." Streaming now!

Jose Carlos Gutierrez: 2021 was a pretty busy year for me: got vaxxed, finally finished my PhD, and even got married! My wife Ju also works in public health, and we currently live in Baltimore :)



Hilary Faxon is wrapping up a postdoc at Berkeley before heading to the University of Copenhagen for her next gig. 2021 featured some epic rafting on the Rogue and Deschutes Rivers, winter hiking in Moab and Canyonlands, camping by the beach at Point Reyes, and learning to backcountry ski. I'm busy upgrading my wardrobe and excited to finish my book and bike the Balkans in summer 2022!

Eleanor Hayes-Larson: Thrilled to report a new addition to our family! Ben Muller and I welcomed our son Jesse in May! He is a delight, even if he is currently a bit skeptical about being taken for hikes. (See photo from our New Year's Eve hike in the Angeles National Forest—Jesse finds it rather too constraining to be stuck in a backpack. Little does he know he will someday have to carry one!). We were very happy to get a brief visit with **Emma Sokoloff-Rubin** and her also-newly-expanded family on a trip to see my family out east last fall. Otherwise, I'm happily postdoc-ing at UCLA (epidemiology, but not working on COVID!). Stay safe and come say hi if you pass through LA!





Chelsea Willett: Hi FOOT! I'm wrapping up ~8 years in the SF Bay Area and seeking greener pastures in Vienna, Austria, where I'll be working for the International Atomic Energy Agency for the next two years. I touch down in Austria in late April 2022, so please reach out if you ever pass through town – I'm hoping to rent a place with a guest room and would love to host!!!

Class of 2012

Ari Berkowitz: Hi all! Things in LA are good! My dog and I just moved into a house that looks like a castle, and my boyfriend and I are attempting to play pickleball in all 50 states (4 down, 46 to go). And writing is going well! Last year I wrote on a new Disney+ show based on the Tim Allen movie "The Santa Clause," while I was simultaneously co-writing a Christmas movie for Paramount — which is every Jewish girl's dream. Now I'm co-writing a sports movie for Ashton Kutcher and a romcom for Keke Palmer. IN SUMMATION: if you ever hear about an absurdist mystery you think would make a good show/movie OR if you ever wanna play pickleball with me (literally anywhere in the world) hit me up!



Jonathan Martin: Hello from Denver!

It took nearly ten years, but I finally submitted a FOOT update! A lot has happened in that time: Carrie Albert and I married, moved to Denver, and bought a house. However, 2021 outdid them all: we became parents! Callum Dev Martin surprised us by coming two weeks early, interrupting a relaxing weekend in Estes Park, and forcing us to drive two hours through a storm in the middle of the night. 1.5 hours after arriving at the hospital, Callum was born at 1:51 am on Mother's Day. Although we greatly miss our sleep, Callum brings us so much joy, and we cannot wait to see who he becomes. So far, we know Callum has my appetite, Carrie's love for books... And he loves chewing books. Some other highlights of 2021: Carrie's parents moving to Denver to be closer to the grandkids; my parents visiting us two days after the travel ban from Europe was lifted; I became a U.S. citizen! We are looking forward to showing Callum the world outside of Colorado. Hopefully, we will see you all at our ten-year reunion!



Mia Yabut Wiese: In 2021, we were incredibly grateful for the accessibility of covid vaccines. This extra security blanket comforted us enough to welcome another baby boy, Rafael. Before his arrival in November, we managed to lug our crew to France for two weeks and spend some quality time with then 18-month-old Jamie. We are so glad we did because the fall was incredibly busy with the start of my semester (still pursuing my PhD in cell biology..) and Rafa's birth. We decided to liven things up further by buying a place in Brooklyn Heights in the first few weeks of parental leave during my finals. I found myself in need of a primal scream or two during this wild time (slash ALWAYS trying to raise our 2-year-old). We are excited, exhausted, and eager to settle down in our new neighborhood. I'm so excited to see many of you for our 10 year. I love reading the newsletter blurbs and seeing your gorgeous faces! Keep the photos coming!!!



Eliza Scheffler: Hello fellow FOOTies, I hope this message finds you well! Reflecting on 2021, I am grateful for vaccines. I cannot overstate this. I think that the reality of the pandemic - I mean the tragic loss of life at a massive scale reality - this is hitting me in a new way as we emerge from the worst of it and feel a bit of relief and the distance required to gain perspective. Really feeling that right now. In lighter news, I am also grateful for my son! He is such an energetic, curious, and kind little squish at 14 months old. I am grateful for the amazing staff at his daycare. I am also grateful and excited to be finishing my 5 years of rabbinical school and heading to Bergen County, NJ to be the Assistant Rabbi at Barnert Temple starting in July 2022. If you live in Bergen County, I would love to come and be your friend - seriously! Give me a call? 914-522-1797. Love to everyone.

Raffi at 8 months old, on his first camping trip! (1 night only... baby steps)
We spent a lot of this year taking walks around our neighborhood in Brooklyn.



Dacie Meng: 2021 brought us some very high highs and some very low lows. The highest of the highs, though, was welcoming our son, Thatcher, last May. He is such a bright light for our family and brings us so much joy. It's been such a blast watching him and Kobe (our dog) become best friends! Otherwise, I'm still an environmental lawyer, and we're living in DC (back after a short pandemic stint in Asheville last year). Hoping that everyone's 2022 is filled with happiness, rest, and fresh air. Please don't be a stranger if you find yourself in DC - 941-705-0827.



Kevin Hoffman: I wrapped up a year of teaching in distance learning in the Bay Area in June; moved to Nashville for a one-year Master's program in Education in August; and will be moving back to the Bay in May, hopefully to step into an assistant principal role! Not sure I'll make it to the ten-year, but wishing a good time for all those who do!

Adi Kamdar: Hi FOOT! I'm a dad now! In May 2021, Naomi and I welcomed our baby boy Jonah Sol Kamdar. He's incredible, really. You should hear his laugh. It's the best. I also feel like I've reached my final form. Being a dad is the best -- everything else is just details. (The details being: we're living in San Francisco and loving being so close to incredible nature all the time, though I haven't gone backpacking in forever and would love to go on a reunion trip once I figure out my childcare situation.)



Keith Rubin: Hi FOOT! Thinking a lot of fond FOOT memories recently as the class of 2012 approaches our 10 Year Reunion (HOW IS THIS POSSIBLE WE ARE MERE CHILDREN!!!). Managed to make a few more memories this past year -- I'm excited to say I got engaged to my longtime partner Jessica, and equally excited to say that we got engaged while on a hike (see photo for proof). We're both still in NYC, working as actors and producers and getting outside whenever we can. Here's to better days ahead -- and, fingers crossed, hope to see some of the 2012 leaders at the reunion this spring!"



Adrienne Spiegel: Hi, All! After bopping around the Bay Area during the pandemic, I've finally settled into San Francisco life with my partner, Andrew McCreary (Silliman 2011, no relation to esteemed Helen McCreary, alas!). I'm clerking for Judge Berzon on the Ninth Circuit this year, and the job was off to an auspicious start when, on day one, I opened my desk drawer and found a picture of **Joe Schottenfeld** looking up at me. Joe, it turns out, a co-FOOTie on my freshman-year trip, was not only a former clerk but also a steward of the very office I occupy. So, as Cilla might say, FOOTies are really everywhere, and you never know when one of their smiling faces will pop up to offer a bit of encouragement. If you're in San Francisco or passing through, please do pop up! Sending much love <3.

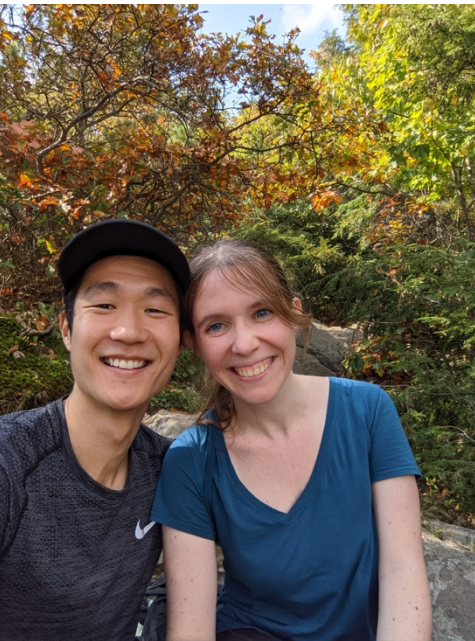
Jack Bisceglia: It has been a whirlwind of a year! My wife, Dibya, and I are still living in Brooklyn (right under the Brooklyn Bridge – come say hi!). We got some fantastic hiking in during a trip to Maine this past summer. And in the wee small hours of a windy, frigid February night, we welcomed our baby girl, Virginia! Ginny enjoys falling asleep on walks in the park, falling asleep during bath time, and staring intently at the works of Eric Carle. We love everything about her. She's hoping to meet the FOOT gang at our 10 year reunion!



Kaylee Mulligan: Hi FOOT! Somehow, our daughter is almost 2 (!) and we have a baby boy on the way! No idea where the time has gone, but we've certainly kept busy. Whether we're laughing at Audrey's newest dinosaur noises or going "wheel!" at the nearby parks (could mean either swings or slides, depending on her flavor of the day), we're having so much fun as a growing family. I also started a new job late last year at a start-up focused on reducing food waste through automation, so feeling really excited about new work challenges. If you are heading through Colorado and want a brewery or hike buddy, give me a shout!



Allison Grubbs: Hi FOOT Fam! Lots of changes to report here: I joined the wave of people changing jobs and got a new gig at a philanthropy start-up that's working to keep our democracy intact. While hunkering down during the pandemic, my partner Chris and I made a goal to visit every green space within an hour's drive of our home in Philadelphia and went hiking most weekends. And last October, we got engaged on a local overlook and celebrated with cheese and crackers (see picture). We're currently contemplating a move back to DC later this spring, and I'd love to say hi to any FOOT Leaders in the area (let's go adventuring!). Miss you all <3



Peter Wilczynski: 2021 was a somewhat eventful year. I got my first gravel bike. I moved to Denver with my girlfriend. I read all of the Robert Caro books. I went to some pretty fun weddings and met some pretty cute babies. I grew and shaved an enormous beard. I learned how to skate ski. After years of designing software to monitor a land war with Russia, there was a land war with Russia. Overall, 2021 was a pretty weird year. It felt like a long extension of 2020, but it was a whole year.





Class of 2013

Brendan Ross: I am currently finishing up medical school as well (at McGill). I miss our time altogether planning FOOT trips, and I hope that I am able to reconnect with FOOT leaders soon and extend the FLUV. Sending FLUV from Montreal, Yours, Brendan

Julia Osterman: Haha here is news for me! Julia and her husband Ben Mullet (Stiles '13) are expecting their first baby - a girl! - in mid-May. They can't wait to take her out exploring the beautiful forests, mountains, beaches, and other landscapes of our amazing planet Earth! Otherwise, Julia is leading business development at a Series B climate tech startup NCX and enjoying life in San Francisco since moving there in October. Would love to get together with other SF-based foot leaders once she and Ben emerge from the initial baby craziness!

Helen McCreary: I'm in Columbus, flying drones of all shapes and sizes all over the state for all sorts of reasons! My now-husband Alex and I got married in October, and we're expecting a little boy in July :) Sending lots of FLUV to everyone, let me know if you ever find yourselves in Ohio!

Steph Wagner and Jacob Evelyn: FLUV from Providence. We have had a busy year! Last spring we were lucky to move into our house in Providence, RI. Please let us know if you're ever stopping through and need a place to stay! Steph continues on in her pediatric/child psychiatry residency, ever marching on through the children's mental health crisis. Jacob has been helping get trees planted in Providence, RI while continuing on as a software developer and full-time amateur dog trainer for our puppy Dora. And then, this February, in an exciting Northeastern snowstorm, we welcomed our son, Nelson. He has already been on many walks in the woods near our house, and we are especially excited for him to achieve a level of head control amenable to putting him in a hiking backpack! Here's a picture of him on his very first walk, and dressed up for his first Passover. Hope to see some of you soon in the warmer weather!



Class of 2014

David Cruz: This past year, Erin and I moved to Austin where we've both started grad school (MBA and MPA, respectively). It's been lovely to be closer to my parents who, as of writing this, we've seen each of the last seven (7) weekends. And we got engaged in March! If you're in town, let me know and we'll grab a taco.



Amelia Earnest: The past year has been one of joy and adventure. Last year, I got engaged to my all-time favorite person, Raahul. We will get married this September in my hometown of Richmond, VA and are busy making plans for a two month trip to precede the wedding. I am so excited to continue our life in New York and to keep making time to get outdoors together, as we were able to do this past spring via a Pacific NW road trip. My second year of my MBA has also made this a year of travel, with trips to Italy, Israel, and Austria. This October, after graduating, I'll start work at BCG NY. I hope you are all well and that I'll be seeing many of you in the year to come!



Ali Friedman: Big news: I got married in October to Lucas, the bestest, most excellent human being who makes me happy daily. The extremely talented **Raffi Friedman** (FOOT '12) officiated our small wedding in Point Reyes, a national park where we trail run and kayak often. Lucas and I migrated the long 11 miles from San Francisco to Oakland over a year ago for my emergency medicine residency -- come visit us and all of the other excellent FOOT people in the Bay (I live 4 miles from **Caroline Lester**)!!!



Courtney Halgren: After 6.5 years in Manhattan, I packed up camp and moved to Philadelphia in January 2022 based on little more than a gut feeling. I'm having a blast exploring a new city (with help from local experts Ric Best and Adrian Chiem) and am so glad that I took the plunge. I still find myself in New York weekly for my role as Head of Proposals at Sotheby's, so am closing in on the elusive Amtrak Select status. Come say hi if you find yourself passing through the City of Brotherly Love!

Amanda Hall: I'm still living in London, and will be for the foreseeable future - as travel becomes easier, please let me know if you're ever passing through! This year I started a job as a Lecturer (UK equivalent of an Assistant Professor) at the University of Reading, teaching Politics and International Relations, and signed a contract to write my first research monograph. If all goes to plan, it will be released some time in 2023!

Sally Helm: I'm still living in Brooklyn with **Nimal Eames-Scott** (FOOT '14.5) still hosting a podcast for the History Channel and still writing fiction. Nimal and I used the work-from-home opportunities afforded by the pandemic to spend seven months living in LA with my parents and twin sister, and then three months living in Sitka, AK (including some wonderful time with **Caroline Lester**, FOOT '14, and Caroline's dog Oni, who is an aspiring FOOT leader). We also recently spent some time in Maine with Nimal's mom, and we both tried skiing for the first time since childhood. Skiing is scary! But now we are obsessed! See attached photo! Much love to you all.



Tao Tao Holmes: Thanks to the new era of remote work, I pulled the trigger and moved to Portland, Oregon—something I've been wanting to do for years!! Absolutely love having an old-growth forest in my backyard and gorgeous views of Mt. Hood around the corner. If you're passing through, drop me a line! Recently started a new job working on events and awards for Morning Brew, which will have me occasionally dropping into NYC, where I'm excited to keep up with all the homies. Pic: Was lucky enough to link up in the summer for a weekend on the Oregon coast with **Kevin Kirk** (FOOT '15) for some great hikes.



Jake Keaney: Hi FOOT friends! I'm finishing up my second year of residency at Yale-New Haven in combined internal medicine/pediatrics. Reach out if you're ever passing through New Haven! Always down for dinner, drinks, pizza, or all the above.

Will Kronick: Hello beautiful people. I hope everyone is doing ok, despite this crazy time. I am still living in Juneau, with two great roommates. Our place sits at the base of Mount Roberts, overlooking downtown and the Gastineau Channel. I recently moved into supervising Tlingit & Haida's child welfare program. I often ask myself: "How do people squint at an excel sheet and immediately understand a budget?" If any of you find yourself in the Great North, hit me up. Here you'll see a fun song we wrote about a trip to Gates of the Arctic, on the lands of Koyukan Dene and the Inupiat: <https://www.youtube.com/watch?v=60ADvHrTqsl>. I hope everyone finds time to get outside and connect in the coming year. All the best, Will.

Isaiah Lyons-Galante: Hey FOOOOOOT! Isaiah coming at you STILL here in Nairobi, Kenya where I've made my home since 2016. I thought I was too restless of a human to be working at the same company, living in the same place, dating the same person etc for 5+ years but HERE I AM #growth. But when I look at my life here, it's no wonder I've stuck around! Charlotte and I went fully in on kitesurfing last year and bought our own gear, it's an excellent sport.

In other news, I decided to go back to school to pursue a Masters/PhD in Computer Science, with a focus on remote sensing and data science! I still don't know which program I'll end up at but it's looking like it will be back in the U.S. and starting this September! I'm pretty terrified about leaving my life here but I'm excited about a new chapter. Hopefully I can figure out a way for Charlotte to come join me :)

I'd love to hear from any of you so if you send me a WhatsApp at +254723004343 I promise 110% I'll shoot you a response that includes a selfie! All my love, Isaiah



Andrew Marburg: I'm finishing up my last year of medical school in Chapel Hill, North Carolina. I plan to match in Family Medicine later this month! More exciting though, my partner, Jiyun, and I recently got engaged!



Sarah Maslin: One highlight of 2021 was seeing the Alaska gang: **Will Kronick, Ira Slomski-Pritz, Sophie Nethercut, Diana Saverin, and David Carel.** Thanks to **Catherine Osborn** for taking care of my cats in São Paulo while I was away!



Evan Mullen: Evan's last year of medical school has been filled with a preposterous amount of vacation (top notch for him, questionable for future patients). He's been enjoying the last dregs of being FOOTloose and fancy-free until starting residency in an as-yet-to-be-determined location next summer.

Sarah Rosales: After a hard chapter of longing and praying to grow our family and troubleshooting my health chronic health issues, we had the joy of anticipating and welcoming Simeon Michael Rosales Grace into the world on December 30th! Simeon means "God hears," which has proven true at each stage of our fertility, pregnancy, birth, and parenting journey. In the Bible, the old man Simeon is thrilled to meet month-old baby Jesus and glimpse how God is revealing himself to all peoples - we hope our little Simmie will love being a part of what God is doing! I continue to find my ministry with Athletes in Action rewarding, as I've spent 18 months in a new remote Leadership Development role, and I can clearly see the exponential effects of my labors to equip leaders with expertise as well as develop their character.





After my husband Michael (TD '15) completes his Optical Physics PhD from the University of Arizona this summer, we anticipate moving back to the Northeast. My dream would be to return to the New Haven area, but Boston is also highly likely. We are humbled to be parents, enjoying this great new adventure, and we're looking forward to the next chapter after Tucson! As always, if you find yourself in the area, please reach out!!

Joel Circus: Not much has changed in the last year for Joel (in a good way!). He and his co-leader for life, **Stephanie** (FOOT '13), are still living in Chicago trying to soak up as many meals with friends and snowy walks before spring hits in full force. The closest he comes to reliving the FOOT experience these days is picking up the poops of his and Stephanie's giant pooch, Dusty, who is still mastering the finer points of leave no trace. For those keeping score at home, Joel beat **Ric (FOOT '14)** in fantasy football for the fourth year in a row. Lots of love, a primal scream, and a big ol' oom gala to all of the other FOOT fam out there!

Margaret Van Cleve

I am still based in Washington, DC with my boyfriend Greg and dog Jef! I am now working full time for Transcend Education, supporting schools in DC and nationwide who are seeking to prioritize student and adult wellbeing. In the evenings, I am pursuing my master's degree in School Counseling at GW. I am loving my classes and am interning in a high school right now which is a great learning experience. In my free time, I have gotten into plogging, aka jogging and picking up trash at the same time! I have a cool stick to grab the trash with. I am officiating my second wedding this year in March, so hit me up if you need a Universal Life Church minister!



Class of 2015

Val Eisenson: Hi FOOTies! Hoping you are all doing well and making it through what is another wild year. In October, Aroop and I finally had our twice-postponed wedding celebration in Boston. We had many Yalies present, and fellow FOOT leader **Kate (Wiener) Ford** was by my side the whole day! In January, Aroop and I had an incredible trip hiking in Patagonia, and can't wait to go back. Hope to cross trails with many of you in the next few months. XOXOX!



Kevin Kirk: Early this year I bought an old GMC Savana and converted it into a camper van. I named the van Travis, after my favorite yoga instructor. I left New York on May 1st and made a big loop around the country, visiting friends in various places along the way (including 6 foot leaders!! **Nat Akers** you have one helluva golf swing! and shout out to **david / tao tao /emily / alex / megan** in that order). In San Francisco, the van was hot-wired and stolen. I was devastated for 18 hours until, while waiting in line to check out at H&M, I got a call that Travis had been recovered. I quickly returned the armful of underwear and t-shirts I was holding back onto their respective shelves before dashing to the city's impound lot. After that ordeal, the rest of my trip was mostly wonderful, filled with many visits to state and national parks, fly fishing adventures, and wash-cloth showers. Peaks and valleys! Here's a pic of Travis+Amanda at Tunnel View.



Gordon McCambridge: Hi everyone, hope you are well. I enjoy writing these little updates as a chance to reflect, take the whole year and boil it down. Writing this on February 28th... here goes. The biggest change since my last update has been meeting Valerie. We started seeing each other in Shenzhen, and then switched to weekends when she moved to Foshan, a city about two hours away. It was a nice year together, getting to know each other by taking trips around southern China and spending time with each other's friends.

At some point we decided to leave China together. We had both not left the Mainland since the start of COVID in 2020. And, since we loved each other, we decided we should leave "the right way." We got engaged on Christmas Day in Shenzhen and got married at City Hall in Hong Kong on January 23rd.

Valerie is Ukrainian, so we flew to Kyiv at the start of February. Her family is in Dnipro - was great to spend time with them and see where she grew up. We then left Ukraine in mid-February to meet my family in Cyprus. We were originally scheduled to fly back to Ukraine...but we didn't go. So we are currently still here in Cyprus. We have been following the invasion very closely. Valerie's family is all safe, thankfully.

Our plan throughout has been to move to Vietnam together in mid-March. Hopefully that goes well - will let you know next year.



Megan Opatrny: Hi everyone! My first year of internal medicine residency at Michigan Medicine/University of Michigan is flying by. It has been a tough but rewarding year, and I feel so lucky to work alongside amazing co-residents and spend my days off exploring Ann Arbor with **Alex Dobner**. Some highlights include kayaking on the Huron River, running into **Abby Johnson** on the sidewalk on my way to the Westside Art Hop, and seeing **Kevin Kirk** AND the surprisingly luxurious interior of his converted van (hanging plant included!).

Due to work I was sadly unable to able to join Alex in SF for the wedding of **Jacob Rosenberg-Wohl** (who was in my freshman FOOT group!) and Shakkaura Kemet, but I hear it was a lovely celebration – congrats, Jacob & Shakkaura!

Miss you all - come visit us in Michigan!



Class of 2016

Rafi Bildner: Hey FOOT friends all over the world. Ciao from Naples, Italy (first time abroad in ages, wow it feels good!) where I am embarking on a two-month bike tour, a lifelong dream of mine, to encounter the pizzaioli, farmers and craftspeople who make this part of the world so special. Hope to take the lessons learned back to my pizza truck business in New England (Hilltown Hot Pies). If you are in Western Massachusetts, or nearby, give me a shout and I'll make you a pie! Hope everyone is healthy, safe and finding joy around them. Much love, Rafi.

John Keisling: Moved to Guam summer of 2021 and I'll be here for 3 years. So far it's been an absolute blast (literally and figuratively). I'm the Explosive Ordnance Disposal commander at Andersen AFB and we've been super busy here. We render safe and dispose a lot of ordnance from WWII and it has been crazy how many UXOs are still on the island. Other than work, the island has been a blast. Lots of cool hikes/snorkeling/freediving/fishing and we just got into scuba. There is a huge stray dog issue in the islands so we ended up rescuing a boonie (islanders call the strays boonie dogs). She's a cuddly loaf and we couldn't be happier! If anyone is in Asia and happens to be coming through hit me up! Fluv, John Keisling



Adam Beckman and Katie Rich: Years after Grace Lindsey introduced us on AT6, Katherine and Adam got engaged! :)



Brooke Eastman: I've been living in London with my husband Olly since 2020 and working for Leighton House Museum's curatorial department. We're preparing for a big reopening later in 2022, as the museum has been closed for nearly three years, so make sure to add it to your list for your next trip to London! When I'm not working from the home office, I'm exploring the UK's gorgeous landscapes, from long muddy walks in Somerset to hiking and surfing the coasts of Cornwall, as well as enjoying its delightful food scene (don't believe what they tell you about British food). Here's a photo from a sunset visit to Stonehenge last summer!



Christian Probst: I'm in *The Book of Mormon* on Broadway! Anyone in the city should come see and let me know!

Anne O'Brien: Chicago is slowly unfurling its green leaves and I'm excited to get back out into natural settings (ones that are not a tundra)! I'm enjoying a track club at the local park, post-track club treats at Stan's Donuts, and my new job at the Inspector General's Office, where we work to promote accountability and effectiveness in city government. This June I'll get to return to New Haven for a fellow D'Porter's wedding -- the first time since graduation. Hope you're all doing well and let me know if you're coming through Chicago!

Sara and Greg Kahanamoku-Meyer: Sara Kahanamoku and Greg Meyer are now Sara and Greg Kahanamoku-Meyer! After delaying our wedding repeatedly because of the pandemic, we decided to just drive to a pretty spot on the NorCal coast and sign a piece of paper to make it official, and then have a party sometime later. **Scott Casleton** officiated, and **Shalila de Bourmont** took photos and cheered us on. Our dog Kolohe was there to say "you're embarrassing me in front of my friends!" when we smooched his face. We're all still in the East Bay (of San Francisco), come say hi if you're around!



Class of 2017



Rob Larose: According to my live-in doctor, my vitals remain good. BP 118/80, HR 58, RR 12, Temp 97.9°F, O2 is 97%.

In other pressing news, I continue to inch closer and closer each year towards finally admitting I am in fact a bird watcher. Maybe 2022 is the year I finally speak my truth.

Brandon Hudik: I've learned that living in the same home as your patient can be quite onerous. I've been telling him the same made up vitals for a year now just to keep him quiet. That being said, he (and my other roommates) here in New Haven are all still pretty Incredible!



Teddy Goetz (they/he): I graduated from medical school at Columbia in May 2021 and moved to Philly to start my Psychiatry residency at the University of Pennsylvania, with my fiancée Mandy. In addition to working in the hospital much more than I'd like, I'm co-editing the first textbook on psychiatric care for trans individuals (APA publishers, expected 2023) and rushing to meet a deadline for a graphic novel about gender (Jessica Kingsley Press, also expected 2023). Also, wedding planning and trying to continue to dodge COVID... Fluv to all!



Emma Ryan

Hi all! I spent most of last year in Boston with my crew of 5 roommates (hit us up for broomball on the pond by our house when it's cold enough - Emma Poole ('17) is a stellar player), but was able to spend some time up in Vermont and also do some trips to see friends! When not playing broomball, I did a lot of doorknocking and phone calling to help elect Mayor Michelle Wu in Boston (free the T, baby!!) and also ran (slightly over - whoops for wrong turns) 27 miles to celebrate my 27th birthday (see photo for the homemade completion trophy courtesy of my friends). Stay tuned for how 28 goes.



Zoe Dobuler: Hi friends! I finished up my master's in June, and headed back home to New Haven for the summer after a big cross-country roadtrip with friends that included lots of national parks and funky small-town landmarks (don't miss the World's Biggest Easel in Goodland, KS!). At the beginning of this year I started a new job at an arts nonprofit in NYC – I'm still settling in and would love to catch up with any leaders in the city!



Need we say more...



Class of 2018

Meg Pritchard: Hi FOOT! After wrapping up in Western Mass in August (shoutout to many amazing FOOT leaders I met last summer!!!), I made my way back down to Charlottesville! I'm loving the warmer weather, bagels (they are the best), and long runs with friends. The highlight of the fall was seeing Cilla and Russell (and Mario and Paschall) -- hoping for more FOOT reunions this spring and summer! Fluv always, Meg (Meg is at UVA Law School)



Julia Char Gilbert: Friends! I'm still in Denver! I work at an anti-poverty advocacy nonprofit, I go outside sometimes, and I've been learning to grow things at the community garden, which has been the absolute best. This summer, I got to see **Romy** in Belfast, Maine, which -- unsurprisingly to anyone who has ever met Romy and/or ever been to Maine -- was the loveliest thing ever. Say hello if you find yourself in Colorado, and take care of yourselves. Love, Julia

Kate Anstreicher: I'm still living in Beacon, NY, working at a regional food and farming nonprofit called Glynwood. I've been doing a lot of winter hiking, trail running, and cross country skiing, and also recently joined a chamber orchestra, in which I play violin. Dating in the Hudson Valley is comically challenging--I have crossed state boundaries for the sake of a date--but I have cool friends and a lot of cute cats in my life. Somewhat relatedly, one of my FOOTies got engaged last month, which makes me feel VERY old. Beacon is a short train ride from NYC--please feel free to come visit and join me for a hike! I will likely cook for you, too. Food Core for Life.

Diksha Brahmbhatt: Hello FOOT people! This is Diksha, reporting from the halls of New York Presbyterian Hospital, finally on my med school rotations! So far I've delivered a baby with my own two hands, sutured up some surgical sites, and learned enough to worry any hypochondriac to death (not sure where I was going with that one). Don't worry, I'm still getting fresh air on runs (I actually finished my first-ever half marathon last Halloween), keeping up with hobbies (I crocheted a hat and wore it on the beach in Antigua during finals week of my first year), and seeing plenty of friends (sushi with **Momo Chapa '18** and an overdue catchup with **Zaki Bahrami '18** were highlights)! If anyone is in NYC please come save me from my countless hours of studying <3 <3



Edward Maza: After living in England for two years, I moved back to New York and am teaching at a Project Based High School. I've been surprised by how much I love teaching. Missing all of you!

Taylor Drew Holshouser: I'm still living in Eagle River, Alaska, managing a startup accelerator focused on oceans and seafood tech. Work kept me closer to the road system last summer than in years past but I still managed to find time for small adventures both on land and at sea. As always, drop a line if you ever find yourself in Anchorage.

Class of 2019

Ben Wong (he/him): Long time no see, my fluvlies! I moved to my hometown, Richmond, VA, for a gig in policy advocacy with the ACLU of Virginia. Started the year screaming at legislators to include reparations in the marijuana legalization bill. Ended the year screaming into my pillow because policy change & movement building is HARD, and I have occasional doubts about whether I am cut out for this work. (Confidence is a fickle thing.) In between, life has been full of growth and self-discovery. Highlights include: joining an LGBTQ+ sports league (i.e., queer adult recess), starting hip hop lessons (if anyone has tips on how to twerk *faster*, please hmu—I've exhausted Google), prioritizing my mental health like a bamf, and reading so many gorgeous, heart-rending, self-revealing books that I will cherish for eternity!!! Trying to laugh, dance, volunteer, practice gratitude, and move more in 2022. Shout-out to **Elena Conde** ('19+1) for anchoring me since 2015. Here we are goofing off at sunset after a day of hiking in Shenandoah National Park when she visited me in Richmond ☺ DMV alum—I implore you to reach out if you're ever passing through RVA!! I'd love nothing more than to hang out.



Frank Eccher: I'm Frank, a FOOT leader of yore, and I work for an up-and-coming postsecondary institution in Sitka, Alaska called [Outer Coast](#). Our mission is to teach and inspire young people to create virtuous change in the world and in their own lives through academics, service & labor, and self-governance.

It's Frank, Routes Core Head of yore, SY '19. I'm now in my third year living and working in Sitka, Alaska, where I came as an Alaska Fellow just after graduation. I'm working on the core team at Outer Coast, a project to start a two-year liberal arts college in rural Southeast Alaska modeled off Deep Springs College. Though this Sitka chapter may be closing soon — I'm applying for Education PhD programs "down south" starting this fall — I'm hopeful that my work will take me back to rural Alaska soon. Anyway, here's me with a Chinook (King) Salmon I caught working as a deckhand on a commercial fishing boat last summer! fluv, Frank



Julia Weiner (she/her) - Hello FOOT fam! I spent most of 2021 in Atlanta working on the crew of an upcoming Showtime TV show. It was my first time on a film set, which had me a little wide-eyed to begin with, but I learned tons, including the difference between catering and craft services (aka "crafty") - film sets have lots of food. I managed to get some hiking in while in Georgia - here's a photo of me and fellow FOOT leader **Sarah Adams** hiking Blood Mountain on the Georgia section of the Appalachian Trail. I moved to Los Angeles near the end of 2021, where I am currently working in music for film and television. I live with **Madeline Sachs**, another FOOT leader! I guess I just can't escape the fluv (nor would I ever want to). We enjoy cooking shared vegetable-based dinners and climbing at the local gym, and we're

hoping to get out on the trails in the next couple of weeks. Feel free to reach out if you're ever in LA!

James came to visit LA and we met at Echo Park Lake where we caught up, walked around, and lounged on the grass in the sun. We enjoyed a lovely little Poobah reunion!



James Post: I moved back to Washington, DC, after spending much of Covid working remotely from Beaufort, SC, where I grew up. I also ran into **Kate Halabi** in Darien, CT!



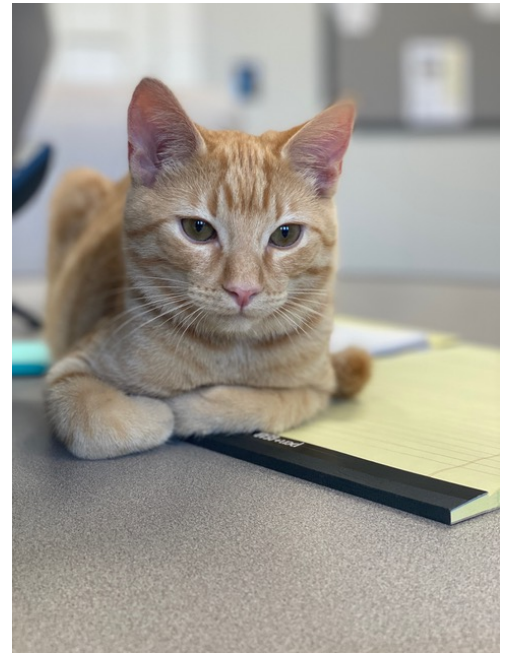
Peter O'Neill: Peter's 2021 was chock-full of FOOT Leaders! Started out living with **Matt K. and Nicolas J. Peter, Nicolas J, and Ariela Z.** were in Alaska in June and had a full-fledged FOOT reunion with **Max G, Taylor H, and Rob L!** Then he drove across the country and said hi to **Julia C-G** in Denver, started at Stanford Law School and now hangs out with **Matthew C!** To cap off the year, he skied with **Kath V. and Ariela Z.** ALSO: I'LL BE IN ANCHORAGE THIS SUMMER AND WOULD LOVE SOME FRIENDS. PLZ REACH OUT.



Class of 2020

Daniel Kaylor: Hello everyone! Last FOOT newsletter I said I was hoping to go to China soon. In October 2021 I finally managed to make it. After enduring a short hospital stay (lol) and 3 weeks of quarantine in a Shanghai hotel, I arrived in Changsha, Hunan Province, my home city for the next year-and-a-half at the time of writing. Things are great here at the time of writing. I feel like I'm flourishing here at the time of writing. By the time this newsletter reaches your eyes, who knows what things will be like here! The situation in China has a tendency to turn on a dime. But at the time of writing... things are goooooood. I teach some really great kids. They are super smart and super cute. We had to give them English names, and some of them chose their own. Here are some highlights: Rowline (like Row Line), Cummer (changed to Summer), Millet (changed to Millie), Mild Catherine (as in, she wanted us to call her 'Mild Catherine' every time we said her name. Her name is now 'Clementine Catherine' and the 'Clementine' is silent.), a pair of best friends named Tom and Jerry, and Borlock. At any rate, it's St. Paddy's Day *and* Purim at the time of writing (hehe), so really everyone should be getting in on some fun back home. My plans today consist of ~~stuffing my face with~~ nibbling on hamentaschen and ~~chugging~~ classily sipping a Guinness with my co-fellows. If you want to get in touch, iMessage works with my Chinese number +86 188 7422 6724. Or you can WhatsApp me on my American number +1 (630)465-1537. Fluv to all!

Leah Smith: Hello from Greenville, South Carolina! Introducing Earl, the newest member of the FOOT family.



Eli Swab: Hi FOOT! Living out in Colorado now, spending lots of time in FOOT-esque places. And will be doing professional FOOT this summer leading courses for NOLS! Come visit me in CO if you're ever inclined to hike and/or do anything else outdoors (not that any of you would ever be into those things)—lots of great places to explore here, and CO could use more people like FOOT leaders!



Class of 2021

Tommy Martin: Hi folks! I spent most of the summer in Alaska. I was working for Overland, and I got to lead a couple three-week outdoors trips for high schoolers. We went on backpacking trips in Chugach and Denali State Park and a kayaking trip in Prince William Sound. The work made for many long, challenging days, but most of them were also beautiful and rewarding. I'm finishing up my year as part of the Alaska Fellows Program, working as an academic advisor at Mt. Edgecumbe High School, which serves mostly Alaskan Natives. In my position, I'll be trying to help students find ways to explore their career or academic interests through internships or work experiences outside of school. I also received my EMT certification last spring.

Since August, I have been living in Sitka, Alaska. And it's been good! Beyond that, I've loved getting involved with different parts of the community, from the fire department to the bike co-op to community theater (I've been told I'm a fairly convincing dead body). FOOT ice breakers have featured heavily in my classroom warm-ups, so thanks a million for filling my mind with so many questions and games. I'll be here for the foreseeable future, so if you're looking for a FOOT reunion in Alaska, you'll have a place to stay in the Southeast!



Jamie Large: I moved to New York City at the beginning of August and then immediately left so that I could lead one last FOOT trip, which was a phenomenal way to say goodbye to the community I've cherished so much :'). Now I'm living my big city boy dreams working as a Software Engineer for Bloomberg! I make very frequent trips to New Haven to visit my awesome girlfriend **Kari Hustad** (FOOT '21 + 1) and spend my free time doing improv, playing hockey, and gallivanting around the city in search of the best Thai Food. Would love to meet up with any other leaders in the area to escape the city and go on hikes :). Lots of fluv, miss you lots. -Jamie

Lizzie Bjork: After 5.5 years and two different schools, I finally graduated from Yale in December 2021. I'm living in Athens, Ohio, and working for the Ohio Democratic Party as a Regional Organizing Director. Southeast Ohio is full of cute towns and beautiful trails, and the Midwest winter hasn't been too bad. I've been reading and cooking a lot, and I'm hoping to run a half-marathon when the weather heats up (and before the election does). Give me a holler if you're in the area!

Eleanor Cook: Hey FOOT! After the doldrums of a senior year almost entirely on Zoom, I headed out west for a change of pace to become a wildland firefighter! I spent May through October working for a fire crew on the Nez Perce-Clearwater National Forests in north-central Idaho, fighting fires and helping manage lands in Idaho and Montana. It exceeded all of my expectations (pictured is me after my first day on my first fire - tired and happy) and I'm excited to be

starting my second fire season, working in the same place, at the end of April this year. In the meantime, I am living in Grangeville, Idaho and working in the lab at a local hospital. On my days off, I've been hiking, learning how to ice fish, and appreciating the beauty of the forests and rivers here. If you're ever in Idaho or somewhere nearby, let me know! Sending everyone lots of fluv <3



And from **Cilla**! All is well – ha! I am still loving FOOT. The Leaders keep me young. I'm in the Class of '74, so you do the math. Yikes! I am spending way too much time on the Pickle Ball court. It has been a great way to meet people and have fun. I am interested to see how this next year will work with the new orientation calendar. At least I don't have to have lost luggage delivered to my home in the middle of the night. I fret about all the worries our planet is facing, but the FOOT Leaders give me hope.

I love hearing from ALL of you. Please stay in touch: priscilla.kellert@yale.edu.

xoxo and FLUV, Cilla (FLUV = FOOT & Luv)

